



Lee Brown - President July, 2006, to July, 2009

2006 - 2009 Lee E. Brown, EdD, CSCS,*D, FNCSA served as President

In 2006 President Lee Brown resurrected the NSCA Foundation (NSCF) with a \$300,000 endowment and created a separate NSCF 501(c)3 with its own Board of Directors (BOD) and bylaws. During his presidency the endowment grew to over \$3 million dollars. He created a strategic alliance with Ireland and created a Women's task force to look into creating more opportunities for female members. President Brown invited the USAW to once again offer certification at NSCA events.

2006, August 1 - After 37 years, Boyd Epley retires from Nebraska on July 28th and begins as the Director of Coaching Performance with the NSCA on August 1st. Epley developed the Coaching Performance Department to focus on High School programs.

Epley hired Jake Wurth and together they put together the NSCA Flight Manual as a free online manual for high school coaches to study prior to attending Fly Solo Camps.

2007, February - NSCA's Tactical Strength and Conditioning Program formally started in February 2007. TSAC roots go back to September 2004 when the NSCA was approached by Colorado Springs Police SWAT lieutenant about fitness testing and training. The NSCA designed and implemented a strength and conditioning program for the SWAT team 2 hours a day, four days per week. In May 2006 individual members of the US Army's 10th SFG(A) begin to inquire about getting training from the NSCA. That following September an entire Special Forces "A" team received strength and conditioning from the NSCA to prepare them for the US Army Combat Dive School. After completing an eight week program they left for dive school. This particular team had a 100% graduation rate, the first ever for the Army. Word of the NSCA had spread throughout both the SWAT and military SOF communities for education and instruction. The TSAC presentation was held at Ft. Campbell in KY for the 101st Airborne Division's Command Conference and the first informal TSAC symposium was hosted by Fairfax County Police SWAT in Fairfax, VA both in February of 2007 and was conducted by Mark Stephenson, MS, CSCS,*D and Jay Hoffman, PhD, CSCS,*D, FNCSA.



2006 – 2009 Lee E. Brown, EdD, CSCS,*D, FNCSA is NSCA President



Epley to the NSCA



Stephenson creates TSAC



2007, July 13 - The NSCA's first Fellows are honored at the National Conference in Atlanta.

2007, July - The NSCA celebrated it's 30th annual conference by presenting a gold ring to each former President.

2007, July - The Alvin Roy Award is presented to PhD. John Patrick O'shea who was a longtime professor of Exercise Science at Oregon State. He is well known for publishing the books Quantum Strength and Fitness 1 and 2.

2007, July - College Strength and Conditioning Professional of the Year Award is presented to Michael Rankin of Drexel University.

2007, July - The Educator of the Year Award was presented to Dr. Ellyn M. Robinson which marked the first time a female has won the award.



Presidents Ring



Dr. John Patrick O'Shea is presented the Alvin Roy Award



2007, July - The Lifetime Achievement Award is presented to Dr. Gary A. Dudley

2007, July - The Sports Medicine/Rehabilitation Specialist of the Year is presented to Dan Wathen.

2007, July - The Outstanding Investigator Award is presented to Dr. Mike R. McGuigan.

2007, July - The High School S&C Professional of the Year was presented to Kevin Vanderbush of Ben Davis H.S.

2007, July - The JSCR Editorial Excellence Award is presented to Dr. Jill Bush.

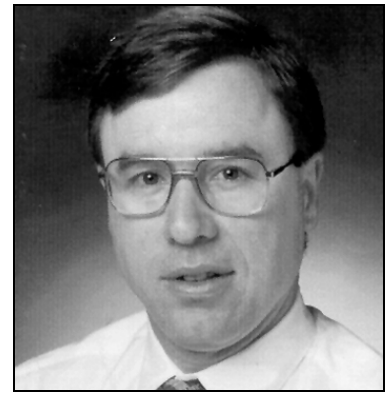
2007, July - The Personal Trainer of the Year Award is presented to Jeffrey Segal

2007, July - The NSCA Presidents Award was presented to Dr. Joseph P. Weir and Dr. Larry Meadors

2007, July - The Research Achievement Award was presented to Dr. Andrew C. Fry.

2007, July - The SCJ Editorial Excellence Award is presented to Dr. David J. Szymanski

2007, July - The William J. Kraemer Outstanding Sport Scientist Award was presented to Dr. Jay R. Hoffman.



Dr. Gary Dudley wins the Lifetime Achievement Award



Dan Wathen is the Sports Medicine/Rehabilitation Specialist of the Year



Dr. Jay Hoffman is presented the William J. Kraemer Outstanding Sport Scientist Award

2007, July 19 - China signs an agreement with NSCA Executive Director Bob Jursnick at the World Headquarters in Colorado Springs, CO.

2007, - Mike Flynt, former NSCA Region Three Director, became the oldest college football player to contribute in a college football game in history at age 59.

In 2007 President Brown held a NSCA Strategic Planning meeting in Colorado Springs to develop new goals for the Association. During this meeting Unity was identified as the #1 goal of the NSCA.

After presenting extensive bylaw changes to the membership limiting certification powers, the NSCA was sued by its own certification commission council members (Jeff Falkel, Margaret Jones, John Kordich and Barbara Young), one certification employee (Janet Owens) and one NSCA BOD member (John Taylor) in an attempt to: prevent the NSCA Board of Directors from enforcing its legal and financial oversight and to secede from the Association. Through mediation, the issue was taken to the full NSCA membership for a vote in July of 2008. Unity was restored when the membership voted to approve the bylaw changes and move the certification operation to Colorado Springs to be under one roof in the NSCA World Headquarters.

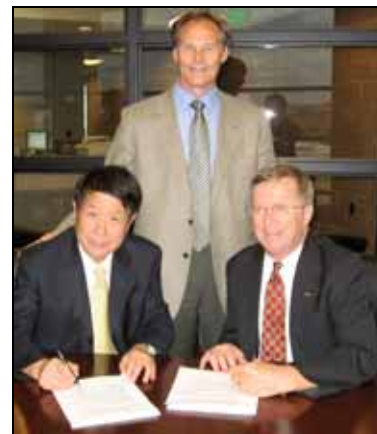
Also in 2007 Dr. Brown created strategic alliances with ACSM, Australia SCA and the United Kingdom SCA.

He established a Personal Trainer Advanced Recognition program and hired Media Relations as the first ever NSCA Marketing firm.

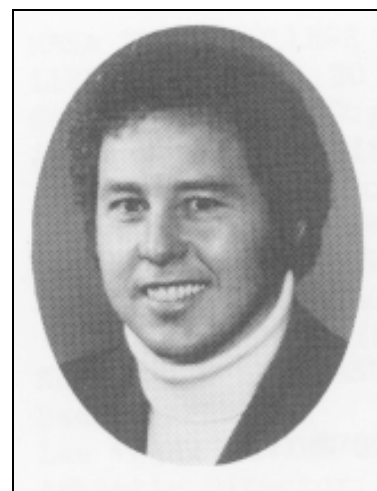
2008, January - the NSCA BOD formally recognized and supported the Tactical Strength and Conditioning Program. At that time the TSAC program had expanded to working with several military units throughout the country, a formal affiliation with the National Tactical Officer's Association (NTOA), working with the US Special Operations Command (USSOCOM), and conducting 8 – 10 TSAC Symposia per year.

2008, July - College Strength and Conditioning Professional of the Year Award was presented to Sara L. Wiley from the University of Minnesota – Twin Cities. Sara was the first female to ever win this award.

2008, July - The Educator of the Year Award was presented to Dr. Margaret T. Jones.



China signs with NSCA



Mike Flynt

2008, July - The High School S&C Professional of the Year was presented to Charles R. Wells of Emporia H.S.

2008, July - The JSCR Editorial Excellence Award is presented to Dr. Terry J. Housh.

2008 July - The Personal Trainer of the Year Award is presented to Benjamin Greenfield.

2008, July - The NSCA Presidents Award was presented to Dr. Terry J. Housh



Dr. Terry Housh wins the Presidents Award and JSCR Award

2008, July - The Research Achievement Award was presented to Dr. Jeffery R. Stout.

2008, July - The Outstanding Investigator Award is presented to Dr. William P. Eggen.

2008, July - The Lifetime Achievement Award is presented to Bruno Pauletto.



Bruno Pauletto with his Lifetime Achievement Award

2008, July – NSCA membership voted at the 2008 National Convention to unify the Association by approving all recommended bylaw changes and moving all certification activities to Colorado Springs. This action resulted in an annual savings in excess of \$1.5 million dollars.

In 2008 President Brown changed the name of the NSCF to the NSCAF. He expanded the NSCA into Europe and China and created strategic alliances with Brazil and Spain. He increased the JSCR to 6 issues per year and hired LWW as the new Journal publisher. The NSCA began offering Webinars to NSCA members in 2008 and the NSCA Bulletin was changed from paper to an electronic delivery.

Dr. Brown approved a new Youth Training Position Stand and approved a new Steroid Position Stand. He also established the Michael H. Stone Sports Science Lecture to be held at each NSCA Annual Conference.

2008, July - The SCJ Editorial Excellence Award is presented to Dr. Mark Kovacs.

2008, July - The Sports Medicine/Rehabilitation Specialist of the Year is presented to Dr. Jaynie Bjornaraa.

2008, July - The The William J. Kraemer Outstanding Sport Scientist Award was presented to Dr. Joan M. Eckerson.

2008, July 8 - the First International Index Championship had competitors from the United Kingdom, Japan, Ireland, and the USA.

2008, September - TSAC, was providing strength and conditioning to Colorado Springs Police SWAT, K-9, EOD, and Patrol on a daily basis. Also in September 2008, the NSCA was providing strength and conditioning services to the entire US Army 10th SFG(A).

2008, December - the US Special Operations Command announced that military Special Operations Forces would need to hire strength and conditioning coaches and that all strength and conditioning coaches, athletic trainers, and sports nutritionist would be required to have the NSCA CSCS credential.



William J. Kraemer
Outstanding Sport Scientist
of the Year Award is
presented to
Dr. Joan M. Eckerson



Daryl "Moose" Johnston a former NFL Fullback for the Dallas Cowboys was the NSCA Keynote Speaker for the July 2009 National Convention

2009, July - The Nutrition Research Achievement Award was presented to Dr Nick Ratamess.

2009, July - The Terry Housh Outstanding Investigator Award is presented to Jared W. Coburn and Dr. Travis Beck.

2009, July - The The William J. Kraemer Outstanding Sport Scientist Award was presented to Dr. Lee Brown.

2009, July - The JSCR Editorial Excellence Award is presented to Dr. William P. Ebben and Dr. Brian Schilling.

2009, July - The SCJ Editorial Excellence Award is presented to Dr. Morey J. Kolber.

2009, July - The Educator of the Year Award was to Dr. Jose Antonio.

2009 July - The Personal Trainer of the Year was presented to Mark Nutting.

2009 July - The Sports Medicine/Rehabilitation Professional of the Year Award is presented to Danny J. McMillian.

2009 July - The High School S&C Professional of the Year was presented to Adam Beard of Aspine Academy of Sport Excellence.

2009, July - College Strength and Conditioning Professional of the Year Award to Jeff Reinandy of Winona State University.

2009, July - The NSCA Presidents Award was presented to Dr. Joel Cramer.

2009, July - The Boyd Epley Lifetime Achievement Award is presented to Meg Ritchie-Stone marking the first time a female has won this prestigious award.

2009, President Brown increased the JSCR to 12 issues per year. He also initiated granting a one year NSCA membership to any person paying a non-member fee to attend an NSCA meeting or registering for an NSCA certification exam.

President Brown created strategic alliances with European Weightlifting Federation and Korea

2009, July - Dr. Lee Brown hands over the Presidents gavel to Dr. Jay Hoffman.



Dr. Lee Brown is the William J. Kraemer Outstanding Sport Scientist



Dr. Jose Antonio is the Educator of the Year



Dr. Joel Cramer wins the Presidents Award



Meg Ritchie-Stone is presented the Boyd Epley Lifetime Achievement Award