

1885 BOB JOHNSON DRIVE COLORADO SPRINGS, CO 80906 P. 719.632.6722 | F. 719.632.6367 NSCA.COM/FOUNDATION

## Board of Directors Conference Call Meeting Minutes

## **National Strength and Conditioning Association Foundation** Friday, January 19, 2018 - 9:00am MST

Directors participating in the meeting were: Dr. Brian Schilling, NSCA Foundation President; Dr. Chad Kerksick, Vice President & Treasurer; Korrey Hammond; Dr. Margaret Jones; Dr. Matt Stock, and Dr. Nicole Dabbs.

**Directors Absent:** Dr. Thomas Mahoney, Secretary.

Also present on the call: Trent Herda, Grants Review Committee Chair; Kristina Kendall, Scholarships Review Committee Chair; Carissa Gump, Foundation Director; Lee Madden; and Christina Klingensmith.

This meeting was called to order at 9:04am Mountain Standard Time (MST) on Friday, January 19, 2018 by Dr. Brian Schilling, NSCA Foundation President. Seconded by Chad Kerksick. A quorum was present.

Motions	
F-2018-01-19-01	Unanimous consent
Topic:	Approval of September 7, 2017 Meeting Minutes
Adopted Resolution:	
F-2018-01-19-02	Passed
Topic:	Bylaw amendment: Formation of Assistantship Review
*	Committee
Motion Proposed By:	Dr. Brian Schilling
Motion Seconded By:	
	To approve a change in the bylaws to add an
*	Assistantship Review Committee to the Foundations
	standing committees.
F-2018-01-19-03	Passed
Topic:	Bylaw amendment: Political Contributions addition
Motion Proposed By:	
Motion Seconded By:	
	To add a section to the current bylaws regarding
	political contributions on behalf of the Foundation.

"Members of the NSCAF Board must never make



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political contributions on behalf of the NSCAF. If a Board member takes an active part in the political process, it must be done at the Board member's personal expense. The NSCAF will not reimburse anyone for a political contribution.

Board members must not make any direct or indirect political contribution in cash, property or service on behalf of the NSCAF.

No substantial part of the activities of the NSCAF shall be the carrying on of propaganda or otherwise attempting to influence legislation and the NSCAF shall not participate in or intervene in, including the publishing or distribution of statements, a political campaign on behalf of any candidate for public affairs."

<b>F-2018-01-19-04</b> Topic:	Passed Bylaw amendment: Board Member position breakout
Motion Proposed By:	
Motion Seconded By:	Dr. Matt Stock
Adopted Resolution:	To add a section to the current bylaws identifying
	board member titles.

"One Public Member; one Practitioner; one Academic; one NSCA Appointed Director; three At-Large."

F-2018-01-19-05	Passed Approval of new Investment Committee Members
Motion Proposed By:	
Motion Seconded By:	•
Adopted Resolution:	. To approve Jayme Brown and Michael S. Willett as
	members of the Investment Committee.

## **Discussion Items**

- 1. Dr. Nicole Dabbs was assigned Board Liaison to the Assistantship Review Committee.
- 2. The Board discussed the Assistantship Review Committee and Dr. Matt Stock, Dr. Trent Herda, and Dr. Nicole Dabbs were tasked to work with NSCA staff to develop guidelines and to recruit NSCA members to be on the Committee.



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- 3. Travel expenses for scholarship recipients were discussed. The Board will work with the Scholarship Committee to analyze the practicality of this.
- 4. Certification requirement for graduate student applications was discussed.
- 5. The Board had a brief discussion regarding award restrictions due to conflicting interests.
- 6. Dr. Chad Kerksick was assigned Board Liaison to the Investment Committee.
- 7. A discussion of items to follow included a survey for the Board's self-assessment and a Doodle poll to schedule the next Board meeting.

Meeting was adjourned by Dr. Brian Schilling, NSCA Foundation President at 10:07am MST, seconded by Dr. Chad Kerksisk.

Respectfully submitted by Christina Klingensmith, Executive Assistant

Action Items

- 1. The Board tasked Dr. Matt Stock, Dr. Trent Herda, and Dr. Nicole Dabbs to work with NSCA staff to develop Assistantship Review Committee guidelines and to recruit NSCA members to be on the Committee, with a preference given towards practitioners.
- 2. The Board tasked the Scholarship Committee to develop ideas for the travel allowances, stipends, etc. and report back to the Board at the next regular meeting.
- 3. The Board tasked the Foundation Director with developing descriptions for Board Member titles and report back.
- 4. The Board tasked the Foundation Director with developing a policy on how funding would be awarded for former NSCA employees, interns, and assistantship recipients and report back.
- 5. Items to include on April's agenda: Certification requirements for Graduate Student application; Assistantship Review Committee guidelines; Scholarship Committee report; Board Member Descriptions; policy on NSCA employees, interns, and assistantship