

1885 BOB JOHNSON DRIVE COLORADO SPRINGS, CO 80906 P. 719.632.6722 | F. 719.632.6367 NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes

National Strength and Conditioning Association Foundation Conference Call Thursday, July 25, 2019

Directors participating in the meeting: Dr. Matt Stock, Dr. Nicole Dabbs, Dr. Chad Kerksick, and Dr. Ludmila Cosio-Lima.

Directors absent: Dr. Thomas Mahoney, Korrey Hammond, and Patrick McHenry.

Also present at times on the call: Auditor: Jill Goodwin; NSCA Staff: Carissa Gump, Lee Madden, and Christina Klingensmith.

The meeting of the NSCA Foundation was called to order at 10:06am Eastern Time on Thursday, July 25, 2019 by Dr. Matt Stock, NSCA Foundation President. A quorum was present.

Approval of Minutes

F-2019-07-25-01 – Approval of April 27-28, 2019 Meeting Minutes

Proposed By: Dr. Nicole Dabbs Vote: Passed

Seconded By: Dr. Chad Kerksick

Adopted Motion: To approve the minutes.

Reports of Officers

- President's report
 - o The President provided a recap of NSCA's Foundation activities at the National Conference.
- Financial report
 - o Jill Goodwin, Waugh & Goodwin, LLC, presented the annual audit report and 990 to the Board.

Jill Goodwin left the call at 10:38am ET.

F-2019-07-25-02 – Appointment of FYE March 31, 2020 auditors and acceptance of audit ending March 31, 2019 and 990.

Proposed By: Dr. Matt Stock Vote: Passed

Seconded By: Dr. Chad Kerksick

Adopted Motion: To appoint Waugh & Goodwin, LLC as auditor for the 2019-2020 fiscal year and accept the audit, and accept the 990 - pending Lee Madden's review.

Reports of Committees

Coaching Advancement Grants and Assistantship Committee report



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- O The chair stepped down from the committee. Kevin Schultz was appointed to the chair position. Appointment of a new member to fill the vacant position is expected early August.
- Grant Committee report
 - o Grant committee will have a monthly standing meeting to review application and the review process.
 - One open grant panel position will be posted on the NSCA's website.
- Investment Committee report
 - o The Investment Management Client Agreement is being worked on, more information will follow.
- Scholarship Committee report
 - o Increasing the amount awarded for scholarships was discussed.

General Orders

F-2019-07-25-03 – Increase Scholarship Amount Awarded

Proposed By: Dr. Matt Stock Vote: Passed

Seconded By: Dr. Ludmila Cosio-Lima

Adopted Motion: To increase scholarship amounts from \$1,500 to \$2,000.

Discussion items:

- Two Board of Directors positions will be open in the fall.
- Two time slots have been tentatively reserved for the NSCA Foundation at the 2020 National Conference for a Grant Training Workshop and Grant Recipient Research Presentation, to be confirmed by the NSCA's Conference Committee.

A motion to adjourn was called at 11:02am Eastern Time by Dr. Chad Kerksick, seconded by Dr. Ludmila Cosio-Lima. Motion passed.