

1885 BOB JOHNSON DRIVE COLORADO SPRINGS, CO 80906 P. 719.632.6722 | F. 719.632.6367 NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes

National Strength and Conditioning Association Foundation

Special Meeting Saturday, May 14, 2022

Directors participating in the meeting: Dr. Nicole Dabbs, Dr. Don Melrose, Dr. Kristen Snyman, Ashley Jackson, and Dr. Helen Binkley.

Directors not in attendance: Dr. Ludmila Cosio-Lima, Dr. Thomas Mahoney

Also present at times: NSCA Foundation Staff: Carissa Gump

The special meeting of the NSCA Foundation was called to order at 3:35pm Mountain Time (MT) on Saturday, May 14, 2022 by Dr. Nicole Dabbs, NSCA Foundation President. A quorum was present.

General Orders

- The annual nominations of Officers were held. The following positions were elected by acclamation:
 - o Foundation President Dr. Don Melrose
 - o Foundation Vice President Dr. Kristen Snyman
 - o Foundation Treasurer Dr. Ludmila Cosio-Lima
 - o Foundation Secretary Ashley Jackson
- Annual Board Liaison assignments:
 - o Grants Committee Liaison Dr. Ludmila Cosio-Lima
 - o Coaching Advancement Grant and Assistantship Committee Liaison Ashley Jackson
 - o Scholarships Committee Liaison Dr. Kristen Snyman
 - o Investment Committee Liaison Dr. Nicole Dabbs
- Cessation planning was discussed.

The meeting was adjourned at 3:50 pm MT.