Date

Name

Address

Dear [Insert Recipient Name],

I would like to attend the Tactical Strength and Conditioning (TSAC) Practitioners Course, [Date of Event], in [Location of Event] which is offered by the National Strength and Conditioning Association (NSCA), the worldwide authority on strength and conditioning for more than 30 years. It is the only training event dedicated to educating and training tactical athletes for better performance and fitness in the field with more than 500 industry leaders and attendees.

At the Practitioners Course, I will be able to learn research-based strength and conditioning that are directly applicable to my duties and will allow me to meet with other tactical experts. The course will give information that can help increase performance, may decrease liability, potentially identify future job task demands, and may assist with a decrease in injury risk on the job using strength training and conditioning. Therefore, it can help lead to cost savings down the road. After reviewing the training schedule, I have identified a number of educational sessions which will allow me to gain knowledge and understanding of how we can improve our strength and conditioning program. All of the presentations are facilitated by top industry experts from across the country who have faced similar challenges. This training does offer continuing education credits for individuals who are certified through the NSCA or the National Athletic Trainers Association BOC, whose certifications are accredited through the National Commission for Certifying Agencies (NCCA).

**Registration for the Practitioners Course will assist me with continued growth over the course of the year with:**

1. 32 Hours of both classroom and hands-on instruction from top NSCA-certified strength and conditioning professionals
2. A 300-page course manual filled with support materials, detailed exercise technique instruction, and photos
3. Exam preparation materials and fees for taking the NSCA’s TSAC-F certification, the only accredited certification specially designed for training tactical professionals
4. A certificate of completion of the course
5. 12 months of NSCA Professional Membership, which includes access online educational content, videos, and to the NSCA’s *Journal of Strength and Conditioning Research, Strength and Conditioning Journal,* and *TSAC Report*

I feel this investment in my development will be a benefit to our entire department. Therefore, I am seeking sponsorship for attendance. The Practitioners Course cost is $1200.

In order to advance the department upon my return, I will be able to share my experience, what I learned and whom I met, including sharing the educational materials that I bring back. I hope you agree that participation in the TSAC Practitioners Course will not only benefit me, but also other personnel. If so, please let me know as I would like to sign up as soon as I can because space is very limited. Thank you for your consideration.

Very Respectfully,