

# Board of Directors Meeting Minutes

National Strength and Conditioning Association Wednesday, January 3, 2018 – 7:30am EST Independence Room, The Westin Hotel, Charlotte, NC

**Directors participating in the meeting were:** Dr. G. Gregory Haff, NSCA President; Dr. N. Travis Triplett, President-Elect (non-voting); Dr. Michael Miller, Vice President; Dr. Jay Dawes, Secretary-Treasurer; Dr. Joel Cramer; Dr. Brad Schoenfeld; Patrick McHenry, MA; Kacie Wallace; Dr. lan Jeffreys; and Dr. Margaret Jones.

Also present at times during the meeting: Michael Massik, Executive Director; Lee Madden; Keith Cinea; Scott Douglas; Torrey Smith; Wayde Rivinius; Virginia Meier; Beth Rampelberg; Christina Klingensmith; Dr. Carwyn Sharp (via phone); Becky Milot-Bradford; Linda Aaberg; Micki Cuppett; and Tom James, Legal Counsel (via phone).

This meeting was called to order at 7:30am EST on Wednesday, January 3, 2018 by Dr. G. Gregory Haff, NSCA President. Dr. Michael Miller seconded. A quorum was present.

#### **Motions**

2018-01-03-01	Passed by 7 (absent – Cramer; abstained – Jeffreys)
Topic	Approval of September 23, 2017 Board of Directors Conference Call
	Meeting Minutes
Proposed By:	Dr. G. Gregory Haff
Seconded By:	
Adopted Resolution:	That the Board of Directors approve the September 23, 2017
•	conference call meeting minutes as presented.
2018-01-03-02	Passed by 8 (absent – Cramer)
Topic	Ratification of NSCA Codes, Policies, and Procedures
Proposed By:	Dr. G. Gregory Haff
Seconded By:	Dr. Jay Dawes
Adopted Resolution:	
2018-01-03-03	Passed by 8 (absent – Cramer)
Topic	Ratification of Ethics Committee Members
Proposed By:	Dr. G. Gregory Haff
Seconded By:	Dr. Brad Schoenfeld
Adopted Resolution:	That the Board of Directors ratify resolution 2017-11-04-01, as corrected.



Dr. Joel Cramer entered the meeting.

## **Reports of Officers and Committees**

- Annual Board Assessment was presented by the President and reviewed by the Board.
- Treasurer's report, with financials through November 2017, was reviewed by the Board.
- Education Committee report regarding accreditation strategy was presented, with Board of Directors' guest Micki Cuppett.

2018-01-03-04	Refer – Certification Committee
Topic	Support of Action Taken by the Certification Committee in Reference
	to CSCS Exam Registration Requirement
Proposed By:	Dr. G. Gregory Haff
Seconded By:	Dr. Brad Schoenfeld
Proposed Motion:	That the Board of Directors support the change to CSCS exam
	registration requirement as approved by the Certification Committee.
2018-01-03-05	Passed unanimously
Topic	Approval of the NSCA Accreditation Strategy document (November
	2017) as amended
Proposed By:	Dr. G. Gregory Haff
Seconded By:	Patrick McHenry, MA
Adopted Resolution:	That the Board of Directors approve the NSCA Accreditation Strategy
	document for the development of an accreditation pathway, with the
	document for the development of an accreditation pathway, with the
	following amendment: strike "expectation" under Recommendations to

NSCA staff, with the exception of the Executive Director, were excused from the meeting for the duration of the Executive Session.

#### **Executive Session** for a legal update

- Executive session, called by Dr. G. Gregory Haff at 9:58am EST, seconded by Dr. Jay Dawes.
- Return to regular session, called by Dr. G. Gregory Haff at 10:55pm EST, seconded by Dr. Michael Miller.

### Reports of Officers and Committees, continued

An update was given by the Ethics Committee.



## Motions, continued

Proposed By:Seconded By:	
2018-01-03-07	Postponed to next meeting
Topic	Approval of the Amendments to the NSCA Privacy Policies
Proposed By:	
Seconded By:	
•	That the Board of Directors amend the previous version of the NSCA
	Privacy Policy with the newly revised version.
2018-01-03-08	Passed unanimously
Topic	Youth SIG Name and Mission Statement Change
Proposed By:	
Seconded By:	Dr. G. Gregory Haff
Adopted Resolution:	That the Board of Directors amend the name of the Youth Special
	Interest Group (SIG) to the Long-Term Athletic Development Special
	Interest Group (SIG) and amend the mission statement to: "Promote
	and disseminate good practice and scientific research relevant to the

## Follow-up Reports and Discussion Items

- A follow-up report on strength and conditioning in secondary schools, with a new marketing brochure, was provided to the Board.
- Dr. G. Gregory Haff, Dr. Travis Triplett, and Dr. Jay Dawes were appointed to complete an annual review of the Board of Directors Policies and Procedures Manual.

long-term athletic development of children and adolescents."

- The Board discussed the structures of the Journal of Strength and Conditioning Research and the Strength and Conditioning Journal.
- New certification possibilities were deliberated on.
- A brief follow-up report was provided on current and new position statements in review.
- An NSCA awards breakdown comparison was provided.



## Motions, continued

2018-01-03-09	Postponed for more information
Topic	Approval of Boyd Epley Award for Lifetime Achievement Recipient
Proposed By:	Dr. G. Gregory Haff
Seconded By:	Dr. Jay Dawes
Proposed Motion:	That the Board of Directors approve as the 2018 Boyd
	Epley Award for Lifetime Achievement recipient.
2018-01-03-10	Passed by 8 (abstained – Cramer)
Topic	Approval of Alvin Roy Award for Career Achievement Recipient
Proposed By:	Dr. G. Gregory Haff
Seconded By:	Dr. Michael Miller
Adopted Resolution:	That the Board of Directors approve Dr. Mel Siff as the 2018 Alvin Roy
	Award for Career Achievement recipient.
2018-01-03-11	Passed by 7 (abstained – Wallace and Jones)
Topic	Approval of Alvin Roy Award for Career Achievement Recipient
Proposed By:	···
Seconded By:	
The state of the s	That the Board of Directors approve Mike Arthur as the 2018 Impact
•	Award recipient.

Adjourned at 4:06pm EST by Dr. G. Gregory Haff. Dr. Jay Dawes seconded.