

Board of Directors Conference Call Meeting Minutes

National Strength and Conditioning Association

Tuesday, October 30, 2018 – 8:00am MT

Participating in the meeting were: Dr. N. Travis Triplett, NSCA President; Dr. Ian Jeffreys, Vice President; Dr. Jay Dawes, Secretary-Treasurer; Dr. Michael Miller; Dr. Margaret Jones; Kacie Wallace; Dr. Bret Contreras; Dr. Colin Wilborn; and Patrick McHenry, MA.

Also present at times on the call: Michael Massik, Executive Director; Lee Madden; Keith Cinea; Scott Douglas; Dr. Carwyn Sharp; Beth Rampelberg; Torrey Smith; Virginia Meier; Wayde Rivinius; Mary-Clare Brennan; Christina Klingensmith; John McCarthy; Jim Lance, Legal Counsel; and Tom James, Legal Counsel.

This meeting was called to order at 8:01am MT on Tuesday, October 30, 2018 by Dr. Travis Triplett, NSCA President. A quorum was present.

Began without Patrick McHenry, MA.

Consent Agenda

The following motions were adopted through consent.

- 1) 2018-10-30-01 - That the Board of Directors approve the July 10, 2018 Meeting Minutes as presented.
- 2) 2018-10-30-02 - That the Board of Directors approve the July 11, 2018 Meeting Minutes as presented.
- 3) 2018-10-30-03 - That the Board of Directors approve the July 14, 2018 Meeting Minutes as presented.
- 4) 2018-10-30-04 - That the Board of Directors ratify the August 2018 email vote.
- 5) 2018-10-30-05 - That the Board of Directors approve Jason White to serve on the Education Committee for the remaining term of the vacant position.
- 6) 2018-10-30-06 - That the Board of Directors approve the revisions to the Education Committee Guidelines.
- 7) 2018-10-30-07 - That the Board of Directors charge the Executive Director to close the Vangaurd 403b account.

Organizational Reports and Updates from Officers, as Received

- A brief financial update was presented.

General Orders

2018-10-30-08.....Passed

Topic: Approval of the NSCA Performing Arts Special Interest Group

Proposer: Dr. Bret Contreras

Seconded: Dr. Jay Dawes

Adopted motion: That the Board of Directors approve the application to form an NSCA Performing Arts Special Interest Group (SIG) based on the procedure for approving SIGs and as recommended by the Membership Committee.

2018-10-30-09.....Passed

Topic: Approval of the NSCA Powerlifting Special Interest Group

Proposer: Dr. Bret Contreras

Seconded: Dr. Jay Dawes

Adopted motion: That the Board of Directors approve the application to form an NSCA Powerlifting Special Interest Group (SIG) based on the procedure for approving SIGs and as recommended by the Membership Committee.

2018-10-30-10.....Passed

Topic: Educational resources: Podcasts

Proposer: Dr. N. Travis Triplett

Seconded: Dr. Jay Dawes

Adopted motion: That the Board of Directors charge the Executive Director to provide podcasts as an educational resource to customers.

2018-10-30-11.....Passed

Topic: Approval of Awards and Honors Committee Guidelines

Proposer: Dr. Michael Miller

Seconded: Dr. Jay Dawes

Adopted motion: That the Board of Directors approve the Awards and Honors Committee Guidelines.

2018-10-30-12.....Passed (Michael Miller – no)

Topic: Approval of the Revisions to the Research Committee Policies and Procedures and Application Checklist

Proposer: Dr. Colin Wilborn

Seconded: Dr. Jay Dawes

Adopted motion: That the Board of Directors approve the revision to the Research Committee's Policies and Procedures and Application Checklist as presented.

Executive Session

Dr. John McCarthy join the meeting by phone at 8:40am. Executive session was called by Dr. Travis Triplett at 8:43am MT, seconded by Dr. Ian Jeffreys. NSCA staff, with the exception of the Executive Director left the meeting room. An Ethics Committee update was given. Dr. John McCarthy left the call at 9:20am.

Jim Lance and Tom James, legal counsel, joined the meeting by phone at 9:00am. Patrick McHenry, MA joined the meeting by phone at 9:03am. Keith Cinea joined the executive session at 9:22am.

Dr. Travis Triplett left the meeting at 9:47am. Dr. Ian Jeffreys took the Chair position.

Motion to leave executive session and adjourn, called by Dr. Ian Jeffreys at 9:57am MT, seconded by Dr. Jay Dawes.