

# **2020 NSCA COACHES CONFERENCE & LIVE STREAM**

**JANUARY 8 – 10 | SAN ANTONIO, TX | 2.0 CEUs**

## **Board of Directors Meeting Minutes**

National Strength and Conditioning Association  
Salon E, Marriott Riverwalk, San Antonio, TX  
Tuesday, January 7, 2020

**Participating in the meeting were:** Dr. N. Travis Triplett, NSCA President; Dr. Colin Wilborn, Vice President; Dr. Margaret Jones, Secretary-Treasurer (by phone); Dr. Michael Miller; Kacie Wallace; Patrick McHenry, MA; Darnell Clark, MS; Dr. Bret Contreras; and Dr. Helen Binkley.

**Also present at times:** Michael Massik, Executive Director; Lee Madden; Keith Cineas; Linda Aaberg; Scott Douglas; Christina Klingensmith; Jim Lance, Legal Counsel (by phone); and Tom James, Legal Counsel (by phone).

The meeting was called to order at 8:33am Central Time on Tuesday, January 7, 2020 by Dr. Travis Triplett, NSCA President. A quorum was present.

The meeting began without Dr. Margaret Jones.

### **Consent Agenda**

The following motions were adopted by general consent:

- #1 **2020-01-07-01** - That the Board of Directors approve the October 17, 2019 Meeting Minutes as presented.
- #2 **2020-01-07-02** - That the Board of Directors approves the revised NSCA State and Provincial Director Program Handbook.

Dr. Margaret Jones joined by phone.

### **Reports of Officers**

#### **President's Report**

- The Board of Directors Annual Assessment was reviewed with the Directors.
- Darnell Clark and Kacie Wallace volunteered to do the annual review of the Board Policy and Procedures Manual.

#### **Treasurer's Report**

- A brief financial report was reviewed by the Board.

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## **Motions:**

**2020-01-07-03**

Vote: Passed unanimously

Proposed by: Darnell Clark, MS

Seconded by: Patrick McHenry, MA

Adopted Motion: That the Board of Directors approve the application to form an NSCA Golf Special Interest Group (SIG) based on the procedure for approving SIGs and as recommended by the Membership Committee.

**2020-01-07-04**

Vote: Passed unanimously

Proposed by: Dr. Colin Wilborn

Seconded by: Dr. Helen Binkley

Adopted Motion: That the Board of Directors approve the Council on Accreditation of Strength and Conditioning Education (CASCE's) Bylaws.

**2020-01-07-05**

Vote: Passed unanimously

Proposed by: Dr. Colin Wilborn

Seconded by: Darnell Clark, MA

Adopted Motion: That the Board of Directors approve the Council on Accreditation of Strength and Conditioning Education (CASCE's) Articles of Incorporation and authorize next steps to proceed with the formation of CASCE.

## **Discussion Items**

- Feedback and recommendations from the Awards and Honors Committee to the Board's questions was reviewed.

## **Executive Session**

Tom James and Jim Lance, NSCA legal counsel joined by phone for a legal update. All staff and guests with the exception of Michael Massik, Keith Cinea, and Lee Madden left the meeting room.

Executive Session called at 10:16am by Dr. N. Travis Triplett, seconded by Dr. Michael Miller - unanimously approved.

Legal counsel left the call.

Returned to regular session at 11:51am by Dr. N. Travis Triplett, seconded by Dr. Helen Binkley – unanimously approved.

Dr. Bret Contreras left the room.

## **Discussion Items, continued**

- The Board discussed proposed amendments to the Bylaws.

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## **Motions, continued**

**2020-01-07-06**

Vote: Approved

Proposed by: Dr. N. Travis Triplett

Seconded by: Patrick McHenry, MA

Adopted Motion: That a person is not eligible for Presidential candidacy unless they serve one full NSCA Board term prior to nomination.

Dr. Bret Contreras returned to room.

## **Executive Session**

Tom James NSCA legal counsel joined by phone to discuss a legal matter. All staff and guests with the exception of Michael Massik, Keith Cinea, and Lee Madden left the meeting room.

Executive Session called at 2:49pm by Dr. N. Travis Triplett, seconded by Dr. Helen Binkley - unanimously approved.

Tom James left the call.

Returned to regular session and adjourn meeting at 3:48pm by Dr. N. Travis Triplett, seconded by Dr. Michael Miller – unanimously approved.

## **Discussion Items, continued**

- Feedback and recommendations from the Awards and Honors Committee to the Board's questions, continued.

The meeting was adjourned at 4:45pm CT until 9:00am Wednesday, January 8, 2020.