## **Board of Directors Meeting Minutes**

National Strength and Conditioning Association Salon E, Marriott Riverwalk, San Antonio, TX Wednesday, January 8, 2020

**Participating in the meeting were:** Dr. N. Travis Triplett, NSCA President; Dr. Colin Wilborn, Vice President; Dr. Margaret Jones, Secretary-Treasurer (by phone); Dr. Michael Miller; Patrick McHenry, MA; Darnell Clark, MS; Dr. Bret Contreras; and Dr. Helen Binkley.

**Directors absent:** Kacie Wallace.

Also present: Michael Massik, Executive Director; Lee Madden; Christina Klingensmith.

The meeting was called to order at 9:07am Central Time (CT) on Wednesday, January 8, 2020 by Dr. Travis Triplett, NSCA President. A quorum was present.

## **Executive Session**

Executive session was called to discuss career awards. Executive Session was called at 9:08am CT by Dr. Travis Triplett and seconded by Patrick McHenry. Return to regular session at 10:05am CT by Dr. Travis Triplett and seconded by Dr. Helen Binkley.

## Discussion Items, continued

• The 2020 Strategic Planning was discussed.

The meeting was adjourned at 10:44am CT.