

Board of Directors Meeting Minutes

National Strength and Conditioning Association

Conference Call

Friday, April 24, 2020

Participating in the meeting were: Dr. N. Travis Triplett, NSCA President; Dr. Colin Wilborn, Vice President; Dr. Margaret Jones, Secretary-Treasurer; Dr. Michael Miller; Kacie Wallace; Patrick McHenry, MA; Darnell Clark, MS; Dr. Bret Contreras; and Dr. Helen Binkley.

Also present at times: Michael Massik, Executive Director; Lee Madden; Keith Cinea; Mary-Clare Brennan; Scott Douglas; Christina Klingensmith; Jim Lance, Legal Counsel; and Tom James, Legal Counsel.

The meeting was called to order at 2:07 pm Mountain Time on Friday, April 24, 2020 by Dr. Travis Triplett, NSCA President. A quorum was present.

The meeting began without Dr. Margaret Jones and Kacie Wallace.

Consent Agenda

The following motions were adopted by general consent:

- **2020-04-24-01** - Approval of the January 7, 2020 Board of Directors Meeting Minutes
Adopted motion: That the Board of Directors approve the January 7, 2020 Meeting Minutes as presented.
- **2020-04-24-02** - Approval of the January 8, 2020 Board of Directors Meeting Minutes
Adopted motion: That the Board of Directors approve the January 8, 2020 Meeting Minutes as presented.
- **2020-04-24-03** - Approval of the January 8, 2020 Executive Session Meeting Minutes
Adopted motion: That the Board of Directors approve the January 8, 2020 Executive Session Meeting Minutes as presented.
- **2020-04-24-04** - Ratify the vote and approval of the minutes of the Executive Council - Sport Medicine Award nominations
Adopted motion: That the Board of Directors ratify the vote and approve the December 2019 minutes of the Executive Council.
- **2020-04-24-05** - Ratify the votes and approval of the minutes – College and Assistant College Coach of the Year criteria sheets
Adopted motion: That the Board of Directors ratify the vote and approve the February 2020 minutes.
- **2020-04-24-06** - Ratification of vote and approval of the minutes – High School Coach of the Year Award rule suspension
Adopted motion: That the Board of Directors ratify the vote and approve the March 2020 minutes.
- **2020-04-24-07** - Ratify the vote and approval of the minutes of the Executive Council – interim budget
Adopted motion: That the Board of Directors ratify the vote and approve the March 2020 minutes of the Executive Council.
- **2020-04-24-08** - Approval of the Awards and Honors Committee Members

- **Adopted motion:** That the Board of Directors approves William Hanney and Allen Hedrick as Awards and Honors Committee members.
- **2020-04-24-09** - Approval of the Certification Committee Members
Adopted motion: That the Board of Directors approves Cindy Kugler and Anthony Soika as Certification Committee members.
- **2020-04-24-10** - Approval of the Conference Committee Member
Adopted motion: That the Board of Directors approves Jay Dawes as Conference Committee member.
- **2020-04-24-11** - Approval of the Diversity and Inclusion Committee Member
Adopted motion: That the Board of Directors approves Will Stern as Diversity and Inclusion Committee member.
- **2020-04-24-12** - Approval of the Education Committee Member
Adopted motion: That the Board of Directors approves Jason White as Education Committee Member.
- **2020-04-24-13** - Approval of the Fellowship Review Committee Members
Adopted motion: That the Board of Directors approves Bill Allerheiligen and Dr. Bryan Mann as Fellowship Review Committee Members.
- **2020-04-24-14** - Approval of the Membership Committee Members
Adopted motion: That the Board of Directors approves Chris Bailey, Alexis Batrakoulis, and Chris Powell as Membership Committee members.
- **2020-04-24-15** - Approval of the Women’s Committee Members
Adopted motion: That the Board of Directors approves Mary Kate Feit and Kristin Heumann as Women’s Committee members.
- **2020-04-24-16** - Approval of the amendments to the CASCE bylaws
Adopted motion: The Accreditation Special Committee requests that the Board of Directors approve a non-substantive amendment to the CASCE Bylaws:
Article III. Section 3.2 (C) Term of Directors – Add statement: “Staggering of appointments may be used for continuity of the board.”

Reports of Officers

Treasurer’s Report

- The NSCA’s Chief Financial Officer presented key points of the 2020-2021 budget.

Kacie Wallace joined the call.

Motions:

2020-04-24-17 - Approval of the 2020-2021 Budget

Proposed by: Dr. N. Travis Triplett

Vote: Passed

Seconded by: Dr. Helen Binkley

Adopted Motion: That the Board of Directors approves the 2020-2021 budget.

Dr. Margaret Jones joined the call.

2020-04-24-18 - Application to form Sport Science and Performance Technology Special Interest Group
Proposed by: Darnell Clark, MA Vote: Passed

Seconded by: Dr. Bret Contreras

Adopted Motion: That the Board of Directors approve the application to form an NSCA Sport Science and Performance Technology Special Interest Group (SIG) based on the procedure for approving SIGs and as recommended by the Membership Committee.

2020-04-24-19 - Approval of the amendments to the Campaign Guidelines

Proposed by: Dr. N. Travis Triplett Vote: Passed

Seconded by: Dr. Colin Wilborn

Adopted Motion: That the Board of Directors amend the previous version of the NSCA Campaign Guidelines with the newly revised version.

2020-04-24-20 - Approval of the Bylaws revision – allowance of a third term as president

Proposed by: Dr. N. Travis Triplett Vote: Passed

Seconded by: Dr. Colin Wilborn

Adopted Motion: That the Board of Directors approve the amendment to Article II – Board of Directors, Section 2, subsection d by:

Striking:

~~d) Members of the Board of Directors, including the Public Member, may only serve two terms. As provided in Article III, Section 2, the President may only serve one term in the office of President.~~

And inserting:

d) Board member may not serve more than two (2) full terms. Individuals elected to serve as President shall be allowed to serve a third term, provided s/he meets all other eligibility requirements.

2020-04-24-21 - Approval of the Bylaws revision – BOD qualifications

Proposed by: Dr. N. Travis Triplett Vote: Passed

Seconded by: Dr. Margaret Jones

Adopted Motion: That the Board of Directors approve the amendment to Article II – Board of Directors, Section 3 by:

Striking:

~~Section 3: A Board member, except for the Public Member, must 1) be a member in good standing of the NSCA, and 2) hold an active NSCA certification or be a Fellow of the NSCA. Employees of the NSCA may not be a candidate for the Board of Directors.~~

And inserting:

Section 3: Qualifications:

- a) A Board member may not also be an employee of the NSCA.
- b) A Board member must, 1) be a member in good standing of the NSCA, and 2) hold an active NSCA certification or be a Fellow of the NSCA, except that:
 - i. The Public Member shall not hold NSCA certification or be a Fellow.
- c) An individual is ineligible to be a Board member if s/he has:

- i. Been convicted of a felony involving:
 - harm to a member of a vulnerable population such as children, elderly or individuals with a disability;
 - sexual abuse or assault of any kind; or
 - a hate crime.
 - ii. Served a period of ineligibility for an anti-doping rule violation as determined by a signatory of the World Anti-Doping Code, or other similar organization governing anti-doping in sport.
 - iii. Served a period of ineligibility for a violation of the policies of the U.S. Center for SafeSport, or other similar organization governing bullying, harassment, hazing, physical abuse, emotional abuse, or sexual misconduct and abuse in sport.
- d) An individual may be ineligible to be a Board member if s/he has any misdemeanor conviction, sanctioned for academic misconduct, suspension from a place of employment, or period of ineligibility from a sport or sport organization.
- e) Any potential Board member will be subject to a background check. If the background check reports felony convictions or misappropriation of funds, this will be disclosed to the Nomination Committee.
- f) Potential and existing Board member's duty to disclose:
- i. A potential Board member has a duty in the application process to disclose any of the infractions listed above in the Qualifications section, which will be considered by the Nomination Committee.
 - ii. Existing Board members have an ongoing duty to immediately disclose any of the infractions above to the NSCA Ethics Committee.
 - iii. A potential or existing Board member's duty to disclose also applies if s/he is under investigation for, or has been formally accused of, any of the above infractions.
- g) A potential or existing Board member may be asked to suspend his/her candidacy or leadership role until the investigation or accusation has been resolved.
- h) The NSCA Ethics Committee shall resolve questions and disputes in eligibility and the application of these qualifications for service. Should the Ethics Committee resolve to remove the candidacy of a potential Board member, it shall be made in the form of a recommendation to the Nomination Committee for final decision. Should the Ethics Committee resolve to remove an existing Board member, it shall be made in the form of a recommendation to the Board for final decision according to the Removal provisions of these Bylaws.
- i) If the NSCA learns of any information that could impact the good standing of a Board member, or reputation of the NSCA, it shall be reported to the Ethics Committee for resolution.

2020-04-24-22 - Approval of the Bylaws revision – minor changes

Proposed by: Dr. N. Travis Triplett

Vote: Passed

Seconded by: Dr. Helen Binkley

Adopted Motion: That the Board of Directors approve the revisions to the bylaws including

- Section headings;
- Sections moved without making changes;
- To remove redundancies; and
- To provide clarification of intent or meaning.

as presented.

Discussion Items

- Board Liaison appointments:
 - Dr. N. Travis Triplett - Golf Special Interest Group (SIG)
 - Dr. Bret Contreras - Sport Science and Performance Technology SIG
- The NSCA Impact Award criteria was discussed.
- Revising award criteria sheets and how awards are created was discussed.
- Strategic Planning and National Conference were briefly discussed.

Executive Session

Tom James and Jim Lance, NSCA legal counsel joined by phone for a legal update. All staff, with the exception of Michael Massik and Keith Cinea, left the meeting at 3:31 pm.

- Executive Session called at 3:32 pm by Dr. N. Travis Triplett, seconded by Dr. Helen Binkley - unanimously approved.

Legal counsel left the call 3:59 pm.

- Returned to regular session at 4:00 pm by Dr. N. Travis Triplett, seconded by Patrick McHenry, MA – unanimously approved.

The meeting was adjourned at 4:02 pm MT by Dr. N. Travis Triplett.