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# BOARD OF DIRECTORS ZOOM MEETING MINUTES THURSDAY, OCTOBER 1, 2020

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**Participating in the meeting were:** Dr. N. Travis Triplett (Board President); Dr. Brent Alvar (President Elect); Darnell Clark, MS (Vice President); Dr. Helen Binkley (Secretary/Treasurer); Kacie Wallace; Dr. Colin Wilborn; Dr. Sally Paulson; Dr. Paul Comfort; Bob Alejo; and Dr. Bret Contreras.

**Also present at times:** *NSCA Staff:* Michael Massik, Lee Madden, Keith Cinea, Scott Douglas, Beth Rampelberg, Carissa Gump, and Christina Klingensmith; *Guests:* Jill Goodwin (auditor), Dr. Jeff Chandler (SCJ Editor-in-Chief), Dr. Nick Ratamess (JSCR Editor-in-Chief), and Dr. Nicole Dabbs (NSCA Foundation Board President); and *NSCA Legal Counsel:* Jim Lance and Tom James.

The meeting of the NSCA Board of Directors was called to order at 12:03 pm Mountain Time (MT) on Thursday October 1, 2020 by Dr. Travis Triplett, NSCA President. A quorum was present.

The meeting began without Dr. Bret Contreras.

## **CONSENT AGENDA**

The following motions were adopted by unanimous consent:

- **2020-10-01-01** – Approval of the July 7, 2020 Board of Directors Meeting Minutes  
**Adopted motion:** That the Board of Directors approve the July 7, 2020 Board of Directors Meeting Minutes as presented.
- **2020-10-01-02** – Ratification and approval of July email vote – Vice President and Secretary/Treasurer  
**Adopted motion:** That the Board of Directors ratify the vote and approve the minutes of the July 2020 email votes.
- **2020-10-01-03** – Ratification and approval of August email vote – Award Criteria Sheets  
**Adopted motion:** That the Board of Directors ratify the vote and approve the minutes of the August 2020 email votes.
- **2020-10-01-04** – Approval of the revisions to the Research Committee Policies and Procedures  
**Adopted motion:** That the Board of Directors approve the revisions to the Research Committee Policies and Procedures as presented.

## REPORTS OF OFFICERS

### Treasurer's Report

Jill Goodwin, with Waugh & Goodwin, LLC, presented the independent auditor's report for the fiscal year ending March 31, 2020 to the Board of Directors.

Dr. Bret Contreras joined at 12:22pm.

- **2020-10-01-05** – Acceptance of the 2019-2020 Audit  
Proposed by: Dr. Helen Binkley Vote: Pass unanimously  
Seconded by: Dr. Sally Paulson  
**Adopted motion:** That the Board of Directors accept the audit for fiscal year ending March 31, 2020 as presented by Waugh & Goodwin, LLC.

## MOTIONS

- **2020-10-01-06** – Approval of the revisions to the Nomination Committee Handbook, Evaluation, and Score Sheets  
Proposed by: Dr. Sally Paulson (amended: Dr. N. Travis Triplett) Vote: Passed as amended  
Seconded by: Dr. Helen Binkley (amended: Dr. Helen Binkley)  
**Proposed motion:** That the Board of Directors approve the revisions to the Nomination Committee Handbook and Candidate Evaluation, and Score Sheets.  
**Amended adopted motion:** That the Board of Directors approve the changes to the Nomination Committee Policies and Procedures with the instruction to the Committee that they create two (Timeline) tables, one pertaining to the Nomination Committee and the other pertaining to the Board of Directors.
- **2020-10-01-07** – Privacy Policy  
Proposed by: Dr. N. Travis Triplett Vote: Passed (1 abstention)  
Seconded by: Dr. Colin Wilborn  
**Adopted motion:** That the Board of Directors charge the Executive Director with amending and maintaining the NSCA Privacy Policy so that it aligns with national and international standards, and to inform the board as changes occur to the Policy.
- **2020-10-01-08** – Creation of FNCSA Emeritus  
Proposed by: Dr. Colin Wilborn Vote: Passed unanimously  
Seconded by: Dr. Helen Binkley  
**Adopted motion:** That the Board of Directors approve FNCSA Emeritus (FNCSA\*E) as presented.

## DISCUSSION ITEMS

- Dr. N. Travis Triplett, Dr. Paul Comfort, and Dr. Sally Paulson volunteered to review the criteria for the Boyd Epley Award for Lifetime Achievement.
- Notice was given for the consideration of membership dues increase. Information for a full discussion will be presented at the January Board meeting.



## **REPORTS – OTHERS**

- Dr. Jeff Chandler presented the annual *Strength and Conditioning Journal* Editor-in-Chief report.
- Dr. Nick Ratamess presented the annual *Journal of Strength and Conditioning Research* Editor-in-Chief report.
- Dr. Nicole Dabbs presented the annual Foundation Board report.

## **DISCUSSION ITEMS, CONTINUED**

- Strategic Planning update was provided.
- Affiliate written reports were provided. Video reports will be sent following this meeting.
- The Board reviewed Diversity and Inclusion Committee Taskforce recommendations.

## **EXECUTIVE SESSION**

Tom James and Jim Lance, NSCA legal counsel joined the meeting for a brief legal update. All staff, with the exception of Michael Massik, Keith Cinea, and Lee Madden left the meeting at 2:30 pm MT.

- Executive Session called at 2:30 pm by Dr. N. Travis Triplett, seconded by Dr. Colin Wilborn - unanimously approved.

Legal counsel left the call 3:11 pm.

- Returned to regular session at 3:11 pm by Dr. N. Travis Triplett, seconded by Darnell Clark, MS – unanimously approved.

Final announcements were made.

The meeting was adjourned at 3:20 pm MT.