

PRESS RELEASE
FOR IMMEDIATE RELEASE

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National Strength and Conditioning Association (NSCA) Celebrates 2020 Terry J. Housh Outstanding Young Investigator Award Winner Gerald T. Mangine, PhD, CSCS,*D, NSCA-CPT,*D, TSAC-F,*D

Colorado Springs, CO – The National Strength and Conditioning Association is proud to announce that Dr. Gerald T. Mangine has been selected as the NSCA’s Terry J. Housh Outstanding Young Investigator Award for 2020. Mangine becomes the 32nd recipient of the award, which has been handed out since 1998. Award winners are selected by a volunteer committee, the NSCA’s Research Committee and past recipients of this award, who determine the winner based on their contributions to the NSCA, their community, and research in strength and conditioning.

Mangine is currently an Assistant Professor in the Department of Exercise Science and Sport Management at Kennesaw State University where he primarily teaches courses on strength and conditioning, research methods, and statistical analysis. He is a strong believer in the NSCA’s mission to bridge the gap between science and application. Prior to earning his PhD at the University of Central Florida, he spent over a decade working in the field as a personal trainer and strength coach, and before that, he was a collegiate athlete. Mangine draws upon those experiences to guide his research so that it advances scientific knowledge and has practical relevance to professionals in the field. His scientific contributions have focused on program design, sport supplementation, athlete testing, and prediction of sports performance.

“Congratulations to Gerald for this well-deserved award,” said Dr. Terry J. Housh. “He has changed many lives and exemplifies what it is to be an NSCA professional. We are proud to have him as a member.”

Due to the cancellation of the year’s National Conference because of the public health concerns of COVID-19, Gerald Mangine will receive special recognition of his 2020 accomplishment at the 2021 Annual NSCA National Conference which will be held next year in Orlando, FL from July 7 – 10. The conference brings together the best of the best from all reaches of the strength and conditioning industry to provide an educational experience unlike any other. From cutting-edge presentations to dynamic hands-on sessions by renowned professors, researchers, strength coaches, and personal trainers, attendees receive the tools to help expand their knowledge and further their careers. The NSCA is the worldwide authority on strength and conditioning, and for more information regarding NSCA and their awards, please visit www.nsc.com.

Media Note: To schedule an interview with the award winner, contact Marketing@nsc.com.

ABOUT THE NATIONAL STRENGTH AND CONDITIONING ASSOCIATION

Founded in 1978, The National Strength and Conditioning Association (NSCA) is a nonprofit association dedicated to advancing the strength and conditioning and related sport science professions around the world.

The NSCA exists to empower a community of professionals to maximize their impact through disseminating evidence-based knowledge and its practical application by offering industry-leading certifications, research journals, career development services, networking opportunities, and continuing education. The NSCA community is composed of more than 60,000 members and certified professionals throughout the world who further industry standards as researchers,



everyone stronger

educators, strength and conditioning coaches, performance and sport scientists, personal trainers, tactical professionals, and other related roles.