

BOARD OF DIRECTORS MEETING MINUTES

SATURDAY, JULY 15, 2023

Meeting location: Octavius 1-3, Caesars Palace, Las Vegas, NV, and Zoom

Members participating in this meeting: Dr. Brent Alvar, Dr. Ian Jeffreys (non-voting), Dr. Jay Dawes, Dr. Disa Hatfield, Mr. Robert Linkul, Dr. Brandon Roberts, Dr. Jaynie Bjornaraa, Mr. Antonio Squillante, and Dr. Ducan French.

Members absent: Ms. Kimberly Koy.

Also present at times: *Board Guest:* Dr. Don Melrose (NSCA Foundation); *NSCA Foundation Staff:* Carissa Gump. *NSCA Staff:* Michael Massik, Lee Madden, and Christina Templeton (Zoom).

The meeting of the NSCA Board of Directors was called to order at 9:00 am Pacific Time (PT) on Saturday, July 15, 2023, by Dr. Brent Alvar, NSCA President. A quorum was present.

FOUNDATION REPORT

- » Dr. Don Melrose, NSCA Foundation President presented the annual Foundation report to the Board.

Dr. Ian Jeffreys left the meeting.

MOTIONS

- » **2023-07-15-01** – Appointment of Board Vice President
Proposed by: Dr. Brent Alvar Vote: Passed
Seconded by: Mr. Robert Linkul
Adopted Motion: That the Board of Directors appoint Disa Hatfield as the Vice President of the Board of Directors.
- » **2023-07-15-02** – Appointment of Board Secretary/Treasurer
Proposed by: Dr. Brent Alvar Vote: Passed
Seconded by: Mr. Robert Linkul
Adopted Motion: That the Board of Directors appoint Jaynie Bjornaraa as the Secretary/Treasurer of the Board of Directors.

ANNOUNCEMENTS

- » Details to follow for the Board orientation and the fall meeting.
- » Board Liaisons were assigned to Committees and Professional Development Groups

The meeting was adjourned July 15, 2023, at 10:05 am PT.