

## COLLEGE — FIELD HOCKEY

### Converse University

#### KILEE BRADEEN

#### Forward/Midfield

#### Junior

Kilee is an outstanding Field Hockey athlete who not only puts everything into strength training, but she crushes the conditioning sessions on the field as well as our weekly speed training sessions. She has been both hand timed and through an electronic timing system as running a sub 5 second 40 yard dash, and she is affectionately known as “Lickety Split” for her speed. Kilee is also exceptional in the classroom and is also known around campus for her community service. ~Kevin Darlington

### Drexel University

#### LIZ CHIPMAN

#### Midfield

#### Senior

Liz has worked extremely hard in all areas of our strength and conditioning program to improve her individual athleticism. Liz’s work ethic, discipline and attitude embody what the Drexel University strength and conditioning program is all about. It has been a privilege to work with such an amazing young woman. ~Michael Rankin

### Hobart and William Smith Colleges

#### HANNAH HUSTON

#### Defense

#### Senior

Since her first day on campus, Hannah Huston has shown and demonstrated a love and dedication to the weight room. Her passion for lifting is contagious and throughout her career here, she could often be caught doing extra work or empowering her teammates to push themselves.

During her sophomore year, she endured a devastating season-ending injury. While most people focus on the negative, Hannah spent her time in the weight room creatively finding ways to continue to build her strength. As a senior for WS Field Hockey she is ending her career with being a All-Conference Second Team Player, 4x Honor Roll Selection, Defensive Player of the Week, and having started all 19 games this season. Her strength accolades include 240 lb. back squat, 140 lb. bench press, and a 300 lb. deadlift. Hannah is truly a special person and has grown into a tremendous leader, our program is fortunate for having been able to coach her these 4 years. ~Brittany Krivicich

### Mount Holyoke College

#### RACHEL KATZENBERG

#### Goalie

#### Senior

Since the very beginning of my time at MHC, Rachel has been a cornerstone of our strength and conditioning program. From day one, she has shown consistency, dedication, and an unwavering commitment to improvement. Over the years, she has not only pushed herself to new heights but has also played a crucial role in fostering a culture of excellence by guiding and supporting other athletes. Her relentless work ethic is evident in every session—whether it's in the weight room, on the turf, or in SAAC meetings. She leads by example, always bringing intensity, focus, and a willingness to do the extra work that separates good from great. She has been an invaluable presence, helping to shape the next generation of student-athletes with her encouragement and leadership. ~Jay Mendoza

## COLLEGE — FIELD HOCKEY

### Saint Joseph's College of Maine

#### KASSIDY COLLINS

##### Goalkeeper

##### Senior

Kassidy has exemplified tremendous commitment in her years at Saint Joseph's. She is always seeking new challenges and exercises. As a goalkeeper, she has been just as fit (and even fitter) than many field players on her team. Kassidy is a very deserving recipient of this award. ~Jameson Collins

### Springfield College

#### RORY MCGINLEY

##### D

##### Sophomore

Rory is an incredibly hard worker and pushes her teammates to be better. Mentally, she is able to handle whatever physical challenges I throw at her. She is constantly striving to be better so that she can be the best version of herself. ~Griffin Weidler

### Trinity College

#### ANNIKA "AJ" DYCZKOWSKI

##### Defence

##### Senior

She is a worker, a captain and joy to have around. She always gives it her all. ~William DeLongis

### University of Connecticut

#### JULIA BRESSLER

##### Forward

##### Junior

Julia cares about and is committed to the process. She is determined to improve. Over the course of the 2 years I've been with the team, she went from middle of the pack performance testing wise, to top 5, to 1st. She has made impressive progress in all the

physical qualities of speed, strength, power, & endurance. However, Julia has not only focused on and improved herself, she is there for her teammates as well with great energy, attitude, passion, effort, and accountability. Julia is an excellent example of determination, consistency, leadership, and the results from those things. She is a fantastic representative for this award.

~Michael Rozzi

### University of Southern Maine

#### ELEANOR FOLSOM

##### Goalie

##### Junior

Great dedication to training all year. Much improved technical and strength levels.

~James Giroux

### Washington and Lee University

#### MADDY DUGGLEBY

##### Midfielder

##### Senior

While her position did not require/allow her to compile a lot of stats, she did play a critical role in transitions and was a key contributor to both offensive and defensive corner units. Aided the team in having a 5th consecutive double digit win season. ~Aron Gibson