



Board of Directors Meeting Minutes

Wednesday, July 6, 2016

Hyatt Regency Hotel, Strand 10, New Orleans, LA

This meeting was called to order at 7:32am CDT on Wednesday, July 6, 2016 by NSCA President, Dr. G. Gregory Haff.

Participating in the meeting were: NSCA President, Dr. G. Gregory Haff; Vice-President, Dr. Colin Wilborn; Secretary-Treasurer, Dr. Joel Cramer; Dr. David Joyner; Dr. Todd Miller; Patrick McHenry, MA; Dr. Michael Miller; Dr. Brad Schoenfeld; and Dr. David Szymanski.

Also present: Michael Massik, Executive Director; Lee Madden, Sr. Director of Finance and Administrative Services; Carwyn Sharp, Chief Science Officer; Natasha Porter, Executive Assistant.

- I. NSCA Annual Auditor's Report – Jill Goodwin, Auditor**
 - a. The NSCA Board of Directors reviewed the financial audit report provided by Jill Goodwin, Auditor in detail.

- II. NSCA Foundation Annual Report – Dr. Tammy Evetovich**
 - a. Dr. Tammy Evetovich, NSCA Foundation President provided an overview of grants and scholarships awarded for the 2016-2017 year.

- III. Strategic Plan Report – Michael Massik, Executive Director**
 - a. An overview of the four categories developed at the 2016 Strategic Planning: community, communication, advocacy, and professional development was provided.

- IV. Executive Session**

A Motion was made by Dr. Colin Wilborn seconded by Dr. Todd Miller to move into Executive Session at 9:15am CDT.

A motion was made by Dr. Todd Miller seconded by Dr. Colin Wilborn to move back into Open Session at 10:30am CDT.

- V. Affiliate Reports**
 - a. Dr. Antonio Urso, NSCA Italy President and Dr. Carlo Varaldo, NSCA Italy Executive Director addressed the Board on behalf of NSCA Italy.
 - b. Ryoji Abe, NSCA Japan Executive Director addressed the Board on behalf of NSCA Japan. Two NSCA Japan Board Members were also present: Kazuhiro Yonezawa and Tomoko Kitami.



- c. Dr. Wanki Lim, NSCA Korea Executive Director addressed the Board on behalf of NSCA Korea.
- d. Pan Chun Hao, NSCA Shanghai Executive Director and Wang Yi, NSCA Shanghai Executive Director addressed the Board on behalf of NSCA Shanghai.
- e. Dr. David Garcia-Lopez, NSCA Spain President and Eduardo Soria, NSCA Spain Executive Director addressed the Board on behalf of NSCA Spain.

VI. JSCR Annual Report – Dr. William Kraemer

- a. Dr. William Kraemer provided the annual report.

VII. SCJ Annual Report – Dr. Jeff Chandler

- a. Dr. Jeff Chandler provided the annual report.

VIII. Discussion Items, Motions, & Follow-up Reports

Discussion Items:

- 1. Brazil
 - a. Dr. Brad Schoenfeld led a discussion about a proposed Brazil conference.
- 2. Membership Committee
 - a. Dr. Joel Cramer introduced the idea of having a student member on committees.

Motion Resolutions:

2016-07-06-01

PASSED UNANIMOUSLY

Topic:..... Budget Variance for Redesign of NSCA Website
Motion Proposed By:..... Dr. G. Gregory Haff
Motion Seconded By:..... Patrick McHenry, MA
Proposed Motions: The Board moves to approve the budget variance for the update of the NSCA website. The additional budgeted expense will be \$140,000, bringing the approved budget to a deficit of (\$121,511).
Adopted Resolution: The Board moves to approve the budget variance for the update of the NSCA website. The additional budgeted expense will be \$140,000, bringing the approved budget to a deficit of (\$121,511).
Staff Support:..... Wayne Rivinius, Sr. Director of Technology



2016-07-06-02

PASSED UNANIMOUSLY

- Topic:**..... Acceptance of Audit and Appointment of Auditor for FY 3/31/17
- Motion Proposed By:**..... Dr. Joel Cramer
- Motion Seconded By:** Dr. Brad Schoenfeld
- Proposed Motions:** The Board moves to accept the audit as presented by Jill Goodwin and to appoint Waugh & Goodwin, LLP as auditors for FY 3/31/17.
- Adopted Resolution:** The Board moves to accept the audit as presented by Jill Goodwin and to appoint Waugh & Goodwin, LLP as auditors for FY 3/31/17.
- Staff Support:**..... Lee Madden, Sr. Director of Finance and Administrative Services

Follow-up Reports

1. Youth Strength & Conditioning Certificate
 - a. An overview of the activities of the Youth Working Group was provided.
2. Evidence-based Practice
 - a. An overview of standardization was reviewed.
3. Personal Trainer Recognition
 - a. The Board of Directors reviewed the nomenclature for RCPT, and based on staff recommendations, approved the change of name to Recognized Certified Personal Trainer.

Dr. G. Gregory Haff adjourned the meeting at 4:18pm CDT.