



Board of Directors Meeting Minutes
Thursday, July 7, 2016
Hyatt Regency Hotel, Strand 10, New Orleans, LA

This meeting was called to order at 7:34am CDT on Thursday, July 7, 2016 by NSCA President, Dr. G. Gregory Haff.

Participating in the meeting were: NSCA President, Dr. G. Gregory Haff; Vice-President, Dr. Colin Wilborn; Secretary-Treasurer, Dr. Joel Cramer; Dr. David Joyner; Dr. Todd Miller; Patrick McHenry, MA; Dr. Michael Miller; Dr. Brad Schoenfeld; and Dr. David Szymanski.

Also present: Michael Massik, Executive Director; Carwyn Sharp, Chief Science Officer; Natasha Porter, Executive Assistant.

Motion Resolutions:

2016-07-07-01 PASSED UNANIMOUSLY

Topic:..... Approval of April 6, 2016 Meeting Minutes
 Motion Proposed By:..... Dr. G. Gregory Haff
 Motion Seconded By:..... Dr. Todd Miller
 Proposed Motions: That the Board of Directors approves the April 6, 2016 Meeting Minutes as presented.
 Adopted Resolution: That the Board of Directors approves the April 6, 2016 Meeting Minutes as presented.
 Staff Support:..... Natasha Porter, Executive Assistant

2016-07-07-02 TABLED

Topic:..... Approval of Employee Handbook
 Motion Proposed By:..... Dr. Joel Cramer
 Motion Seconded By:..... Patrick McHenry, MA
 Proposed Motions: The Board moves to approve the Employee Handbook as presented.
 Adopted Resolution:
 Staff Support:..... Lee Madden, Sr. Director of Finance and Administrative Services



2016-07-07-03

PASSED UNANIMOUSLY

Topic:..... Sale of MetLife Stock
 Motion Proposed By:..... Dr. Joel Cramer
 Motion Seconded By: Dr. David Szymanski
 Proposed Motions: The Board moves that NSCA sell the shares of MetLife stock held in the name of NSCA Certification Commission.
 Adopted Resolution: The Board moves that NSCA sell the shares of MetLife stock held in the name of NSCA Certification Commission.
 Staff Support:..... Lee Madden, Sr. Director of Finance and Administrative Services

2016-07-07-04

PASSED UNANIMOUSLY

Topic:..... Approval of New Committee Members: Women’s, Conference, & TSAC-F Exam Development
 Motion Proposed By:..... Dr. G. Gregory Haff
 Motion Seconded By: Dr. Brad Schoenfeld
 Proposed Motions: That the Board of Directors approves the new Women’s Committee members, Conference Committee members and TSAC-F Exam Development Chair.
 Adopted Resolution: That the Board of Directors approves the new Women’s Committee members, Conference committee members and TSAC-F Exam Development Chair.
 Staff Support:..... Michael Massik, Executive Director

2016-07-07-05

PASSED UNANIMOUSLY

Topic:..... Working group for CSCS coaches in secondary school settings
 Motion Proposed By:..... Patrick McHenry, MA
 Motion Seconded By: Dr. Todd Miller
 Proposed Motions: That the Board form a working group of NSCA members to develop materials and programs that will support our community in advocating for certified strength and conditioning coaches in the secondary school setting.
 Adopted Resolution: That the Board form a working group of NSCA members to develop materials and programs that will support our community in advocating for certified strength and conditioning coaches in the secondary school setting.
 Staff Support:..... Keith Cinea, Publications and Education Director



2016-07-07-06 - AMENDED

PASSED UNANIMOUSLY

Topic:..... Revised NSCA Volunteer Handbook
 Motion Proposed By:..... *Original and Amended by Dr. Joel Cramer*
 Motion Seconded By: *Original - Dr. Michael Miller / Amended - Patrick McHenry, MA*
 Proposed Motions: That the Board approves the revised NSCA Volunteer Handbook.
 Adopted Resolution: That the Board approves the NSCA Volunteer Handbook pending legal counsel signoff.
 Staff Support:..... Scott Douglas, Sr. Director of Membership & Business Development

2016-07-07-07 - AMENDED

PASSED BY A VOTE OF 7,
 1 RECUSAL (Dr. Joel Cramer)
 1 ABSTAIN (Dr. Brad Schoenfeld)

Topic:..... Fellow Approval
 Motion Proposed By:..... *Original - Dr. David Szymanski / Amended – Dr. G. Gregory Haff*
 Motion Seconded By: *Original - Dr. Todd Miller / Amended - Dr. G. Gregory Haff*
 Proposed Motions: That the Board of Directors approves Dr. Abbie Smith-Ryan, Dr. Chad Kerksick, and Dr. Steve Bliss as 2016 Fellows of the NSCA as recommended by the Fellow Review Committee.
 Adopted Resolution: That the Board of Directors approves Dr. Abbie Smith-Ryan as a Fellow of the NSCA.
 Staff Support:..... Lee Madden, Sr. Director of Finance and Administrative Services

2016-07-07-08 - AMENDED

PASSED BY A VOTE OF 6,
 2 RECUSAL (Dr. Joel Cramer and Dr. David Joyner) and 1 ABSTAIN (Dr. Colin Wilborn)

Topic:..... Separation of the Research and Education Committee
 Motion Proposed By:..... Dr. Colin Wilborn
 Motion Seconded By: Patrick McHenry, MA
 Proposed Motions: That the Board of Directors approves to separate the Research and Education Committee to a Research Committee and an Education Committee.
 Adopted Resolution: That the Board of Directors approves to separate the



Research and Education Committee to a Research Committee and an Education Committee.

Staff Support:..... Keith Cinea, Publications and Education Director

2016-07-07-09

POSTPONED

Topic:..... Criteria Sheets and Policy and Procedures to be updated by all awards Committees/Special Interest Groups.

Motion Proposed By:..... Dr. G. Gregory Haff

Motion Seconded By: Patrick McHenry, MA

Proposed Motions: That the Board of Directors approves to require all Award Committees to re-evaluate the criteria/evaluation sheets; replace the minimum point categories with maximum point categories; clearly define necessary requirements; remove all unnecessary and/or outdated language in order to make the entire awards submission of necessary materials and evaluation process to ensure an unbiased and objective evaluation system.

Adopted Resolution:

Staff Support:..... Natasha Porter, Executive Assistant

A Motion was made by Dr. G. Gregory Haff seconded by Dr. Brad Schoenfeld to move into Executive Session at 8:30am CDT.

A motion was made by Dr. Brad Schoenfeld seconded by Dr. G. Gregory Haff to move back into Open Session at 9:15am CDT

Dr. G. Gregory Haff adjourned the meeting at 9:20am CDT