

NSCA Personal Trainer of the Year Award Policy and Procedures

Current rev. July 2019

Procedure:

1. The NSCA will market and solicit nominees from NSCA membership.
2. Nominees must meet the General Award Criteria requirements (<https://www.nasca.com/Membership/Awards/>).
3. Nominees must meet the Eligibility Requirements and the minimum category requirements stated in the Criteria Sheet of the award to be considered.
4. The nominee shall provide the completed criteria sheet, cover letter, resume or CV, and supporting documentation of involvement, activities and awards to the NSCA National Headquarters by the requested deadline.

Selection Process:

1. The process for selection shall be as follows:
 - a. Nominations must be received before the established deadline.
 - b. NSCA Headquarters will verify of eligibility requirements, minimum category requirements, and overall points for nominees have been met.
 - c. Qualified nominees will be notified.
 - i. If there are no qualifying nominees, the award will not be given.
 - d. Top three nominees based on points for the award will be sent to the Personal Trainers SIG Chair. The Chair will:
 - i. Determine if any of the nominees are part of the current Executive Council.
 1. If none are, the Chair will submit the nominees to the Council for vote. The Chair may participate in this vote.
 2. If members of the Council have been nominated and rank in the top three, the Chair will create an impartial Task Force of five to vote on the winner. The Chair may not participate in this vote.
 - a. The Task Force will be comprised of >50% Chair selected NSCA members and <50% past award winners.
 - ii. If the Chair is a nominee:
 1. The top three nominees will be submitted to the Chair of the Membership Committee for committee vote.
 2. The Chair will notify NSCA Headquarters and the Awards and Honors Committee Chair of recipient. The Executive Council will not notify the selected recipient.
2. The Awards and Honors Committee Chair will:
 - a. Notify the Board of Directors of the recipient.
3. The NSCA Headquarters will:
 - a. Notify the recipient of the award.
 - b. Send regret notifications.
 - c. Create a Press Release announcement of the winner.
 - d. Will verify attendance at the National Conference awards banquet.

**NSCA Personal Trainer of the Year Award
Criteria Sheet
Covering the Past 5 Calendar Years**

Name of Nominee: _____

Criteria	Value of Item	Points Awarded
Prerequisite Criteria (all required)		
Current Member for 2 consecutive years	Required	NA
NSCA-CPT or CSCS	Required	NA
Resume or CV received	Required	NA
20 hrs/wk minimum as PT	Required	NA
3 Letters of recommendation from certified NSCA members in good standings	Required	NA
Objective Points		
General Criteria		NA
Years of Certification –	For each 3 years CSCS, CPT, or dual certified beyond first 3 years (1 point).	
RCPT; *D; *E	5 pts; 10 pts; 15 pts	
Additional NSCA certification(s); *D	3 pts ea.; +1pt	
FNSCA	3 pts	
Associates degree (select only one degree)	1 pt	
Bachelor’s degree (select only one degree)	2 pt	
Master’s degree (select only one degree)	3 pts	
Doctorate degree (select only one degree)	4 pts	
Subtotal	No minimum	
NSCA Involvement (Documentation Required)		
NSCA Regional Coordinator	5 pts	
NSCA State Director	4 pts	
NSCA Committee Chair	3 pts	
NSCA Committee member	2 pts	
SIG Chair/Executive Council	1 pts	
Attended NSCA Annual Conference	3 pts	
NSCA National Conference Volunteer	3 pts	
Attended NSCA Symposia	2 pts ea.	
Attended NSCA Regional Clinic	2 pts	
Attended NSCA State Clinic	1 pt	
NSCA Awards	1 pt ea.	
Subtotal	6 pts minimum	
Educational/Training Activities as it relates to Personal Training (Documentation Required)		
Hosted NSCA certification exam or exam prep	1 pt per yr (for 1 or more	

	exams hosted)	
Hosted an NSCA approved conference, symposia, or clinic	(2 points/each)	
Hosted community fitness symposia	2 pts ea. (6 pts Max)	
Developed a Personal Training Course currently being taught HS/College	2 pts/course	
Currently Teaching Personal Training Course HS/College	2 pts/course	
Subtotal	No minimum	
Publications as it relates to Personal Training (Documentation Required)		
Editor for JSCR/SCJ/PTQ/TSAC/NSCA Coach	3 pts ea.	
Book or chapter editor	3 pts ea.	
Author/Co-author for JSCR or SCJ	3 pts ea.	
Author/Co-author for PTQ/TSAC/NSCA Coach	3 pts ea.	
Reviewer for JSCR/SCJ/PTQ/TSAC/NSCA Coach	1 pt per 3 article	
Author/Co-author Non-NSCA peer reviewed article	2 pt ea. (4 pts max)	
Fitness Industry Publications (non-peer reviewed)	2 pt ea. (4 pts Max)	
Subtotal	2 pts minimum	
Presentations as it relates to Personal Training (Documentation Required)		
NSCA Annual Conference	2 pts ea	
NSCA Pre-con, Symposia, From the Field	1 pt ea	
NSCA Regional/State Clinic	1 pt ea	
NSCA Pod-cast, webinar, or video	1 pt ea	
Non-NSCA Presentations	1 pt ea. (5 pts max)	
Subtotal	4 pts minimum	
Miscellaneous Category as it relates to Personal Training (Documentation Required)		
Volunteer coaching, after-school education, etc.	1 pt ea. (6 pts max)	
State and Local Involvement – Boards, Committees, Councils that promote strength and conditioning or personal training.	1 pt ea. (5 pts max)	
Non-NSCA Personal Training Awards	1 pt ea. (5 pts max)	
Subtotal	No minimum	
Objection Subtotal	12 pts minimum	
Subjective Points for Tie Breaking		
Professional Recommendations		
Letter 1	Up to 3 pts	
Letter 2	Up to 3 pts	
Letter 3	Up to 3 pts	
Subtotal	3 pts minimum	
Total Objective		
Total Subjective		
Grand Total	18 pts minimum	