

PRESS RELEASE
FOR IMMEDIATE RELEASE

July 1, 2021

National Strength and Conditioning Association (NSCA) Celebrates 2021 Educator of the Year Award Winner Paul Comfort, PhD, CSCS,*D

Colorado Springs, CO – The National Strength and Conditioning Association is proud to announce that Dr. Paul Comfort has been selected as the NSCA’s Educator of the Year for 2021. Dr. Comfort becomes the 18th recipient of the award, which has been handed out since 2002. The NSCA’s Education Committee and past recipients select the award winner based on their contributions to education and clinical application of strength training and conditioning, the NSCA, and their community.

Dr Paul Comfort is a Reader in Strength and Conditioning and programme leader for the MSc Strength and Conditioning at the University of Salford. He is also an adjunct professor at Edith Cowan University. Paul is a founder member and accredited member of the UKSCA and currently a board member of the NSCA. He has authored / co-authored >150 peer reviewed journal articles along with numerous book chapters.

Dr. Paul Comfort will receive special recognition of his accomplishment at the NSCA National Conference, which will be held in Orlando, FL from July 7-10. The conference brings together the best of the best from all reaches of the strength and conditioning industry to provide an educational experience unlike any other. From cutting-edge presentations to dynamic hands-on sessions by renowned professors, researchers, strength coaches, and personal trainers, attendees receive the tools to help expand their knowledge and further their careers. For more information regarding the NSCA and their awards, please visit www.nasca.com.

Media Note: To schedule an interview with an award winner, contact Marketing@nsca.com.

ABOUT THE NATIONAL STRENGTH & CONDITIONING ASSOCIATION

Founded in 1978, The National Strength and Conditioning Association (NSCA) is a nonprofit association dedicated to advancing the strength and conditioning and related sport science professions around the world.

The NSCA exists to empower a community of professionals to maximize their impact through disseminating evidence-based knowledge and its practical application by offering industry-leading certifications, research journals, career development services, networking opportunities, and continuing education. The NSCA community is composed of more than 60,000 members and certified professionals throughout the world who further industry standards as researchers, educators, strength and conditioning coaches, performance and sport scientists, personal trainers, tactical professionals, and other related roles.