

## HIGH SCHOOL — CHEERLEADING

### Eastchester UFSD

#### ANNIE MCLOUGHLIN

##### Senior

Annie McLoughlin has been a dedicated three sport athlete in the Eastchester Strength program for four years and fully embraces year round training as a foundation of her success. She consistently trains in season and out of season and sets the standard in the weight room through effort, accountability, and leadership. Teammates naturally follow her example because of the consistency and intent she brings every day.

A two time varsity captain, as well as varsity lacrosse and cheer captain, Annie leads both through performance and character. During her two years as cheer captain, she helped lead her team to two state championships. She also serves as Executive President of the Athletic Council, promoting sportsmanship and unity across all athletic programs.

Her accomplishments include 4x All American, 4x All League, and 3x All Section honors, reflecting how her commitment to preparation translates directly to performance. Annie represents the culture of the Eastchester Strength program and is a highly deserving candidate for NSCA Strength & Conditioning Athlete of the Year. ~Shane O'Connor

### Ezell-Harding Christian School

#### ARYA LOCKLAYER

##### Base

##### Senior

From day one, Arya has been committed to becoming the best version of herself. She is laser-focused in everything she does. When she walks into the weight room, she understands the standard,

knows what needs to get done, and executes with intent.

As one of the few female athletes in the advanced group, she consistently rises to the challenge and pushes to elevate her performance. Over the years, she has developed into one of the strongest athletes in the weight room, and that strength has translated directly to success in competition—contributing to her team finishing in the top 15 in the country this year. ~Justin Loudon

### Rock Creek High School

#### FRANKIE WEBSTER

##### Senior

Frankie has been and continues to improve herself as a student athlete through her dedication to strength and conditioning. She has attained a tremendous amount of personal and athletic improvement through that dedication. ~Mark Oberkrom

### Tuckahoe High School

#### QUINN KILGALLEN

##### Junior

Quinn has been a constant presence in our Strength & Conditioning program since the summer, showing up every day and never letting up. Her dedication to her craft, relentless work ethic, and commitment to continuous improvement truly set her apart. She leads by example, brings positive energy into the weight room daily, and motivates those around her without ever seeking the spotlight. I'm grateful to have met her and to have shared the weight room with her. Quinn has been an outstanding addition to the girls' lifting program and has made a lasting impact on the culture of our weight room. ~Enrique Rosario