



# NSCA CPSS Eligibility

## Part-Time Applied Experience Form



As part of the CPSS exam application, this form is used to document the minimum 12 weeks (480 hours) of applied sport science-related professional experience. This form is **ONLY accepted for applicants taking the graduate-level eligibility route**. Candidates with doctoral degrees in qualifying fields **DO NOT** need to complete this form. See program information for more details.

Dr.  Mr.  Ms.  Mrs.  Mx. First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Last Name \_\_\_\_\_

NSCA ID# \_\_\_\_\_ *If you don't have an NSCA ID#, create a free account at NSCA.com/User-Registration*

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

Email Address \_\_\_\_\_ Date of Birth \_\_\_\_\_

### DIRECTIONS FOR APPLICANT – PLEASE READ AND HAVE THIS SECTION COMPLETED BY YOUR SITE SUPERVISOR / ADVISOR

#### Qualifying Internships, Fellowships, Graduate Assistantships and Part-Time Employment:

Signed affirmation is required either by a site supervisor or academic advisor (specific to for-credit and on-campus internships) according to the requirements listed throughout this form.

#### Signed Affirmation Form:

This form includes signed affirmation of a single supervised applied practitioner experience in a sport science-related field. Applicants may submit multiple forms to fulfill the minimum time requirements for eligibility.

**Qualifying internship, fellowship, graduate assistantship or part-time work areas – check ONE box below based on the title or primary job responsibilities of the internship, fellowship, graduate assistantship, or part-time employment being reported on this form.**

- Strength and conditioning (personal training and work with general population DOES NOT qualify)
- Sport/tactical athlete rehabilitation (e.g., sports medicine)
- Sport/tactical athlete nutrition
- Performance/sport-related data analytics
- Performance/sport-related testing/monitoring/technology (e.g., film and video analysis)
- Applied physiology/biomechanics laboratory
- Performance psychology/mental skills coaching

### DIRECTIONS FOR SITE SUPERVISOR OR ADVISOR – PLEASE READ BELOW BEFORE SIGNING:

Qualifying applied practitioner experiences **MUST BE** a formal internship, fellowship, graduate assistantship, for-credit or non-credit hands-on performance laboratory work experience, formal documented volunteer experience, or part-time employed practitioner experience.

**Qualifying applied practitioner experiences require the CPSS applicant to be involved with ALL of the following processes:**

- Daily hands-on work and interaction with team, individual sport, and/or tactical athletes
- Conducting regular athlete performance testing/monitoring
- Data collection, processing, analysis, and reporting
- Use and direct application of performance technology

**Supervisors/advisors must be CPSS certified, or appropriately certified/licensed in their field (e.g., CSCS, ATC, PT, RD, CMPC). The NSCA recognizes NCCA accredited credentials and international equivalent accreditations and licenses.**

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By signing below, I verify my direct oversight over the CPSS applicant (list name) \_\_\_\_\_,  
in completing approved applied practitioner experience at (list team/institution) \_\_\_\_\_, **AND** that the  
actual experience of the CPSS candidate listed above meets the above listed requirements.

List the CPSS applicant's official job/position title: \_\_\_\_\_

Unless specifically noted, my signed affirmation documents that the above-listed field experience meets the full 12-week (480-hour) requirement to be eligible for the CPSS exam. The 12-week (480-hour) total may reflect the comprehensive work performed including working with athletes, daily staff meetings, staff project collaborations, preparation, planning and set-up, staff in-services/workshops/training, and data analysis/reporting.

If the CPSS applicant's experience did not fulfill the full 12-week (480-hour) requirement, how many weeks/hours of applied practitioner experience did the candidate complete at your site (list total weeks/hours or write "n/a")? \_\_\_\_\_

Supervisor / Advisor Name \_\_\_\_\_ Credentials \_\_\_\_\_

Job Title \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_