Drexel University Lawrence Lindawan

Position: Head Cheer Captain

Senior

Lawrence has worked extremely hard in all areas of our strength and conditioning program to become bigger, faster, and stronger. Lawrence's work ethic, discipline, and attitude embody what the Drexel University strength and conditioning program is all about. It has been a privilege to work with such an amazing young man. ~Anthony McCloksey

South Dakota State University Brianna Vig

Position: Cheerleading

Junior

Brianna Vig has a tireless work ethic, she is extreme tough, is very intelligent and has high character. She has pushed her body to the physical limits. Over her 3 years of being on campus her personal best Power Clean is 165lbs. and Bench Press is 127lbs. while her Squat of 241lbs. She has been a captain on the All-Girl Cheerleading team the past 2 years. She is majoring in Sports & Recreation Management. This current semester she is also interning with our marketing department. In addition to her involvement with South Dakota State University cheerleading, she also is employed with National Cheerleaders Association as a head instructor. Her hard work, determination and resiliency will benefit her in success of her future endeavors. ~Andre McIntvre