



# OLYMPIC WEIGHTLIFTING



## **Appleton North High School**

**Jaden Burgess-Eisch**

**Position: Heavyweight**

**Senior**

2-time US champion  
1-time world champion  
1-time state champ  
2-time 2nd place state

Holds 21 state records in multiple weight classes

Too many too list. He is a kid with super high character and has overcome many personal hurdles to be as successful as he is.

All these accomplishments and he didn't even start competing until October of 2015.  
~James Benzschawel

## **Brainerd High School**

**Ellen Hickman**

**Position: 58kg lifter**

**Senior**

She has won our high school Liftathon both her sophomore and junior year, she is defending her title her senior. She holds the school MPPO record at 4.44 which is the max. of the bench, clean and squat and dividing her body wt. into that total. She has qualified for the USA weightlifting state championship all three of her high school year, rate number one both her sophomore and junior years. A straight 4.0 student that has been accepted at the University of Wisconsin next year. ~Chet Stevenson

## **Fletcher High School**

**Kiley Cosentino**

**Position: N/A**

**Sophomore**

Kiley is an amazing athlete with unparalleled work ethic. She is both an Olympic Weightlifter and soccer player.

At the high school level she has won her district as a 50kg weightlifter and as a USAW registered youth athlete she has placed nationally four times and qualified for junior nationals three years in a row.

As a soccer player she plays center mid for both a travel club team and her high school.

Most importantly, Kiley has straight A's and is a leader on and of the platform and playing field.

~Greg Cosentino