

University of Connecticut Micaela Nowacki Position: Bow

Junior

Micaela Nowacki has done nothing but impress since she has joined our program. Most recently, breaking into the programs all time top 5 with her 2k time in addition to posting very impressive maxes. She is constantly challenging both herself and her teammates everyday and puts forth the extra effort by coming in to work on her individual needs, but always with a few teammates in tow. Her desire to improve her maxes has set a standard that her teammates have bought into and are trying to aspire to. Of a roster of approximately 55 she truly stands out. ~Maureen Butler NSCA® NATIONAL STRENGTH AND CONDITIONING ASSOCIATION