



Asheville Christian Academy

Erin Butler

Position: breaststroke

Senior

Erin carries a 3.9 GPA and has been a member of the Strength & Conditioning program for the past 3 years. She has been a leader on our swim team and swims at the club level as well. Erin will be attending Findlay University to swim and received the TBL Christian Scholarship. She will pursue her dream of becoming a nurse in college. She currently hold many school record swims. Erin volunteers with the Special Olympics swim team and is a student mentor at her church. ~Nick Ficker

Cedarburg High School

Erika Remington

Position: Sprint Free; Fly

Junior

Erika is a highly motivated individual who inspires others to emulate her drive and passion both in and out of the water. In the pool, Erika has earned both All-State and All-American honors in her freshman, sophomore, and junior years so far. Her ceaseless determination for success shows in the weight room as well. She is respectfully curious how exercises will make her faster - a trait that helps her develop and maintain an elite level of strength. Her inquisitive personality also carries into the classroom where she holds a 4.3 GPA and is recognized as a three-time Scholar Athlete for Cedarburg High School. I am honored to nominate Erika Remington as an excellent candidate for All-American Strength and Conditioning Athlete of the Year. ~Joe Janzen

Mary's Fitness

Rachel Pietch

Position: Swimmer

Senior

4.0 GPA

AP Scholar with Distinction

National Honors Society

Student Senate

Student to Student

All State Swimming last 3 years

Western Senior Zone Championships &

Northwest Age Group Sectionals Qualifier

Top 5 Swimmer Wyoming last 4 years

2017 Short Course Champion in 400IM

Swim Scholarship to University of Wyoming, 2018

Volunteer at City of Cheyenne pools to teach swimming.

Volunteer at Mary's Fitness in Youth Strength & Conditioning Summer Clinic ~Mary Bushkuhl



Mater Dei High School

Grace Thawley

Position: 2-Meter

Senior

Grace Thawley is everything that a student-athlete should strive to be. A dedicated student in the classroom, who's athletic achievements are matched, if not out shined, by her academic success.

Grace has been one of the top high school Water Polo players in the country for the past four years simply because she has a mindset to excel at every single thing she does. Grace brought a tenacity to every strength and conditioning session that is seldom seen in high school athletes.

A relentless competitor in the pool, and an outstanding scholar in the classroom, Grace is the type of individual all student-athletes should try to emulate.

It is my distinct honor to be able to nominate Grace Thawley as a NSCA All-American.

-Greg Vandermade

Tennessee Aquatics Club

Caleb Harrington

Position: Sprinter

Senior

Caleb is accomplished in his sport, and the classroom, primarily due to his strong work ethic and his dedication to self improvement. He is a team leader in all of our S&C testing categories and is a fine example of a servant-leader for our team. He has won the Tennessee State Championship in the 100 Free, 100 Fly(x3), and 50 Free(x2). He has been named to the Speedo and the NSCA All-American Teams several times, in addition to being named an Academic All-American. Caleb has committed to swim at the University of Georgia. -Britton Leitch