

## 2020 — HIGH SCHOOL — LACROSSE

### CATE SCHOOL

#### Peter Bulkley-Armas

##### Senior

Peter is willing to put in as much work as anyone asks him to do...and then he'll do more just to make sure he can be the absolute best he can be. His is a rare kind of work ethic these days. He is not loud, nor is he a man of many words. But his actions speak volumes, projecting an inspiring message across campus. ~Erik Hansen

### CATE SCHOOL

#### Xander Murray Osborn

##### Sophomore

Every time Xander walks into the weight room, I can be assured of two things. One, he will give his best effort. Two, he will have that infectious "alright, let's get to it today" kind of an attitude that can just as easily be leveraged to crack a (much needed) joke as it can to evoke an inspiring level of effort. As a result, he is a leader in the weight room and someone we rely on quite a bit to further the culture of the program. ~Erik Hansen

### PRINCETON HIGH SCHOOL

#### Benjamin Quinones

##### LSM

##### Senior

Ben is a standout lacrosse player who is a leader on the field, as well as, in the weight room. Ben is the athlete who is early to help set up and late to leave to get extra reps and work in. He is that teammate and person who checks in when they know someone is struggling, is always there to offer encouragement, and holds others accountable. Ben is always striving to improve and his energy and passion to "get better" is contagious to his fellow teammates and student athletes. Ben will be attending American University next year. ~John Torrey

### THE PEDDIE SCHOOL

#### Tyler Wasilewski

##### Defense

##### Senior

A Varsity starter since Freshman year, Tyler had surgery for a torn ACL in March of 2019 during his Junior year. Over the past 12 months, he has persevered to transform his body. It is truly an amazing story. He lost 30 lbs of body fat to a very lean 165 lbs. He rebuilt his body stronger than before the injury to a 275 lbs Bench Press, 335 lbs Squat, a 335 lbs Deadlift for 3 reps, and 12 pull-ups. Many athletes would have used the injury as an excuse. Not Tyler. He is an amazing example of student athlete pushing through a devastating injury and coming out stronger on the other side. He also a strong student in the classroom. ~Mike Volkmar