
BOARD OF DIRECTORS ZOOM MEETING MINUTES – JANUARY 7, 2021

Members participating in this meeting: Dr. N. Travis Triplett, Dr. Brent Alvar (non-voting), Mr. Darnell Clark, Dr. Helen Binkley, Dr. Colin Wilborn, Ms. Kacie Wallace, Dr. Paul Comfort, Dr. Sally Paulson, and Mr. Robert Alejo.

Member absent: Dr. Bret Contreras.

Also present at times: *NSCA Staff:* Michael Massik, Lee Madden, Scott Douglas, Alonso Montiel, Beth Rampelberg, Keith Cinea, and Christina Klingensmith. *Legal Counsel:* Tom James and Jim Lance.

The meeting of the NSCA Board of Directors was called to order at 9:02 am Mountain Time (MT) on Thursday, January 7, 2021 by Dr. N. Travis Triplett, NSCA President. A quorum was present.

CONSENT AGENDA

The following motions were adopted by unanimous consent:

- **2021-01-07-01** – Approval of the October 01, 2020 Meeting Minutes
Adopted Motion: That the Board of Directors approve the October 1, 2020 Board of Directors Meeting Minutes as presented.
- **2021-01-07-02** – Ratify the vote and approve the minutes: Certification Committee Governance
Adopted Motion: That the Board of Directors ratify the vote and approve the minutes of the November 2020 email vote.
- **2021-01-07-03** – Ratify the vote and approve the minutes: Bank motion
Adopted Motion: That the Board of Directors ratify the vote and approve the minutes of the December 2020 email vote.
- **2021-01-07-04** – NSCA Foundation Bylaw amendments
Adopted Motion: That the Board of Directors approve the amendments to the NSCA Foundation Bylaws as presented.

REPORTS OF OFFICERS

President's Report

- The Board's annual self-assessment was reviewed.

MOTIONS, CONTINUED

- **2021-01-07-08** – Employee Handbook charge the Executive Director
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Dr. Helen Binkley
Adopted Motion: That the Board of Directors charge the Executive Director with amending and maintaining the NSCA Employee Handbook so that it aligns with local, state, and federal standards; and to inform the board as changes occur to the Policy.
- **2021-01-07-09** – Accounting Policies and Procedures Charge the Executive Director
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Dr. Helen Binkley
Adopted Motion: That the Board of Directors charge the Executive Director with amending and maintaining the NSCA Accounting Policies and Procedures so that it aligns with local, state, and federal standards; and to inform the board as changes occur to the Policy.

DISCUSSION ITEMS

- Background checks on Committee members were discussed.
- The following NSCA Bylaw amendments were discussed:
 - Eliminating pronoun usage
 - Removing the requirement of having Board Liaison to Special Interest Groups
 - Grammar issues within the Bylaws being resolved without requiring a membership vote
- The Board began the discussion of representative seats on the Board of Directors.

EXECUTIVE SESSION

Tom James and Jim Lance, NSCA legal counsel joined the meeting for a brief legal update and other confidential matters. All staff, with the exception of Michael Massik, Keith Cinea, and Lee Madden left the meeting at 11:00 am MT.

- Executive Session called at 11:00 am MT by Dr. N. Travis Triplett, seconded by Ms. Kacie Wallace - unanimously approved.

Legal counsel left the meeting at 11:29 am MT.

- Returned to regular session at 11:29 am MT by Dr. N. Travis Triplett, seconded by Dr. Colin Wilborn – unanimously approved.

The meeting was adjourned to January 8, 2021 at 11:30 am MT.