

BOARD OF DIRECTORS ZOOM MEETING MINUTES – JANUARY 7, 2021

Members participating in this meeting: Dr. N. Travis Triplett, Dr. Brent Alvar (non-voting), Mr. Darnell Clark, Dr. Helen Binkley, Dr. Colin Wilborn, Ms. Kacie Wallace, Dr. Paul Comfort, Dr. Sally Paulson, and Mr. Robert Alejo.

Member absent: Dr. Bret Contreras.

Also present at times: *NSCA Staff:* Michael Massik, Lee Madden, Scott Douglas, Alonso Montiel, Beth Rampelberg, Keith Cinea, and Christina Klingensmith. *Legal Counsel:* Tom James and Jim Lance.

The meeting of the NSCA Board of Directors was called to order at 9:02 am Mountain Time (MT) on Thursday, January 7, 2021 by Dr. N. Travis Triplett, NSCA President. A quorum was present.

CONSENT AGENDA

The following motions were adopted by unanimous consent:

- 2021-01-07-01 Approval of the October 01, 2020 Meeting Minutes
 Adopted Motion: That the Board of Directors approve the October 1, 2020 Board of Directors Meeting Minutes as presented.
- 2021-01-07-02 Ratify the vote and approve the minutes: Certification Committee Governance Adopted Motion: That the Board of Directors ratify the vote and approve the minutes of the November 2020 email vote.
- 2021-01-07-03 Ratify the vote and approve the minutes: Bank motion
 Adopted Motion: That the Board of Directors ratify the vote and approve the minutes of the December 2020 email vote.
- 2021-01-07-04 NSCA Foundation Bylaw amendments

 Adopted Motion: That the Board of Directors approve the amendments to the NSCA Foundation Bylaws as presented.

REPORTS OF OFFICERS

President's Report

The Board's annual self-assessment was reviewed.

Treasurer's Report

- A brief financial update was provided.
- The Board reviewed the 990.

MOTIONS

• 2021-01-07-05 – Membership Dues Adjustment

Proposed by: Dr. Paul Comfort Vote: Passed

Seconded by: Dr. Sally Paulson

Adopted Motion: That the professional membership dues increase from \$120 to \$130 annually and from \$230 to \$250 for the 2-year, that student membership dues increase from \$65 to \$70, and that CPI membership dues increase from \$349 to \$359* beginning 4/1/21 for new and renewing memberships. *This final amount may change based on final costs of NSCA group insurance.

2021-01-07-06 – Formation of New SIG

Proposed by: Dr. Paul Comfort Vote: Passed

Seconded by: Mr. Robert Alejo

Adopted Motion: That the Board of Directors approve the application to form an NSCA Combat Sports Special Interest Group (SIG) based on the procedure for approving SIGs and as recommended by the Membership Committee.

REPORTS OF COMMITTEES

Women's Committee

The Board discussed developing a mentorship program and more women presenting at National Conference as suggested by the Women's Committee.

Diversity, Equity, and Inclusion Committee

The Leadership Diversity Program Proposal was reviewed. The Board tasked the Committee with continuing its development.

• 2021-01-07-07 – Diversity and Inclusion Name Change

Proposed by: Mr. Darnell Clark Vote: Passed

Seconded by: Dr. Sally Paulson

Adopted Motion: That the Board of Directors amend the name of the Diversity and Inclusion Committee to Diversity, Equity, and Inclusion Committee.

MOTIONS, CONTINUED

• 2021-01-07-08 – Employee Handbook charge the Executive Director

Proposed by: Dr. N. Travis Triplett Vote: Passed

Seconded by: Dr. Helen Binkley

Adopted Motion: That the Board of Directors charge the Executive Director with amending and maintaining the NSCA Employee Handbook so that it aligns with local, state, and federal standards; and to inform the board as changes occur to the Policy.

2021-01-07-09 – Accounting Policies and Procedures Charge the Executive Director

Proposed by: Dr. N. Travis Triplett Vote: Passed

Seconded by: Dr. Helen Binkley

Adopted Motion: That the Board of Directors charge the Executive Director with amending and maintaining the NSCA Accounting Policies and Procedures so that it aligns with local, state, and federal standards; and to inform the board as changes occur to the Policy.

DISCUSSION ITEMS

- Background checks on Committee members were discussed.
- The following NSCA Bylaw amendments were discussed:
 - Eliminating pronoun usage
 - o Removing the requirement of having Board Liaison to Special Interest Groups
 - Grammar issues within the Bylaws being resolved without requiring a membership vote
- The Board began the discussion of representative seats on the Board of Directors.

EXECUTIVE SESSION

Tom James and Jim Lance, NSCA legal counsel joined the meeting for a brief legal update and other confidential matters. All staff, with the exception of Michael Massik, Keith Cinea, and Lee Madden left the meeting at 11:00 am MT.

• Executive Session called at 11:00 am MT by Dr. N. Travis Triplett, seconded by Ms. Kacie Wallace - unanimously approved.

Legal counsel left the meeting at 11:29 am MT.

• Returned to regular session at 11:29 am MT by Dr. N. Travis Triplett, seconded by Dr. Colin Wilborn – unanimously approved.

The meeting was adjourned to January 8, 2021 at 11:30 am MT.