
BOARD OF DIRECTORS ZOOM MEETING MINUTES – JANUARY 8, 2021

Members participating in this meeting: Dr. N. Travis Triplett, Dr. Brent Alvar (non-voting), Mr. Darnell Clark, Dr. Helen Binkley, Dr. Colin Wilborn, Ms. Kacie Wallace, Dr. Paul Comfort, Dr. Sally Paulson, Mr. Robert Alejo, and Dr. Bret Contreras.

Also present at times: *NSCA Staff:* Michael Massik, Lee Madden, and Christina Klingensmith.

The meeting of the NSCA Board of Directors was called to order at 9:03 am Mountain Time (MT) on Friday, January 8, 2021 by Dr. N. Travis Triplett, NSCA President. A quorum was present.

The meeting began without Dr. Bret Contreras.

DISCUSSION ITEMS FROM JANUARY 7, CONTINUED

- The Board concluded the discussion on Board representative seats.

MOTIONS

- **2021-01-08-01** – Coaching Awards Policies and Procedures
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Dr. Sally Paulson
Adopted Motion: That the Board of Directors approve the amendments to the Coaching Awards Policies and Procedures as recommended by the Awards and Honors Committee and Coaching Task Force.
- **2021-01-08-02** – Assistant College Strength and Conditioning Coach of the Year Criteria Sheet
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Dr. Helen Binkley
Adopted Motion: That the Board of Directors approve the amendments to the Assistant College Strength and Conditioning Coach of the Year criteria sheet as recommended by the Awards and Honors Committee and Coaching Task Force.
- **2021-01-08-03** – College Strength and Conditioning Coach of the Year Criteria Sheet
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Dr. Helen Binkley
Adopted Motion: That the Board of Directors approve the amendments to the College Strength and Conditioning Coach of the Year criteria sheet as recommended by the Awards and Honors Committee and Coaching Task Force.

- **2021-01-08-04** – Professional Strength and Conditioning Coach of the Year Criteria Sheet
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Mr. Darnell Clark
Adopted Motion: That the Board of Directors approve the amendments to the Professional Strength and Conditioning Coach of the Year criteria sheet as recommended by the Awards and Honors Committee and Coaching Task Force.
- **2021-01-08-05** – Tactical Strength and Conditioning Professional of the Year Eligibility Requirement
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Dr. Helen Binkley
Adopted Motion: That the Board of Directors approve the amendments to the Tactical Strength and Conditioning Professional of the Year eligibility requirement from CSCS to TSAC-F or CSCS as recommended by the Tactical Task Force.

Dr. Bret Contreras joined the meeting.

DISCUSSION ITEMS AND FOLLOW-UP REPORT

- Creating a criteria sheet for the NSCA Impact Award was discussed.
- Amending the Alvin Roy criteria sheet was discussed.
- **2021-01-08-06** – Alvin Roy Award for Career Achievement
Proposed by: Dr. N. Travis Triplett Vote: Passed
Seconded by: Dr. Paul Comfort
Adopted Motion: (That the Board of Directors) suspend the use of the Alvin Roy Award criteria sheet so amendments can be made and take a Board vote without the sheet.
- The ad-hoc committee amendments to the Boyd Epley Award for Lifetime Achievement were reviewed. Final changes will be presented at the April meeting.
- A follow-up report on Establishing, Maintaining, and Discontinuing NSCA Awards was presented and reviewed by the Board.

EXECUTIVE SESSION

The Board enter executive session to discuss Career Award nominations at 11:00 am MT. NSCA Staff Michael Massik and Christina Klingensmith were present.

- Executive Session called at 11:00 am MT by Dr. N. Travis Triplett, seconded by Dr. Paul Comfort - unanimously approved.
- Returned to regular session at 11:37 am MT by Dr. N. Travis Triplett, seconded by Dr. Sally Paulson – unanimously approved.

Final announcements were made.

The meeting was adjourned at 11:44 am MT.