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# BOARD OF DIRECTORS ZOOM MEETING MINUTES – MARCH 30, 2021

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**Members participating in this meeting:** Dr. N. Travis Triplett, Dr. Brent Alvar (non-voting), Mr. Darnell Clark, Dr. Helen Binkley, Dr. Colin Wilborn, Ms. Kacie Wallace, Dr. Paul Comfort, Dr. Sally Paulson, and Mr. Robert Alejo.

**Member absent:** Dr. Bret Contreras.

**Also present at times:** *NSCA Staff:* Michael Massik, Lee Madden, Scott Douglas, Virginia Meier, Keith Cinea, and Christina Templeton. *Legal Counsel:* Tom James and Jim Lance.

The meeting of the NSCA Board of Directors was called to order at 12:02 pm Mountain Time (MT) on Tuesday, March 30, 2021 by Dr. N. Travis Triplett, NSCA President. The meeting began without Mr. Robert Alejo. A quorum was present.

## **CONSENT AGENDA**

The following motions were adopted by unanimous consent:

- **2021-03-30-01** – Approval of the January 7, 2021 Meeting Minutes  
**Adopted Motion:** That the Board of Directors approve the January 7, 2021 Board of Directors Meeting Minutes as presented.
- **2021-03-30-02** – Approval of the January 8, 2021 Meeting Minutes  
**Adopted Motion:** That the Board of Directors approve the January 8, 2021 Board of Directors Meeting Minutes as presented.
- **2021-03-30-03** – Approval of the January 8, 2021 Executive Session Meeting Minutes  
**Adopted Motion:** That the Board of Directors approve the January 8, 2021 Board of Directors Executive Session Meeting Minutes and make them public.
- **2021-03-30-04** – Approval of NSCA Foundation Board Members  
**Adopted Motion:** That the Board of Directors approve Dr. Don Melrose and Dr. Kristen Snyman as new members to the NSCA Foundation Board.
- **2021-03-30-05** – Approval of the Awards and Honors Committee Members  
**Adopted Motion:** That the Board of Directors approves Alexis Batrakoulis as Awards and Honors Committee member, as well as a second term for Ashley Jones.
- **2021-03-30-06** – Approval of Second Term for Certification Committee Members  
**Adopted Motion:** That the Board of Directors approves second terms for Certification Committee members Ashley Jones and Kevin McCurdy.
- **2021-03-30-07** – Approval of Conference Committee Members  
**Adopted Motion:** That the Board of Directors approves second terms for Conference Committee members Morey Kolber and Bryan Mann.



- 2021-03-30-19** – Postponement of New NSCA Fellow  
 Proposed by: Dr. Colin Wilborn Vote: Passed  
 Seconded by: Dr. Helen Binkley  
**Adopted Motion:** To postpone and consider William Hanney’s fellowship at the July meeting.
- 2021-03-30-20** – Approval of NSCA Impact Award Criteria  
 Proposed by: Dr. N. Travis Triplett Vote: Passed  
 Seconded by: Dr. Helen Binkley  
**Adopted Motion:** That the Board of Directors approve the NSCA Impact Award criteria.
- 2021-03-30-21** – Approval of Revisions to the Alvin Roy Award for Career Achievement  
 Proposed by: Dr. N. Travis Triplett Vote: Passed  
 Seconded by: Dr. Sally Paulson  
**Adopted Motion:** That the Board of Directors approve the revisions to the Alvin Roy Award for Career Achievement.
- 2021-03-30-22** – Approval of Revisions to the Boyd Epley Award for Lifetime Achievement  
 Proposed by: Dr. N. Travis Triplett Vote: Passed  
 Seconded by: Dr. Helen Binkley  
**Adopted Motion:** That the Board of Directors approve the revisions to the Boyd Epley Award for Lifetime Achievement.
- 2021-03-30-23** – Approval of Bylaws Amendment #1 - Amending pronouns  
 Proposed by: Dr. N. Travis Triplett Vote: Passed  
 Seconded by: Dr. Sally Paulson  
**Adopted Motion:** That the Board of Directors approve Bylaws amendment #1 as presented.
- 2021-03-30-24** – Approval of Bylaws Amendment #2 - Removing Board Liaison from Special Interest Groups  
 Proposed by: Dr. N. Travis Triplett Vote: Passed  
 Seconded by: Dr. Colin Wilborn  
**Adopted Motion:** That the Board of Directors approve Bylaws amendment #2 as presented.
- 2021-03-30-25** – Approval of Bylaws Amendment #3 - Removing the requirement of membership ratification for minor grammar and clerical issues  
 Proposed by: Dr. N. Travis Triplett Vote: Passed  
 Seconded by: Dr. Paul Comfort  
**Adopted Motion:** That the Board of Directors approve Bylaws amendment #3 as presented.

## EXECUTIVE SESSION

Tom James and Jim Lance, NSCA legal counsel joined the meeting for a brief legal update. All staff, with the exception of Michael Massik, Keith Cineas, and Lee Madden left the meeting at 1:01 pm MT.

- Executive Session called at 1:02 pm MT by Dr. N. Travis Triplett, seconded by Dr. Helen Binkley - unanimously approved.

Legal counsel left the meeting at 1:12 pm MT.

- Returned to regular session at 1:12 pm MT by Dr. N. Travis Triplett, seconded by Dr. Paul Comfort – unanimously approved.



## ***MOTIONS, CONTINUED***

- **2021-03-30-26** – Motions to Rescind

Proposed by: Dr. N. Travis Triplett

Vote: Passed

Seconded by: Dr. Helen Binkley

**Adopted Motion:** That the Board of Directors rescind motions 1984-06-24-02, 2010-03-01-13, and 2006-09-07-05.1.

## ***DISCUSSION ITEMS***

- The Board of Directors tasked the Awards and Honors Committee with developing a list of who decides each award and how it is determined, identifying if current practices are the best practices, and whether a conflict of interest policy should be in place for those deciding who should win awards and provide a report at the July 2021 meeting.
- Correspondence from the Women’s Committee and Diversity, Inclusion, and Equity Committee was provided to the Board.

Announcements were made and the meeting was adjourned at 2:02 pm MT.