

NSCA Coaching Awards Policy and Procedure (current rev. July 2019)

Coaching Awards

The NSCA Board of Directors have approved four coaching awards:

Given during the Coaching Conference:

1. Assistant College Strength and Conditioning Coach of the Year Award
2. College Strength and Conditioning of the Coach Year Award
3. Professional Strength and Conditioning of the Coach Year Award

Given during the National Conference:

4. [High School Strength and Conditioning Coach of the Year Award](#)

Award descriptions and general timeline can be found online in the General Award Criteria located here: <https://www.nasca.com/Membership/Awards/>.

Procedure:

1. The NSCA will market and solicit nominees from NSCA membership.
2. Nominees must meet the General Award Criteria requirements.
3. Nominees must meet the Eligibility Requirements stated in the Criteria Sheet of the award to be considered.
4. The nominee shall provide the completed criteria sheet, cover letter, resume or CV, and supporting documentation of involvement, activities and awards to the NSCA National Headquarters by the requested deadline.

Selection Process

1. The process for selection shall be as follows:
 - a) Nominations must be received before the established deadline.
 - b) NSCA Headquarters will verify eligibility requirements and overall points for nominees have been met.
 - c) Qualified nominees will be notified.
 - a. If there are no qualifying nominees, the award will not be given.
 - d) Top three nominees based on points for each award will be sent to the Coaching Task Force.
 - e) The Coaching Task Force will vote for the winner.
 - f) The Coaching Task Force:
 - a. The Coaching Task Force will be volunteers selected yearly by the Performance Center Manager.
 - b. It will be apparent that the Task Force is impartial to the nominees.
 - c. The Task Force will be comprised of >50% non-coaching award recipients and <50% past coaching award recipients.
 - d. The Coaching Task Force will not notify the selected recipients.
 - e. The Performance Center Manager will notify the Awards and Honors Committee Chair of the winners.
2. The Awards and Honors Committee Chair will:
 - a. Notify the Board of Directors of the recipient.
3. The NSCA Headquarters will:
 - a. Notify the recipients of the award.
 - b. Send regret notifications.
 - c. Create a Press Release announcement of the winners.
 - d. Will verify attendance at the Coaches Conference Opening Ceremony or the National Conference Awards Banquet.

High School Strength & Conditioning Coach of the Year Award Criteria Sheet

Covering the Calendar Year 20XX

Name of Nominee: _____

Criteria	Yes or No	Expiration Date
Eligibility Requirements		
Current NSCA Member		
NSCA Membership – Minimum 2 years		
NSCA CSCS Certification		
NSCA Registered Strength Coach (RSCC)		
2 years of paid employment as a S&C		
Not a previous recipient		
Cover letter, Resume or CV received		
General Criteria		
Years of CSCS	1 pt each 3 year period	
Additional NSCA certification	2 pts	
Bachelors Degree (select highest degree earned)	2 pts	
Masters Degree (select highest degree earned)	3 pts	
Doctorate Degree (select highest degree earned)	4 pts	
Subtotal		
NSCA Involvement (Documentation Required) Points are for 20XX unless otherwise noted.		
NSCA Regional Coordinator/State Director	4 pts	
NSCA Committee Chair	3 pts	
NSCA Committee Member	2 pts	
SIG Chair/Executive Council	1 pts	
Attended NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)	3 pts ea.	
Attended NSCA Clinics	2 pts ea.	
Attended NSCA Regional Clinic	2 pts ea.	
Attended NSCA State Clinic	1 pt ea.	
NSCA Awards <i>lifetime</i>	1 pt ea.	
Subtotal		
Educational/Coaching Activities (Documentation Required) Points are for 20XX unless otherwise noted.		
Hosted NSCA Exam Prep or Foundations of Coaching Lifts	2 pts ea.	
Hosted an NSCA Regional/State Clinic	5 pts ea.	
Strength and Conditioning Course/Curriculum Development (Must be approved by the	2 pts/for each new and different course developed	

district. Verified by Assistant Principal /Athletic Director)	(no points for modification of per-existing courses)	
Currently Teaching Strength and Conditioning Classes (1 semester class = 2 points)	2 pts/class	
Hosted a State Coaches Clinic related to S & C	2 pts	
Supervisor of Student Teacher or Coach in S & C	2 pts per semester	
Won the Strength of America Award	4 pts	
Number of Conference Champions	2 pts ea. Team (10 pts max)	
Sectional/Divisional/ Regional Champions	5 pts ea. Team (10 pts max)	
State Champions/National Champions/or Playoff Status	10 pts	
Nominated NSCA All-Americans S&C Athlete of the Year, <i>this year</i>	1 pt each / 2 pts max	
Subtotal		
Publications and Presentations (Documentation Required) Points are for 20XX unless otherwise noted.		
Authored or co-authored SCJ (or SC, NSCAJ) featured article	3 pts per article	
Authored or co-authored SCJ (or SC) column	1 pt per article	
Author/Co-author for NSCA Coach, TSAC Report, PTQ	2 pts ea.	
Reviewer for JSCR/SCJ/ NSCA Coach/TSAC Report/PTQ	1 pt. Per 3 articles	
Editor for JSCR/SCJ/NSCA Coach/PTQ/TSAC Report	3 pts ea.	
Editor for NSCA book or chapter	1 pt ea.	
Non-NSCA peer reviewed articles	0.5 pt ea.	
Coaching/Fitness Industry Publications	0.5 pt ea.	
Presented – NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)	3 pts ea.	
Presented - NSCA Clinic, Pre-Conference, From the Field, Career Talk	1 pts ea. (6 pts max)	
Presented - NSCA Regional/State Clinic	1 pts ea. (6 pts max)	
NSCA Pod-cast or Video	1 pt ea.	
Non-NSCA Presentations (<i>State Coaches, Local presentations, etc</i>)	0.5 pt ea. (5 pts max)	
Subtotal	6 Pts. Max	
Total Maximum Points	60 Pts Minimum – Points must come from at least two categories.	