
BOARD OF DIRECTORS REGULAR MEETING MINUTES JANUARY 13, 2026

Meeting Location: Zoom

Directors Present: Dr. Ian Jeffreys, Ms. Kim Koy, Dr. Darnell Clark, Dr. Antonio Squillante, Dr. Shawn Arent, and Dr. Disa Hatfield.

Directors Absent: Dr. Alexis Batrakoulis, Dr. Duncan French, and Dr. Jaynie Bjornaraa.

Also Present at Times: Staff: Michael Massik, Lee Madden, and Christina Templeton.

The meeting of the NSCA Board of Directors was called to order at 10:01 AM Mountain Time by Dr. Ian Jeffreys, NSCA President. A quorum was present.

Dr. Ian Jeffreys moved that the Board designate February 6-7, 2026, as a Special Meeting of the Board for purposes of conducting winter business. It was seconded by Dr. Shawn Arent. The motion was adopted.

The meeting adjourned at 10:03 AM MT.