

HIGH SCHOOL — VOLLEYBALL

CEDARBURG HIGH SCHOOL

Kathryn Johnson

Outside Hitter

Sophomore

Kathryn is a fearless competitor in the weight room and on the playing surface. She has done everything asked of her, without hesitation. Her attitude and work ethic in the weight room are contagious, as she brings all-out effort and a positive attitude to every workout. She is the ultimate team player. ~Jon Verdegan

COACH ROZY PERFORMANCE

Jordan Salvatori

Middle Blocker - Opposite Hitter

Junior

Jordan Salvatori is a three sport athlete at Yankton High School in South Dakota; participating in Volleyball, Basketball and Track. Jordan is a dominant force in Volleyball at 6' and 145 lbs with a 22.2 inch vertical jump. She has 123 kills for the past season, 158 digs, 11 aces and 35 blocks. Her PR's in Track & Field is a put of 31' 6" in the Shot, and 92' 6" in the Discus. She is also a stand out on the basketball court. Her work ethic, leadership and hard work in the weight room for all sports is what helps her to be a leader and captain in the sports she plays. During the pandemic, Jordan would still be dedicated to find time to train, work on her skills and improve her strength, power, movement and develop more stability and flexibility during the down time. ~Mark Roozen

DISCOVERY HIGH SCHOOL

Angel Bich An Nguyen

Outside Hitter

Junior

Angel is a fantastic student-athlete. She always shows up ready to train with a positive attitude. She is new to the weight room with me but is always ready to learn and try something new while helping others at the same time. She currently plays for our school volleyball team participates in the school orchestra, all while maintaining a 3.2 GPA. ~James Romaniw

GARDNER EDGERTON HIGH SCHOOL

Kendra Wait

Setter

Senior

Kendra Wait has been a 4 year starter for the Gardner-Edgerton High School volleyball team. She has earned numerous awards throughout that time. Her most prestigious awards include the Kansas Gatorade player of the year in 2019 and her selection as a member of the Under Armour All American Volleyball team in 2020. In addition to her volleyball accomplishments, she has also thrived in Track and Field. She is a 2-time state champion in the 100m dash and also was a state champion shot putter her sophomore year. She was named Kansas Gatorade Track and Field Athlete of the Year as a sophomore. Unfortunately Kendra was unable to compete in track her junior year due to the pandemic. Her leadership, work ethic and accomplishments in the weight room have helped contribute to her success in her athletic endeavors. Kendra has personal bests that include a 330lb full back squat, 200lb clean and a 32 inch vertical jump. Kendra possesses high character qualities that match her athletic talents. She is a great representation of what happens when you dedicate yourself fully to every aspect of preparation for your sport. In addition to her athletic accomplishments, she is a 4.0 student who is involved in Student Council as well as a member of the National Honor Society. Kendra will attend Creighton University on a volleyball scholarship next year. ~Mark Simoneau

HIGH SCHOOL — VOLLEYBALL

JOPLIN HIGH SCHOOL

Kaylie Anderson

Libero

Senior

Kaylie has been the heartbeat of our volleyball team as an emotional leader. Kaylie overcame an ACL injury that sidelined her junior season to record 345 digs during her senior year. She earned All-District honors as well as being nominated Defensive Player of the Year by her coaches. Kaylie is the epitome of a student-athlete as she carries a 3.8 GPA and is a member of the National Honor Society. Kaylie also competes in track anchoring the 4 x 200 and 4 x 400 relay teams. Kaylie's current bests include a 120 lb clean, a 215 lb squat and a 110 lb bench press. Kaylie's work ethic is unsurpassed and she has set a new standard for the women's athletic programs at Joplin High School. ~Michael Lawrence

PEAK PERFORMANCE - KENOWA HILLS HIGH SCHOOL

Laura Perrin

Middle Blocker

Senior

It is an honor for me to nominate Laura Perrin for All-America status from the NSCA. Laura is a longtime member of PEAK Performance and has done a great job working on her Strength & Conditioning. Her commitment to her fitness allowed to excel on both our Volleyball team and also as a member of our Basketball team. Laura is also an outstanding student and will finish in the top 10 in her graduating class. Congratulations, Laura. ~Todd Johnston

PENNSBURY HIGH SCHOOL

Keira Rogan

Outside Hitter/Defensive Specialist

Sophomore

Keira lets her performance speak for her. She is quiet...but she attacks her training with ferocity! She continually accepts every challenge that I throw at her. I gave her a goal of squatting 225lbs by 3/21/2021 and she accomplished it 4 wks early! Her strength and power continue to surge. I can't wait to see what the next two years produce. ~John Kalinowski

SOUTHSIDE SCHOOL DISTRICT

Lexie Dale

Setter

Junior

Lexie Dale is the hardest working athlete in our program and the most motivated individual I have coached in my career. She is a leader to all our younger girls and goes above and beyond training year round. I look forward to seeing her excel at whatever she sets her mind to in life. ~Deerick Smith