

BOARD OF DIRECTORS MEETING MINUTES

WEDNESDAY, JULY 16, 2025

Meeting location: Muse Room, Loews Hotel, Kansas City, MO and Zoom

Members participating in this meeting: Dr. Ian Jeffreys, Dr. Duncan French, Dr. Jaynie Bjornaraa, Dr. Disa Hatfield, Dr. Jay Dawes, Dr. Antonio Squillante, and Dr. Shawn Arent.

Members absent: Ms. Kim Koy and Dr. Alexis Batrakoulis.

Also present at times: Board Guests: Jill Goodwin (Auditor); Todd Miller (CASCE); Pan Chun Hao (NSCA Shanghai); Tim Havers and Daniela Fond (NSCA Germany); Apurva Mathankar and Prasad Mathankar (NSCA India); Riccardo Villa and Nicola Nasatti (NSCA Global Chapter Italy); Osamu Hanada and Ichiro Watanabe (NSCA Japan); Chang Kook Kim, Wanki Lim and Daniel Lim (NSCA Korea); Raymond Wang (NSCA Global Chapter Singapore); Ismael Parrilla (NSCA Spain); Joanna Boryga, Nicole Rodriguez, and Mirek Babiarz (potential affiliate – Poland); Dr. Britt Chandler (*SCJ* Editor-in-Chief); Dr. Nicholas Ratamess (*JSCR* Editor-in-Chief); Scott Bennett (College Coaches PDG Chair); Justin Loudon (High School Coaches PDG Chair); Gini Grimsley (Outgoing Personal Trainer PDG Chair); Joseph Sudimack (Incoming Personal Trainer PDG Chair); Staff: Michael Massik, Lee Madden, Scott Douglas, Keith Cinea, Linda Carter, Greg Nockleby, Jonathan Sagapolutele, Alonso Montiel (Zoom), and Christina Templeton (Zoom).

The meeting of the NSCA Board of Directors was called to order at 8:03 am Central Time (CT) on Wednesday, July 16, 2025, by Dr. Ian Jeffreys, NSCA President. A quorum was present.

CONSENT AGENDA

The following motions were adopted by unanimous consent:

- » **2025-07-16-01** – Approval of April 1, 2025, Meeting Minutes
Adopted Motion: That the Board of Directors approve the April 1, 2025, Board of Directors Meeting Minutes as presented.
- » **2025-07-16-02** – Approval of the April 1, 2025, Executive Session Meeting Minutes
Adopted Motion: That the Board of Directors approves the April 1, 2025, Board of Directors Executive Session Meeting Minutes as presented.
- » **2025-07-16-03** – Ratify the Vote and Approve the Email Vote - Fellows
Adopted Motion: That the Board of Directors ratify the new Fellows email vote and approve the minutes as presented.
- » **2025-07-16-04** – Ratify the Vote and Approve the Email Vote – DEI name and mission change
Adopted Motion: That the Board of Directors ratify the DEI name and mission change email vote and approve the minutes as presented.

- » **2025-07-16-12** – Approval of the Revisions to the Nutritional Research Achievement Award

Proposed by: Dr. Shawn Arent

Vote: Passed unanimously

Seconded by: Dr. Disa Hatfield

Adopted Motion: That the Board of Directors approve the revisions to the Nutritional Research Achievement Award as revised by the Research Committee and approved by the Awards and Honors Committee.

- » **2025-07-16-13** – Approval of Name Change and Revisions to Sports Medicine/Return to Performance Specialist of the Year Award and Criteria Sheet

Proposed by: Dr. Shawn Arent

Vote: Passed unanimously

Seconded by: Dr. Jaynie Bjornaraa

Adopted Motion: That the Board of Directors approve the name change to Sports Medicine/Return to Performance Specialist of the Year and the revisions to Sports Medicine/Return to Performance Specialist of the Year criteria sheet as revised by the Sports Medicine/Return to Performance Special Interest Group and approved by the Awards and Honors Committee.

- » **2025-07-16-14** – Approval of the Revisions to the Terry J. Housh Outstanding Young Investigator Award

Proposed by: Dr. Shawn Arent

Vote: Passed unanimously

Seconded by: Dr. Duncan French

Adopted Motion: That the Board of Directors approve the revisions to the Terry J. Housh Outstanding Young Investigator Award as revised by the Research Committee and approved by the Awards and Honors Committee.

- » **2025-07-16-15** – Approval of the Revisions to the William J Kraemer Outstanding Sport Scientist Award

Proposed by: Dr. Shawn Arent

Vote: Passed unanimously

Seconded by: Dr. Disa Hatfield

Adopted Motion: That the Board of Directors approve the revisions to the William J. Kraemer Outstanding Sport Scientist Award as revised by the Research Committee and approved by the Awards and Honors Committee.

AUDITOR REPORT

Jill Goodwin joined the meeting by Zoom at 9:32 am and presented the Waugh & Goodwin LLP independent auditor's report for fiscal year ending March 31, 2025, to the Board. She left the meeting at 8:51 am.

- » **2025-07-16-16** – Acceptance of the 2024 – 2025 Audit

Proposed by: Dr. Jaynie Bjornaraa

Vote: Passed unanimously

Seconded by: Dr. Antonio Squillante

Adopted Motion: That the Board of Directors accepts the audit for fiscal year ending March 31, 2025, as presented by Waugh & Goodwin, LLP.

- » **2025-07-16-17** – Appointment of auditor for fiscal year ending March 31, 2026

Proposed by: Dr. Jaynie Bjornaraa

Vote: Passed unanimously

Seconded by: Dr. Shawn Arent

Adopted Motion: That the Board of Directors appoint Waugh & Goodwin, LLP as NSCA's auditors for fiscal year ending March 31, 2026.

CASCE REPORT

- » Dr. Todd Miller provided a verbal report of the Council on Accreditation of Strength and Conditioning Education (CASCE) activities and meetings.



REPORTS OF AFFILIATES

- » The President led a conversation with the affiliates representatives where updates, challenges, and needs concerning the activities of NSCA Shanghai, NSCA Germany, NSCA India, NSCA Global Chapter Italy, NSCA Japan, NSCA Korea, NSCA Global Chapter Singapore, NSCA Spain, and potential affiliate Poland were discussed.

REPORTS OF EDITORS

- » Dr. Nicholas Ratamess presented the annual *Journal of Strength and Conditioning Research's* Editor-in-Chief Report to the Board.
- » Dr. Britt Chandler presented the annual *Strength and Conditioning Journal's* Interim Editor-in-Chief Report to the Board.

REPORTS OF PROFESSIONAL DEVELOPMENT GROUPS

- » The Board invited the chairs of the Professional Development Groups to discuss the needs of their groups. The groups are requesting more communication and direction with guidelines.

DISCUSSION ITEMS

- » The Board discussed commercialization at NSCA conferences, particularly regarding the inclusion and extent of sponsored sessions as well as international affiliate sponsorship. A guide will be developed to ensure alignment with the organization's values and integrity.
- » Certification update on CSCS efforts. More information will be provided at the fall meeting after the committee meets.
- » A Strategic Plan update was provided.

The meeting was adjourned July 16, 2025, at 4:10 pm CT.