

# NSCA

## TERRY J. HOUSH YOUNG INVESTIGATOR OF THE YEAR AWARD

### CRITERIA SHEET

Name of Nominee: \_\_\_\_\_

NOTE: Presentations delivered on multiple occasions may only be scored once. Points are awarded only for last **five** calendar years: i.e. for the 2025 award, **points are awarded for January 2021 - December 2025, unless specified otherwise.**

Criteria	Item Value	Pts Awarded
<b>Absolute Eligibility Information</b>		
Must be a current member of the NSCA	Yes / No	N/A
Must have a minimum of two years consecutive membership and three years total membership	Yes / No	N/A
Nominee is an active member and contributor to NSCA	Yes / No	N/A
Working as sports scientist researcher	Yes / No	N/A
No more than 7 years have passed since the conferral of the nominee's Doctorate degree (Ph.D., MD degree, or equivalent)	Yes / No	N/A
Has not previously won this award	Yes / No	N/A

Publications in NSCA and Applied Exercise and Sports Science Publications	Item Value	Pts Awarded
Authored or co-authored, edited or co-edited a NSCA book related to fitness, sports medicine or nutrition	4/3 pts/book	
Authored/co-authored NSCA position statement	4/3 pts/paper	
Authored or co-authored JSCR article	4/3 pts/article	
Authored or co-authored chapter in NSCA book	4/3 pts/chapter	
Authored or co-authored NSCA 'Hot Topics'	2/1 pt/article	
Authored or co-authored SCJ featured article	3/2 pt/article	
Authored or co-authored NSCA Coach article	2/1 pts/article	
Authored or co-authored Personal Training Quarterly article	2/1 pts/article	
Authored or co-authored TSAC Report article	2/1 pts/article	
Authored, co-authored, edited or co-edited a book related to fitness, sports medicine, or nutrition	3/2 pts/book	
Authored or co-authored a peer-reviewed article or position stand related to fitness, sports medicine or nutrition in non-NSCA national or international publication	3/2 pts/article	
<b>Publications Subtotal</b>		

Presentations at NSCA and other Applied Exercise and Sports Science Conventions	Item Value	Pts Awarded
Featured presentation (presenter or co-presenter) at NSCA National Conference or at NSCA jointly sponsored event	3/2 pts/presentation	

Presentation (presenter or co-presenter) at NSCA Coaches Conference	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA Personal Trainers Conference	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA TSAC Conference	2/1 pts/presentation	
Presentation (presenter or co-presenter) at NSCA European Conference	2/1 pts/presentation	
From the field presentation (presenter or co-presenter) at NSCA National Conference	2/1 pt/presentation	
Presentation (presenter or co-presenter) at NSCA State or Regional Conference	2/1 pt/presentation	
Presentation (presenter or co-presenter) at NSCA-CSCS or NSCA-CPT symposia	2/1 pt/presentation	
Presentation (presenter or co-presenter) at NSCA Performance symposia	2/1 pt/presentation	
Abstract presentation (presenter or co-author of an oral or poster) at NSCA National Conference	2/1 pt/presentation	
Featured presentation (presenter or co-presenter) of topic related to fitness, sports medicine or nutrition at a non-NSCA national or international convention	2/1 pts/presentation	
Abstract presentation (presenter or co-author of an oral or poster) of topic related to fitness, sports medicine or nutrition at a non-NSCA national or international convention	2/1 pt/presentation	
<b>Presentations Subtotal</b>		

<b>Certification/Education</b>	<b>Item Value</b>	<b>Pts Awarded</b>
Currently NSCA Fellow	4 pts	
Currently CSCS certified	3 pts	
Currently NSCA-CPT certified	3 pts	
Currently CPSS certified	3 pts	
Currently CSPS certified	3 pts	
Currently TSAC certified	3 pts	
Years holding NSCA Certification	1 pt/3 yr period after initial 3 yrs	
<b>Certification/Education Subtotal</b>		

<b>Research-Related Service</b>	<b>Item Value</b>	<b>Pts Awarded</b>
Editor-In-Chief, JSCR or SCJ	4 pts/journal	
Senior Associate Editor, JSCR or SCJ	3 pts/journal	
Associate Editor, JSCR or SCJ	2 pts/journal	
Reviewer JSCR manuscripts	1 pt/3 reviews	
Reviewer of SCJ manuscripts	1 pt/3 reviews	
Reviewer of NSCA grants	1 pt/3 grants	

Reviewer of NSCA abstracts	1 pt/3 abstracts	
<b>Research-Related Service Subtotal</b>		
<b>Total points</b>		

<p><b>Self-Advocacy Statement</b></p> <p>Within 100 words, explain why you deserve to be selected as the recipient of the 2026 Terry J. Housh Outstanding Young Investigator of the Year award.</p>
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