



2019 COACHES CONFERENCE

January 9 - 11, 2019 | Indianapolis, IN | 2.0 CEUs

Board of Directors Meeting Minutes

National Strength and Conditioning Association
Room 314, JW Marriott Indianapolis, IN
Wednesday, January 9, 2019

Participating in the meeting were: Dr. N. Travis Triplett, NSCA President; Dr. Jay Dawes, Secretary-Treasurer; Dr. Michael Miller; Dr. Margaret Jones; Kacie Wallace; Dr. Colin Wilborn; and Patrick McHenry, MA.

Directors absent: Dr. Ian Jeffreys, Vice President and Dr. Bret Contreras.

Also present at times: Michael Massik, Executive Director; Lee Madden; Keith Cinea; Linda Aaberg; Scott Douglas; Beth Rampelberg; Virginia Meier; Christina Klingensmith; Jim Lance, Legal Counsel (by phone); and Tom James, Legal Counsel (by phone).

This meeting was called to order at 8:34am ET on Wednesday, January 9, 2019 by Dr. Travis Triplett, NSCA President. A quorum was present.

Consent Agenda

The following motions were adopted through unanimous consent.

- 1) 2019-01-09-01 - That the Board of Directors approve the October 30, 2018 Meeting Minutes as presented.
- 2) 2019-01-09-02 - That the Board of Directors approve the October 30, 2018 Executive Session Meeting Minutes as presented.
- 3) 2019-01-09-03 - That the Board of Directors approve the minutes and ratify the November 2018 email vote as presented.
- 4) 2019-01-09-04 - That the Board of Directors approve the minutes and ratify the Executive Council's November 2018 email vote as presented.

Reports of Officers

- President's Report
 - The Board President reviewed the results of the annual Board Self-Assessment with the Board.
 - Colin Wilborn, Patrick McHenry, Jay Dawes, and Ian Jeffreys were assigned to the five year review of the Bylaws.
 - Margaret Jones and Bret Contreras were assigned to the annual review of Board Policy and Procedure Manual.
- Treasurer's Report
 - A brief financial update was reviewed by the Board.
 - An update on NSCA affiliates was provided.



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Discussion Items and Motions

The Ethics Committee's workload was discussed.

2019-01-09-05--Approval of the revisions to the NSCA Codes, Policies, and Procedures

Proposed By: Kacie Wallace

Vote: Passed

Seconded By: Patrick McHenry

Adopted Motion: That the Board of Directors approve the revisions to the NSCA Codes, Policies, and Procedures as recommended by the Ethics Committee.

Michael Miller left the room. A quorum remained present.

2019-01-09-06--Application to form Rugby SIG

Proposed By: Travis Triplett

Vote: Passed

Seconded By: Jay Dawes

Adopted Motion: That the Board of Directors approve the application to form an NSCA Rugby Special Interest Group (SIG) based on the procedure for approving SIGs and as recommended by the Membership Committee.

Board Liaison were assigned to the Powerlifting SIG – Jay Dawes, Performing Arts SIG – Travis Triplett, and Rugby SIG – Ian Jeffreys.

Michael Miller returned to the room.

Executive Session

- Executive Session for a legal update and Accreditation Board of Directors application discussion was called at 10:15am by Travis Triplett. Seconded by Colin Wilborn. Keith Cinea and Michael Massik remained in Executive Session, all other staff members were dismissed. Jim Lance and Tom James, Legal Counsel, joined by teleconference at 10:15am. Jim Lance and Tom James, Legal Counsel, left the call at 10:47am. Keith Cinea left the session at 10:47am. Keith Cinea, Linda Aaberg and Christina Klingensmith joined the session at 11:10am.
- Recess called at 11:50am and out of recess at 12:03pm. Lee Madden joined the session.
- All staff exited the room at 12:47pm.
- Return to Regular Session called at 1:13pm by Travis Triplett and seconded by Michael Miller.

Follow-up Reports

- A report of student pricing at conference was presented.
- A JSCR Editor-In-Chief job description was presented.
- A follow up report on making journal articles older than three years free access was given. After one year of trial, it appears that this has not hurt membership numbers.
- Collaborative documents between the NSCA and other organizations were discussed.
- An NSCA brand presentation was given.
- A summary report of attending the ASAE's Exceptional Boards: Strengthening the Governance Team meeting was presented.



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Motions, cont.

2019-01-09-07--Ratify the members of the Awards and Honors Committee

Proposed By: Michael Miller

Vote: Passed

Seconded By: Jay Dawes

Adopted Motion: That the Board of Directors ratify the members of the Awards and Honors Committee.

Executive Session

- Executive Session to discuss Career Awards called at 3:34pm by Travis Triplett. Seconded by Patrick McHenry.
- Return to Regular Session at 4:29pm by Travis Triplett. Seconded by Michael Miller.

Adjourn

Adjourned at 4:29pm ET by Travis Triplett. Seconded by Michael Miller.