

Board of Directors Conference Call

National Strength and Conditioning Association
Friday, April 19, 2019

Participating in the meeting were: Dr. N. Travis Triplett, NSCA President; Dr. Ian Jeffreys, Vice President; Dr. Jay Dawes, Secretary-Treasurer; Dr. Michael Miller; Dr. Margaret Jones; Kacie Wallace; Dr. Colin Wilborn; Patrick McHenry, MA; and Dr. Bret Contreras.

Also present at times on the call: Michael Massik, Executive Director; Lee Madden; Keith Cineas; Scott Douglas; Beth Rampelberg; Virginia Meier; Mary-Clare Brennan; Torrey Smith; Christina Klingensmith; and Tom James, Legal Counsel.

This meeting was called to order at 10:00am MT on Friday, April 19, 2019 by Dr. Travis Triplett, NSCA President. A quorum was present. The agenda began without Dr. Margaret Jones.

Consent Agenda

The following motions were adopted through unanimous consent.

- # 1 **2019-04-19-01** - That the Board of Directors approve the January 9, 2019 Meeting Minutes as presented.
- # 2 **2019-04-19-02** - That the Board of Directors approve the January 9, 2019 Executive Session Meeting Minutes as presented.
- # 3 **2019-04-19-03** - That the Board of Directors ratify and approve the Executive Council minutes of February 21, 2019.
- # 4 **2019-04-19-04** - That the Board of Directors ratify and approve the Board of Directors minutes of March 1, 2019.
- # 5 **2019-04-19-05** - That the Board of Directors ratify and approve the Executive Council minutes of March 26, 2019.
- # 6 **2019-04-19-06** - That the Board of Directors approve Donna Wolf as Diversity and Inclusion Committee member.
- # 7 **2019-04-19-07** - That the Board of Directors approves Brent Alvar and Don Melrose as Education Committee members.
- # 8 **2019-04-19-08** - That the Board of Directors approve Andrew Galpin as Membership Committee member.
- # 9 **2019-04-19-09** - That the Board of Directors approves Tyler Christiansen, Tom Cormier, and Tyler Grubic as Conference Committee members.
- # 10 **2019-04-19-10** - That the Board of Directors approve Dr. Elyn Robinson as a member of the Awards and Honors Committee.
- # 11 **2019-04-19-11** - That the Board of Directors approve the revisions to the Awards and Honors Committee Guidelines as recommended by the Committee.

Dr. Margaret Jones joined the call at 10:07am.

Reports of Officers

- Treasurer's Report
 - The annual budget was reviewed by the Board.

2019-04-19-12 - Approval of the 2019-2020 Budget

Proposed By: Dr. Jay Dawes Vote: Passed unanimously

Seconded By: Dr. Ian Jeffreys

Adopted Motion: That the Board of Directors approves the 2019-2020 budget as presented.

2019-04-19-13 - Update NSCA bank and investment account signers

Proposed By: Dr. Jay Dawes Vote: Passed unanimously

Seconded By: Patrick McHenry, MA

Adopted Motion: That the Board of Directors approves Michael Massik, Lee Madden, and Keith Cinea as signers for all bank and investment accounts and rescinds all previous adopted signer motions.

2019-04-19-14 - Approval of the Older Adult Position Statement

Proposed By: Dr. Colin Wilborn Vote: Passed unanimously

Seconded By: Dr. Jay Dawes

Adopted Motion: That the Board of Directors approve the Older Adult Position Statement.

2019-04-19-15 - Approval of new Fellows of the NSCA

Proposed By: Dr. Margaret Jones Vote: Passed unanimously

Seconded By: Dr. Colin Wilborn

Adopted Motion: That the Board of Directors approve Rick Howard, Chad Kerksick, and Kevin McCurdy as Fellows of the NSCA as recommended by the Fellowship Review Committee.

2019-04-19-16 - Housekeeping - Rescind outdated resolutions

Proposed By: Dr. N. Travis Triplett Vote: Passed unanimously

Seconded By: Dr. Jay Dawes

Adopted Motion: That the Board of Directors rescind resolutions 1999-06-22-002, 2001-07-11-04, 2002-01-11-11, 2007-01-04-03, 2008-02-18-02, 2010-03-01-16, and 2010-03-01-18.

2019-04-19-17 - Rescind the Registered Certified Personal Trainer Recognition

Proposed By: Dr. Bret Contreras Vote: Passed unanimously

Seconded By: Dr. Jay Dawes

Adopted Motion: That the Board of Directors rescind resolution 2015-10-07-07.

Discussion Items and Follow-up Reports:

- Dr. Colin Wilborn, Dr. Jay Dawes and Dr. Margaret Jones were named to provide guidance to staff for the hiring of the JSCR Editor-In-Chief position.
- An NCAA joint document update was provided.
- A follow-up report was provided on the progress of the college coaches toolkit.

Executive Session

Tom James, NSCA legal counsel joined the call at 10:29am for a legal update. All staff with the exception of Michael Massik and Keith Cinea left the call.

Executive Session called at 10:30am by Dr. Travis Triplett, seconded by Dr. Jay Dawes - unanimously approved.

Tom James, NSCA legal counsel left the call at 10:54am.

Returned to regular session at 10:54am by Dr. Travis Triplett, seconded by Dr. Jay Dawes – unanimously approved.

Discussion Items and Follow-up Reports, continued:

- Conference ribbons were discussed. For the 2019 National Conference, ribbons will not be included in the registration packet and attendees will retrieve their own ribbons.
- Motion 2009-01-09-00.2 was discussed and deferred. Staff will work with the Nomination Committee and report back at the July Board meeting.
- An update on activities of the Accreditation Board was provided.

Announcements

The National Conference Board of Directors meeting will be held July 9, 10 and 13.

Adjourned

The meeting adjourned at 11:23am MT by Dr. Travis Triplett, seconded by Patrick McHenry, MA – unanimously approved.