

2019 NSCA NATIONAL CONFERENCE

National Strength and Conditioning Association Board of Directors – Meeting Minutes Congressional Room, Wardman Marriott, Washington, DC Wednesday, July 10, 2019

Participating in the meeting: Dr. N. Travis Triplett, NSCA President; Dr. Ian Jeffreys, Vice President; Dr. Jay Dawes, Secretary-Treasurer; Dr. Bret Contreras; Dr. Margaret Jones; Patrick McHenry, MA; Dr. Michael Miller; Kacie Wallace; and Dr. Colin Wilborn.

Also present at times during this meeting: NSCA Affiliates listed under NSCA Affiliate Annual Reports; NSCA Editors: Dr. Jeff Chandler and Dr. Nick Ratamess; Guest: Britt Chandler; NSCA Staff: Michael Massik, Lee Madden, Keith Cinea, Greg Nockleby, Alonso Montiel, and Christina Klingensmith.

The meeting was called to order at 9:03am Eastern Time (ET) by Dr. N. Travis Triplett. A quorum was present.

NSCA Affiliate Annual Reports

- Carlo Varalda, Executive Director presented NSCA Italy's annual report to the Board. Mirco Ferrari was also in attendance.
- Ryoji Abe, Executive Director presented NSCA Japan's annual report. NSCA Japan Board Member Miss Tomoko Kitami was also in attendance.
- Daniel Lim, General Manager presented NSCA NSCA Korea's annual report. Executive Director Wanki Lim was also in attendance.
- Pan Chunhoa, Education Director presented NSCA Shanghai's annual report. President Lady Cao Peizhong and Executive Director Miss Ren Limin were also in attendance.
- Ismael Parrilla, Executive Director presented NSCA Spain's annual report.

Editor Reports

- Dr. Jeff Chandler presented the *Strength and Conditioning Journal* annual report to the Board.
- Dr. Nick Ratamess presented *The Journal of Strength and Conditioning Research* annual report.

Continued Discussion from July 9, 2019

2019-07-10-01 – Rescind 2009-01-09-00.2 and adopt new language

Proposed by: Dr. N. Travis Triplett

Vote: Passed

Seconded by: Patrick McHenry, MA

Adopted motion: That the Board of Directors rescind 2009-01-09-00.2 and accept the following language to be added to the Nomination Committee Handbook under Qualifications:

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- a) A Board member may not also be an employee of the NSCA.
- b) A Board member must, 1) be a member in good standing of the NSCA, and 2) hold an active NSCA certification or be a Fellow of the NSCA, except that the Public Member shall not hold NSCA certification or be a Fellow.
- c) An individual is ineligible to be a Board member if s/he has:
 - a. Been convicted of a felony involving:
 - i. harm to a member of a vulnerable population such as children, elderly or individuals with a disability;
 - ii. sexual abuse or assault of any kind;
 - iii. a hate crime;
 - b. Served a period of ineligibility for an anti-doping rule violation as determined by a signatory of the World Anti-Doping Code, or other similar organization governing anti-doping in sport;
 - c. Served a period of ineligibility for a violation of the policies of the U.S. Center for SafeSport, or other similar organization governing bullying, harassment, hazing, physical abuse, emotional abuse, or sexual misconduct and abuse in sport; or
- d) An individual may be ineligible to be a Board member if s/he has any misdemeanor conviction, sanctioned for academic misconduct, suspension from a place of employment, or period of ineligibility from a sport or sport organization.
- e) Any potential Board member will be subject to a background check. If the background check reports felony convictions or misappropriation of funds, this will be disclosed to the Nomination Committee.
- f) Potential and existing Board member's Duty to Disclose:
 - a. A potential Board member has a duty in the application process to disclose any of the infractions listed above in the Qualifications section, which will be considered by the Nomination Committee.
 - b. Existing Board members have an ongoing duty to immediately disclose any of the infractions above to the NSCA Ethics Committee.
 - c. A potential or existing Board member's duty to disclose also applies if s/he is under investigation for, or has been formally accused of, any of the above infractions.
 - i. A potential or existing Board member may be asked to suspend his/her candidacy or leadership role until the investigation or accusation has been resolved. The NSCA Ethics Committee shall resolve questions and disputes in eligibility and the application of these qualifications for service.
- g) If the NSCA learns of any information that could impact the good standing of a Board member, or reputation of the NSCA, it shall be reported to the Ethics Committee for resolution.

The meeting was adjourned at 1:46pm ET by Dr. Travis Triplett – motion passed.