

2019 NSCA NATIONAL CONFERENCE

National Strength and Conditioning Association Board of Directors – Meeting Minutes Congressional Room, Wardman Marriott, Washington, DC Saturday, July 13, 2019

Directors participating in the meeting were: Dr. N. Travis Triplett, NSCA President; Patrick McHenry, MA; Dr. Michael Miller; Dr. Margaret Jones; Dr. Bret Contreras; *Newly Elected Board Members:* Dr. Helen Binkley; and Darnell Clark, MS.

Directors absent: Colin Wilborn.

Also present at times during the meeting: Matt Stock (NSCA Foundation President); NSCA Staff: Michael Massik, Executive Director; Lee Madden; Carissa Gump; Alonso Montiel; David Newcomb; and Christina Klingensmith.

This meeting was called to order at 8:06am Eastern Time (ET) on Saturday, July 13, 2019 by Dr. N. Travis Triplett, NSCA President. A quorum was present.

Annual Report of the Foundation Board

Dr. Matt Stock, NSCA Foundation Board President, presented the annual report of the NSCA Foundation to the Board of Directors.

General Orders

2019-07-13-01 – Appointment of Board Vice President

Proposed by: Dr. N. Travis Triplett

Vote: Passed

Seconded by: Patrick McHenry, MA

Adopted motion: That the Board of Directors elect Colin Wilborn as the Vice President of the Board of Directors.

2019-07-13-02 – Appointment of Secretary/Treasurer

Proposed by: Dr. N. Travis Triplett

Vote: Passed

Seconded by: Patrick McHenry, MA

Adopted motion: That the Board of Directors elect Margaret Jones as the Secretary/Treasurer of the Board of Directors.

Dr. Michael Miller left the meeting 9:58am

Announcements

- The next Strategic Planning Summit is being planned for May-June 2020.
- An ongoing projects overview was provided to the new Board members.

The meeting adjourned at 10:33am ET by Dr. N. Travis Triplett, seconded by Darnell Clark – motion passed.