

### **Board of Directors Conference Call**

# National Strength and Conditioning Association Thursday, October 17, 2019

**Participating in the meeting were:** Dr. N. Travis Triplett, NSCA President; Dr. Colin Wilborn, Vice President; Dr. Margaret Jones, Secretary-Treasurer; Dr. Michael Miller; Kacie Wallace, JD; Patrick McHenry, MA; Dr. Bret Contreras; Darnel Clark, MA, and Dr. Helen Binkley.

#### Also present at times on the call:

**NSCA Staff:** Michael Massik, Executive Director; Lee Madden; Keith Cinea; Scott Douglas; Beth Rampelberg; Virginia Meier; Alonso Montiel, Mary-Clare Brennan; Linda Aaberg; and Christina Klingensmith;

Special Committee on Accreditation: Todd Miller and Micki Cuppett;

**NSCA Legal Counsel:** Tom James and Jim Lance.

This meeting was called to order at 2:02pm MT on Thursday, October 17, 2019 by Dr. N. Travis Triplett, NSCA President. A quorum was present.

### Consent Agenda

The following motions were adopted through unanimous consent.

- # 1 **2019-10-17-01** That the Board of Directors approve the July 9, 2019 Meeting Minutes as presented.
- # 2 2019-10-17-02 That the Board of Directors approve the July 10, 2019 Meeting Minutes as presented.
- # 3 **2019-10-17-03** That the Board of Directors approve the July 13, 2019 Meeting Minutes as presented.
- # 4 **2019-10-17-04** That the Board of Directors ratify the July email vote for Public Member and approve the minutes as presented.
- # 5 **2019-10-17-05** That the Board of Directors ratify the September email vote for NSCA Directed Research Grant and approve the minutes as presented.
- # 6 **2019-10-17-06** That the Board of Directors ratify the September Executive Council email vote of NSCA Directed Research Grant fund allocation for High School Research.

# Reports:

- Financial Report
  - o A brief financial report was provided to the Board.

#### Motions:

**2019-10-17-07** - Approve the ad hoc Women's Committee as a standing committee Proposed By: Dr. N. Travis Triplett Vote: Passed unanimously

Seconded By: Dr. Margaret Jones

Adopted Motion: That the Board of Directors convert the ad hoc Women's Committee to a standing committee of the Board.

2019-10-17-08 - Request to change Purpose Statement for the Weightlifting Special Interest Group

Proposed By: Darnell Clark, MA Vote: Passed unanimously

Seconded By: Patrick McHenry, MA

Adopted Motion: That the Board of Directors approve the request to change the Purpose Statement for the

Weightlifting Special Interest Group as recommended by the Membership Committee.



2019-10-17-09 - Approval of Revisions to the Research Committee Policies and Procedures and the Position

Statement Procedures (housed in the appendix and as an independent document)

Proposed By: Dr. Colin Wilborn Vote: Passed unanimously as amended

Seconded By: Dr. Margaret Jones

Amended By: Dr. N. Travis Triplett Vote: Passed unanimously

Amended Seconded By: Patrick McHenry, MA

Adopted amendments to section II-J-ii:

1) strikeout "3-4" from sections II-J-ii-2 and II-J-ii-3 and insert "3"; and

2) strikeout "In the event the cumulative points between the votes of the RC members and the votes of the past award winners are within a 3% range between the highest and second highest voted award nominees, both nominees will be put forth to the BOD as recommended dual recipients of the award." from II-J-ii-8.

Adopted Motion: That the Board of Directors approve the revisions as amended to:

- NSCA Research Committee (RC) Policies and Procedures; and
- NSCA Position Statement Policies and Procedures.

Todd Miller and Micki Cuppett joined the call.

2019-10-17-10 - Accreditation Standards

Proposed By: Dr. Colin Wilborn Vote: Passed unanimously

Seconded By: Patrick McHenry, MA

Adopted Motion: That the Board of Directors approve the Accreditation Standards as recommended by the NSCA Accreditation Special Committee.

Todd Miller and Micki Cuppett left the call at 3:11pm.

#### Executive Session:

Tom James and Jim Lance, NSCA legal counsel joined the call for a legal update. All staff and guests with the exception of Michael Massik and Keith Cinea left the call.

Executive Session called at 3:11pm by Dr. N. Travis Triplett, seconded by Kacie Wallace - unanimously approved. NSCA legal counsel left the call at 3:25pm.

Returned to regular session at 3:26pm by Dr. N. Travis Triplett, seconded by Dr. Colin Wilborn – unanimously approved.

## Motions, continued:

**2019-10-17-11** - Approval of the revisions to the Candidate Evaluation Form

Proposed By: Dr. N. Travis Triplett Vote: Passed unanimously

Seconded By: Dr. Margaret Jones

Adopted Motion: That the Board of Directors approve the Candidate Evaluation Form as revised by the Nomination Committee.

### Discussion Items:

- Qualification to service on the Board and a brief discussion of Bylaws will continue at Coaches.
- A nominal fee for the Women's and Diversity & Inclusion lunches at National was discussed.



### Announcements:

- Strategic Plan will be in the spring 2020.
- The Coaches Conference Board Meeting will be Tuesday, January 7.

# Adjourned:

The meeting adjourned at 4:02 MT by Dr. N. Travis Triplett, seconded by Dr. Michael Miller – unanimously approved.