

2020 — COLLEGE — FOOTBALL

ALBANY STATE UNIVERSITY

Calvin Lewis V

Running Back

Junior

Calvin is an exceptional athlete. He is very explosive, with a 42.5 inch vertical jump and a 300 lb. hang clean. He follows that up with being very strong with a 495 lb. squat and a 315 lb. bench press. ~Troy Williams

AUGUSTANA UNIVERSITY

Alec Blonquist

Defensive Line

Senior

Al has used strength and conditioning to transform his body and performance on the field. He has shown tremendous leadership throughout his career, culminating in being named team captain. Al's love for a challenge and determination to improve will lead him to great accomplishments in life after collegiate athletics.

~Andy Stocks

AVILA UNIVERSITY

Raven Josiah

Running Back

Senior

While I would like to say I am nominating Raven for this award due to his amazing strength that would not do justice to him. I am recognizing Raven based upon what he has done academically outside and inside the weight room. Raven is a Psychology major and he has taken his interest in that field and combined it with his love of training. He is currently performing research at the undergraduate level to test his hypothesis regarding how he can alter the outcomes of APRE training by trying to apply a specific psychological primer. I am honored to be on his thesis review board and excited to see such a young professional bridge the gaps between different interdisciplinary academic areas. ~Brian Ciolek

BLACK HILLS STATE UNIVERSITY

Payton Gilmore

Running Back

Senior

Payton is a leader on and off the field. His strong work ethic, accountability, and coachability made him successful in the weight room and on the field. Payton attacked every lifting session with the same passion he showed on the field and due to that he saw great results.

~Aaron Siekmann

BUFFALO STATE COLLEGE

Anthony Wasiyo

Defensive End

Senior

Anthony transferred here three years ago and started to set himself apart due to his work ethic. He trained very hard and became one of the better defensive ends in recent history. Anthony will no doubt be a success off the field as he looks to start his career after graduation.

~Nathan Young

CENTRE COLLEGE

Zack Edgar

OL

Senior

Zack was one of the strongest players on the field. He posted the following marks: Clean - 330, Jerk - 375 (School Record), Squat - 570, Bench - 350. Zack took pride in his training and earned a starting position and became a team leader. ~Carter Conley

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CENTRE COLLEGE

Zarian Hunter-Cure

RB

Junior

Zarian is pound for pound one of the strongest and toughest players in the program. At 6', 195lbs Zarian runs a 4.65 40, has a 32 in vert. and posts the following strength totals: Clean - 295, Jerk - 285, Squat - 500, and Bench - 325. ~Carter Conley

CENTRE COLLEGE

Ryan Smith

DE

Senior

Ryan trained his way into being one of the most dominant defensive linemen in the league. At only 6', 219 lbs, Ryan posted the following totals: Clean-315, Jerk - 285, Squat - 500, Bench - 350, 40 yd Dash- 4.56, Vert. Jump - 37.5 in. His work ethic set the tone for his success on the field. ~Carter Conley

CLAREMONT-MUDD-SCRIPPS

Jett Zeimantz

Offensive Line

Senior

Two time All-SCIAC selection. 39 Game Stater. Part of an offensive line that paved the way for CMS' Third All-time rusher. (1,305 yards, including a school-record 274 against Whittier. Part of an offensive line that helped CMS lead the nation in time of possession and average 199.7 yards per game on the ground. Clean 375 Bench 380, Squat 585 Science Management major.

~Christopher Vicory

CLEMSON UNIVERSITY

Tremayne Anchrum

OT

Senior

225 Rep Max 29 / Squat 550 / Clean 315 / Vertical 24.5" / Broad Jump 8'7" / 4.65 5-10-5 / 7.72 L-DRILL / 2 X ALL-ACC SELECTION ~Paul Hogan

CLEMSON UNIVERSITY

Tanner Muse

Defensive Back-Safety

Senior

Tanner has earned a spot as one of Clemson's most dedicated athletes in many years. His work ethic and leadership skills earned him Team Captain honors as well as All Conference and All American. Muse has always displayed a attitude of team first, taking pride in doing the small things. In 2016 Muse earned Special Teams Defensive Player of the Year. Muse has two National Championship titles in which he played major roles on the field and in the locker room. Some of Muse's performance numbers include a 345 lbs. bench, 450 lbs. squat, and 320 lbs. power clean. ~Larry Greenlee

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CLEMSON UNIVERSITY

Sean Pollard

Offensive Line

Senior

Sean Pollard, a 6'5 313 lb. offensive lineman, is a tremendous person, student-athlete, worker, and leader for our football team.

On the football field, Sean played 2,328 snaps over 55 games (38 starts) in his career, playing at tackle, guard and center during a four-year span from 2016-19. During Sean's tenure, the Tigers went 55-4, winning two national championships, four ACC Championships, and appearing in the College Football Playoff four times. Additionally, Sean was the 17th player in school history to earn at least three selections to the All-ACC Academic Team. In the weight room, Sean worked diligently each day to improve his abilities and to perfect his craft. As a senior, Sean's testing numbers were as follows: bench press 405 lbs., bench press 225 lbs. 24 times, squat 550 lbs., and power clean 325 lbs. In addition to his weight room and football accomplishments, Sean is a graduate of Clemson University, and he was named to the 2018 AllState AFCA Good Works Team for his community service efforts. Sean puts in the work on and off the field. He displays personal excellence, respect, integrity, and tremendous work habits in all he does. Sean Pollard has earned NSCA Strength & Conditioning All-American honors in my opinion. ~Adam Smotherman

CLEMSON UNIVERSITY

John Simpson

Offensive Line Guard

Senior

John Simpson, a 6'4.5 333 lb. offensive lineman, is an outstanding young man who served this program well as a worker and as a leader.

On the football field, John played 2,043 snaps over 50 games (29 starts) in his career, earning consensus All-

America status as a senior in 2019. In the weight room, John put in the work daily to improve his abilities and to maximize his opportunities. As a senior, John's strength numbers were as follows: bench press 445 lbs., bench press 225 lbs. 34 times, squat 600 lbs., and power clean 365 lbs. In addition to his strength training and football accomplishments, John is a graduate of Clemson University, and he was elected to serve as a permanent team captain for our 2019 squad. He exhibits tremendous character, leadership, personal excellence, and respect in all he does. In my opinion, John Simpson has earned NSCA Strength & Conditioning All-American honors. ~Joey Batson

CLEMSON UNIVERSITY

K'Von Wallace

Defensive Back-Safety

Senior

K'Von Wallace, a 5'10.75 207 lb. safety, is an outstanding young man, student-athlete, worker, and leader for our football team. On the field, K'Von played 1,896 snaps over 59 games (36 starts), and departed Clemson tied for the most career games played in school history. During his four-year career from 2016-19, the Tigers went 55-4, winning two national championships, four ACC Championships, and appearing in the College Football Playoff four times. In the weight room, K'Von brought great effort and energy each day to improve himself and his teammates. As a senior, K'Von's strength training accomplishments were as follows: bench press 365 lbs., bench press 225 lbs. 24 times, squat 510 lbs., and power clean 305 lbs. In addition to his weight room and football accomplishments, K'Von is a graduate of Clemson University, and he was elected by his teammates to serve as a permanent captain for our 2019 team. K'Von puts in the work on and off the field. He displays respect, leadership, attention to detail, and a finish mentality in all he does. K'Von Wallace has earned NSCA Strength & Conditioning All-American honors in my opinion.

~Adrien Dunn

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DUQUESNE UNIVERSITY

Bill O'Malley

Tight End

Junior

Bill O'Malley is the hardest working, most dedicated student athlete I have ever had the privilege of working with. The amount of time and effort Bill has put in to his development has been unmatched. Through a detailed and disciplined approach to strength and conditioning, as well as his craft on the field, he has become a leader and a model for anyone who joins our program. His leadership and willingness to put the team first shows the high character individual that he is. The way he has transformed his body and mind in such a short period of time has been nothing short of remarkable. Bill's personal records include: 315 Power Clean, 485 Back Squat, 335 Bench Press. ~Anthony Longo

DUQUESNE UNIVERSITY

Brendan Thompson

Linebacker

Senior

Brendan Thompson became the heart and soul of the Duquesne Football program in his final two seasons. His leadership and never say die attitude made him the model student athlete. His commitment to his development in the weight room made him one of the strongest student athletes in program history. The determination he showed was passed on to his teammates, making them work harder to achieve their individual goals. He led by example, and I am forever grateful for the impact he made on me and on our program. Brendan's personal records include: 325 Power Clean, 540 Back Squat, 375 Bench Press. ~Anthony Longo

ELMHURST COLLEGE

Shea Kent

OL

Sophomore

Shea truly embodies all the qualities of being a highly driven and positive student-athlete that understands the hard work that is necessary for success. He is one of the most enjoyable student-athletes to be around on the Elmhurst College campus. He always has a positive mindset and is always encouraging his teammates to keep improving. Since he has arrived on campus, he has not missed one workout in two years and is working out voluntarily nearly five days per week in the off season. This has enabled him to post squat numbers of 560 lbs, bench press of 315, and power clean of 250. His constant desire to compete and improve has helped him compete at a very high level in the CCIW, which is one of the best athletic conferences in the nation for division 3. Inside the classroom he has posted a GPA of 3.76 and has been voted as one of the leaders on the football team. Shea is a true example of a successful student athlete that understands the work necessary and has the drive necessary to be successful. ~Glen Brittich

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EVOLVE FITNESS STRENGTH AND CONDITIONING

Zack Mesday

Outside Linebacker

Senior

Zack is one of the hardest working and committed athletes that I have been fortunate enough to coach. He values how the weight room can benefit his football performance and makes intelligent decisions regarding both how he trains and what he puts in his body. Zack played outside linebacker and defensive end at Temple University. From his career he has been recognized as a William Campbell Trophy semifinalist and a Burlsworth Trophy nominee. Zack was on the AFCA Good Works Team watch list and has been awarded many academic accolades such as being named to the Athletic Director's Honor Roll six times and being placed on the Academic All-Conference team four times. ~David LaPlaca

FITCHBURG STATE UNIVERSITY

Richard Austin

LB

Senior

Rich is one of the most consistent workers I've coached during my career. His energy was always the same - high - every day. He was a great leader for his team, both through his actions in the weight room and on the field and in his ability to keep his team together and motivated during tough parts of the schedule. Rich is also an Exercise Science major who is interested in pursuing a career in Strength and Conditioning. ~Jim McGuire

FORT HAYS STATE UNIVERSITY

Hayden Kreutzer

Defensive Back

Senior

5 years ago, Hayden was a walk-on defensive back for our Football team. As a senior this past year, Hayden started every game. His rise through our system was accomplished by his commitment, dedication and tremendous work ethic. His patient, but persistent drive

to be his best is how he was able to persevere, and become the player that he was and the man that he is now. Not only developing in the weight room and on the field, but also in a leadership role of responsibility and accountability. Nothing explains that better than the fact that Hayden had perfect attendance in off season workouts for all five years of his career. ~Doug Boucher

HOBART AND WILLIAM SMITH COLLEGES

Brian Haeffner

RB

Senior

Captain Brian Haeffner helped spearhead the improvement effort of Hobart football from a 5-4 record in 2018 to 9-2 in 2019. Over the course of his career at Hobart College, he has been a multiple selection All Liberty League running back while leading the team in rushing yards and touchdowns his last two years. Haeffner was the heartbeat of the team in the weight room putting up more than 30 reps of 225 Bench Press, Back Squatting over 400lbs and Hang Cleaning 300lbs. Always leading by example and holding himself and his teammates to the highest standard, he has helped instill a top notch culture in the Hobart weight room for years to come. ~Chris Gray

HOPE COLLEGE

Kevin Hazen

Linebacker

Senior

Kevin came to Hope College as a freshman the fall of 2016 as a strong, hardworking student athlete. Throughout his 4 years, he became one of the strongest, most explosive players to come through Hope College. He possesses a work ethic that is unmatched by anyone I have ever coached. He has a career best Power Clean of 380 lbs. He was a physical leader on and off the football field for Hope College. ~Dan Margritz

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HUMBOLDT STATE UNIVERSITY

Joseph Sweeney

Quarterback

Junior

Joseph was the starting quarterback during the last season of the existence Humboldt State University's football program. The team's record that season was not indicative of the hard work, leadership, and dedication that Joseph displayed in the face of constant adversity. He was an ideal example of what a leader in the weight room and on the field should look like. Quarterbacks are not usually known for their prowess in the weight room, but Joseph put up an impressive 335 pound bench press and 385 pound high bar back squat. He was not known to shy away from contact on the field either. Unfortunately, Joseph's collegiate football career was cut short by the canceling of the football program, but he was poised for an impressive career. ~Anthony Ratto

HUMBOLDT STATE UNIVERSITY

Sefa Tauanuu

Defensive Line

Junior

Sefa was a starter at defensive tackle as a true freshman. By his sophomore year he was virtually unblockable one on one; teams were forced to game-plan around his dominate presence in the middle of the field. An academic discrepancy forced him to redshirt his junior year, and then the short-sighted decision by the university to cancel the football program brought his Humboldt State career to a premature end before he could return to the field. Sefa's feats of strength both on the field and in the weight room are legendary; his 675 pound high bar back squat was a standard that he was sure to improve on as his career progressed. I hope that Sefa will have the opportunity to play the game again, he certainly left his mark at Humboldt State. ~Drew Petersen

HUNTINGDON COLLEGE

Drew Schlemmer

Linebacker

Senior

Drew has set the standard for what we want athlete's aspiring to achieve in the daily training environment, with their sport, and as a leader in both arenas. He has given his time selflessly toward the improvement of athletes from every sport on campus. Drew's legacy will live on in Huntingdon College Athletics, Strength & Conditioning, & Football for years to come.

~Charlie Goodyear

JONES COLLEGE

Lakevias Daniel

Defensive Back

Sophomore

Lakevias Daniel came to Jones College with no offers out of high school. After never missing a single class, practice or weight training session, Lakevias had numerous Power 5 offers before signing with Ole Miss. A true leader in the weight room and on the field, Lakevias was pound for pound one of the strongest athletes at Jones squatting 500 lbs at 180 lbs. body weight. He also clocked a 4.38 40 yard dash along with a 39.5 inch vertical jump. Lakevias embodies the definition of hard work and dedication to his craft and his body to achieve his goal of playing at the highest level. ~David Queck

JUNIATA COLLEGE

Bryce Walter

TE

Senior

Bryce's hard word and leadership on the field and in the weight room was a key factor in building a team culture of commitment and work ethic. ~Douglas Smith

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KING'S COLLEGE

Mando Sallavanti

Linebacker

Junior

Mando is a perfect example of hard work and discipline. His efforts in the weight room are visible in his field of play as he leads his team weekly. ~Bryonne Herring

LAMAR UNIVERSITY

Tamatoa Neher

Offensive Line

Senior

Tamatoa (Toa) Neher transferred to our program for the final 2 years of his career. From day 1 it was obvious that he was strong and determined to push his body as far as it could go to establish a lead by example approach at his position group. Toa was quickly respected by his teammates for his no nonsense approach to preparing for Football both in the weight room and on the field. What doesn't show up in his strength numbers is his easy to connect with personality that created a tight knit bond amongst the OL. As Toa takes the next step in his career his blue collar approach and relatable personality will lead to many more positive relationships and successes. ~Travis Nichols

LAMAR UNIVERSITY

Case Robinson

Tight End

Senior

Case Robinson entered our program as a walk-on Freshman Quarterback and left the program as a scholarship Tight End. In making this transition halfway through his career he added 50 lbs to his frame. He did this through committing to a high calorie diet and took every minute of his weight room training seriously for his 4 year career. Case is the epitome of blue collar and an example of how you can transform your body to meet the demands of a physically demanding sport. As Case takes this same workmanlike approach to his post-career

endeavors I have no doubt he will achieve the same success in his life after Football. ~Daniel Darcy

MCKENDREE UNIVERSITY

Matt Cole

WR

Senior

Matt Cole has been a blessing to coach. His physical capabilities are unmatched and his positive attitude has done wonders for our program.

Clean: 325

Squat: 530

Bench: 335

Vert: 37

Broad: 9'11"

~Jordan Fark

MORNINGSIDE COLLEGE

Deion Clayborne

Defensive Back

Senior

It is my honor to work with many great athletes at Morningside College and it is a great privilege to nominate Deion Clayborne. Deion is a four-year letterman, an All-GPAC Conference defensive back, and a two-time National Champion. Deion is a great example of the effort, dedication and the character that every athlete should have. Not only does Deion show his strength on the field and in the weight room, but his continued focus in the classroom and community is an inspiration to this program. Deion is a great student, athlete and person, Deion represents everything the Morningside College Mustangs wants for their athletes. Best weight room performances- Squat:430lbs Bench:250lbs Power Clean:320lbs Vertical Jump:37 inches Broad Jump: 9 feet 1 inch. ~Aaron Jung

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PERU STATE COLLEGE

Brady Stephens

Linebacker

Junior

At 6'1" and 206 pounds, Brady recorded a 285 pound hang clean, a 446 pound squat, and a 319 pound bench press in Spring testing. In the weightroom, on the field, in practice, and in the classroom, Brady is a tireless worker. His current major is Kinesiology, where he carries a 3.83 grade point average, and he has expressed a strong desire to pursue a career as a Certified Strength & Conditioning Specialist. ~Kyle Ryan

RENSELAER POLYTECHNIC INSTITUTE

Grant Tragni

Linebacker

Senior

Grant Tragni has been a fixture of the RPI strength & conditioning program since his freshman year. Through his commitment and dedication to the strength & conditioning program he worked his way into a starting position in his senior year at middle linebacker and was voted a captain by his teammates. Grant's unwavering work ethic allowed him to be 2nd on the team in total tackles and tied for 1st in interceptions, in addition to having a 300 lb clean, 480 lb back squat and 345 lb bench press at a body weight of 205 lbs. ~Sergio Merino

SACRED HEART UNIVERSITY

DeAndre Byrd

Line Backer

Sophomore

DeAndre has provided our program with leadership, toughness, and grit. He works everyday to improve himself and others physically and mentally. ~Chris Fee

SACRED HEART UNIVERSITY

Josh Sokol

Offensive Line

Senior

Josh has provided our program with leadership, toughness, and grit. He works everyday to improve himself and others physically and mentally. ~Chris Fee

SAGINAW VALLEY STATE UNIVERSITY

Max Fister

Offensive Line

Senior

Max began his collegiate career as a walk-on offensive linemen and worked in a starting position at right guard earning an athletic scholarship. Max is the prime example of a relentless worker finishing with a career power clean over 340lbs, a back squat over 500lbs, and a bench press over 350lbs, and achieve personal bests in the vertical jump, 20/40 yd sprint, and the pro-agility. Max exceeded all expectations during the 2019 football season as a leader and worker in the program. Academically Max was a 4.0 student.

~Christopher Winter

SALISBURY UNIVERSITY

Tyler Norwood

OL

Senior

Becoming a DIII All-American is great indicator of the effort Tyler put in day after day and year after year to be great. Not only was he a hard worker but also a good leader. Along with these great qualities, Tyler was highly committed and very dedicated to both his in-season and off-season training. His presence on the field and in the weight room will be sorely missed. ~Matt Nein

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SOUTH DAKOTA STATE UNIVERSITY

Adam Anderson

Wide Receiver

Senior

Adam was very professional in his approach to human performance and being the best student-athlete he could be from day one. He always worked hard and gave his best effort. He put on twenty pounds of body weight in his career while increasing his vertical jump from 31.5 to 38.5 in. He power cleaned 308lbs and squatted 430 at a body weight of just under 200lbs while also decreasing his sprint and agility times. However, his infectious smile and attitude toward life is one of his most impressive characteristics. Adam's work ethic, attitude and determination will ensure that he is a life long champion in whatever he pursues ~Nathan Moe

SOUTH DAKOTA STATE UNIVERSITY

Kallan Hart

Tight End

Senior

Over the top commitment to their development and to their teammates. They followed up their commitment with an exceptional work-ethic that was first class. Their passion for perfection has driven them to an elite tier that will be a standard for those in the future to follow. ~Noah Meyer

SOUTHWESTERN COLLEGE

Zach Gray

Defensive Line

Senior

Zach is the kind of student-athlete that all coaches want to work with. His hard work and dedication to training has shown great improvement in his athleticism on the field. Zach leads by example and helps his teammates on the field and in the training facility. As a defensive tackle, he started in nearly 40 competitions during his collegiate career. Zach has also held multiple training records,

including a 34 inch vertical jump at a body weight of 275 pounds. ~Corey Gray

SPRINGFIELD COLLEGE

Jeff Stern

Half Back

Senior

Jeff is an athlete who excelled physically and as a leader in the weight room during his time with the Springfield College Football program. He set the standard for attitude, effort, and work ethic by holding his teammates to a high standard and holding himself to an even higher standard. There was never a day that Jeff didn't come to lift full of energy, ready to crush whatever we had for planned for the team that day. Physically, Jeff also set a high standard for his teammates. At 195lbs Jeff could front squat 355lbs, bench 280lbs, trap bar dead lift 475lbs and hang clean 255lbs. As a program, we often talk about leaving it better than you found it, and Jeff did that in every way possible. He made his teammates better by showing them how to do things the right way, being the first one to arrive, the last one to leave and giving 100% effort whether it was 6am or 7pm. He made our staff better by challenging us to think outside the box every day bringing up new ideas he gained through his exercise science studies and division I internship experience, and he made our facility better, literally, by coming in to help us clean during his free time. Though his time with our program is over and he is moving on to other things, Jeff has left a lasting impact on Springfield College strength and conditioning and will continue to be the standard for all athletes who come in to train with us. ~Olivia Indorf

2020 — COLLEGE — FOOTBALL

STEVENSON UNIVERSITY

Mario McIntyre

Defensive End

Junior

Mario is an outstanding football player, leading our team in tackles for loss. Mario is a text book example of an athlete who has completely changed their body, and is currently reaping the benefits. He is one of the strongest hard working athletes I have ever worked with, and due to his tremendous leadership many of the other football athletes are buying in at an even higher rate. Energy and effort has never been better and Mario has a lot to do with that. There's nobody more deserving of this honor than Mario! ~Anthony Pedrotti

STONY BROOK UNIVERSITY

Augustus Contressa

Defensive Back

Senior

Augustus is a captain on the team that has been a leader for the last 3 years. As a sophomore he showed this by being an extremely hard worker and contributing to the team anyway he could. As a junior he became a leader on and off the field earning commissioners academic honor roll and 2nd team all CAA. ~Joel Lynch

THE CITADEL

Marquise Blount

Linebacker

Sophomore

Blount put together another dominating season. The sophomore posted 42 tackles, 11.5 tackles-for-loss, 4.5 sacks, one forced fumble and five quarterback hurries in just eight games. He recorded a sack in each of the last three games he played, including a strip sack that led to a touchdown victory. Blount was named a Southern Conference (SOCON) Defensive Player of the Month all while maintaining a 3.04 GPA. He is a Criminal Justice major. ~Jeff Irwin

TRINITY COLLEGE

Daniel Negrón

Linebacker

Senior

One of the greatest leaders in the weight room I have ever had. ~Bill DeLongis

TROY UNIVERSITY

Jarvis Hayes

Outside Linebacker

Senior

Jarvis is a very hard worker and super determined. Has no problem going above and beyond to achieve his goals. Jarvis goes 100% in everything he does. ~Richard Shaughnessy

UNIVERSITY OF DELAWARE

Will Knight

Running Back

Freshman

Will has worked hard to accomplish his goals in the classroom, community, weight room, and on the field. He has used his time in the weight room expand his abilities on the field. In the 2019 season, Knight registered 919 rushing yards, 125 carries, 7 touchdowns, and 275 receiving yards. He received the honor of First Team Freshman All-American due to his play on the field and being ranked 2nd in the CAA in total rushing yards. He is one of our most dedicated student-athletes at the University of Delaware and understands the value of what strength and conditioning can provide him to excel at a national level. ~Thomas Evans

UNIVERSITY OF WISCONSIN-RIVER FALLS

Freedom Hunt

Defensive Back

Senior

~Carmen Pata

2020 — COLLEGE — FOOTBALL

WAYNE STATE COLLEGE

Ian Ailts

Senior

Ian was a leader on and off the field. In his 4 years at WSC his body transformed and it paid off on the field.
~Kenneth Grant Darnell

WAYNE STATE COLLEGE

Randy Gehl

Junior

Randy is very hard worker, and someone that loves the weight room. He comes every day looking to improve himself and the people around him. ~Dakota Coon

WAYNE STATE COLLEGE

Ryan Kennedy

Sophomore

Kennedy has always been a leader in the weightroom. He squats well over 600lbs and cleans 365lbs. His weightroom performances has help make him an all conference player on the field ~Taylor Feenstra

WEST TEXAS A&M

Chazz Slatinsky

DB

Senior

Chazz is one of the best athletes I have every worked with. An excellent worker and teammate that gives his all in training and on the field. Over the past two years he has PR'd in every training block. Also, he contributed more than 40 solo stops, helping the WTAMU football program to their best record in three years. ~Ben Kozak