
BOARD OF DIRECTORS IN-PERSON AND ZOOM MEETING MINUTES – JANUARY 5, 2022

Members participating in this meeting: Dr. Brent Alvar (in-person), Mr. Darnell Clark, Dr. Helen Binkley, Ms. Kacie Wallace, Dr. Paul Comfort (in-person), Dr. Sally Paulson (in-person), Mr. Robert Alejo, Dr. Brandon Roberts, and Mr. Robert Linkul.

Also present at times: *NSCA Staff in-person:* Michael Massik, Lee Madden, Scott Douglas, Jonathan Sagapolutele, *NSCA Staff Zoom:* Keith Cinea, Becky Milot-Bradford, and Christina Templeton. *Legal Counsel (Zoom):* Tom James.

The meeting of the NSCA Board of Directors was called to order at 1:04 pm Central Time (CT) on Wednesday, January 5, 2022 by Dr. Brent Alvar, NSCA President in Pearl 1 of the Marriott Rivercenter in San Antonio, TX. Began without Clark. A quorum was present.

CONSENT AGENDA

The following motions were adopted by unanimous consent:

- **2022-01-05-01** – Approval of the October 26, 2021 Zoom Meeting Minutes
Adopted Motion: That the Board of Directors approve the October 26, 2021 Board of Directors Meeting Minutes as presented.
- **2022-01-05-02** – Ratify the vote and approve the minutes: December Email Votes
Adopted Motion: That the Board of Directors ratify the votes and approve the minutes of the December 2021 email votes.
- **2022-01-05-03** – Approval of the revision to the Assistant College Strength and Conditioning Coach of the Year Award
Adopted Motion: That the Board of Directors approve the revision to the Assistant College Strength and Conditioning Coach of the Year award as recommended by the Task Force and approved by the Awards and Honors Committee.
- **2022-01-05-04** – Approval of the revision to the College Strength and Conditioning Coach of the Year Award
Adopted Motion: That the Board of Directors approve the revision to the College Strength and Conditioning Coach of the Year award as recommended by the Task Force and approved by the Awards and Honors Committee.
- **2022-01-05-05** – Approval of the revision to the Professional Strength and Conditioning Coach of the Year Award
Adopted Motion: That the Board of Directors approve the revision to the Professional Strength and Conditioning Coach of the Year award as recommended by the Task Force and approved by the Awards and Honors Committee.

