

# BOARD OF DIRECTORS ZOOM MEETING MINUTES – APRIL 1, 2022

**Members participating in this meeting:** Dr. Brent Alvar, Mr. Robert Alejo, Dr. Helen Binkley, Mr. Darnell Clark, Ms. Kacie Wallace, Dr. Paul Comfort, Dr. Sally Paulson, and Mr. Robert Linkul.

**Member absent:** Dr. Brandon Roberts.

**Also present at times:** *NSCA Staff:* Michael Massik, Lee Madden, Scott Douglas, Keith Cinea, Mary-Clare Brennan, Jonathan Sagapolutele, Alonso Montiel, Carissa Gump, Becky Milot-Bradford, and Christina Templeton.

The meeting of the NSCA Board of Directors was called to order at 1:02 pm Mountain Time (MT) on Friday, April 1, 2022 by Dr. Brent Alvar, NSCA President. A quorum was present.

## CONSENT AGENDA

Motion 2022-04-01-01 – Approval of the January 5, 2022 Meeting Minutes was pulled from the consent agenda to discuss the status of a motion that was referred to committee. The consent agenda was moved to be adopted by Dr. Sally Paulson, seconded by Dr. Helen Binkley, and the consent agenda was adopted. The following motions were adopted by unanimous consent:

- **2022-04-01-02** – Approval of the January 5, 2022 Executive Session Meeting Minutes  
**Adopted Motion:** That the Board of Directors approve the January 5, 2022 Board of Directors Executive Session Meeting Minutes and permit the names of the Career Award winners to be public.
- **2022-04-01-03** – Ratify the March Email Vote and Approve the Minutes  
**Adopted Motion:** That the Board of Directors ratify the March email vote and approve the minutes as presented.
- **2022-04-01-04** – Approval of NSCA Foundation Board Member  
**Adopted Motion:** That the Board of Directors approve Ludmila Cosio-Lima for a second term on the NSCA Foundation Board.
- **2022-04-01-05** – Approval of the Awards and Honors Committee Members  
**Adopted Motion:** That the Board of Directors approve Mark Abel, Helen Binkley, and Matthew Nein as Awards and Honors Committee members.
- **2022-04-01-06** – Approval of Certification Committee Members  
**Adopted Motion:** That the Board of Directors approve Daniel Heller as Certification Committee member as well as a second term for Certification Committee member Jamie Aslin
- **2022-04-01-07** – Approval of Second Term for Conference Committee Members  
**Adopted Motion:** That the Board of Directors approve second terms for Conference Committee members Tyler Christiansen, Tom Cormier, and Tyler Grubic
- **2022-04-01-08** – Approval of Diversity, Equity, and Inclusion Committee Members

**Adopted Motion:** That the Board of Directors approve Lexus Norwood and Kyle O’Toole as Diversity, Equity, and Inclusion Committee members.

- **2022-04-01-09** – Approval of Education Committee Members

**Adopted Motion:** That the Board of Directors approve Julia Olsen, Yasuki Sekiguchi, and John Snyder as Education Committee members.

- **2022-04-01-10** – Approval of Membership Committee Members

**Adopted Motion:** That the Board of Directors approve David Heikkinen as Membership Committee member.

- **2022-04-01-11** – Approval of Women’s Committee Members

**Adopted Motion:** That the Board of Directors approve Elizabeth Dupree and Sarah Martinez as Women’s Committee members.

Mr. Darnell Clark joined the meeting at 1:11pm.

- **2022-04-01-01** – Approval of the January 5, 2022 Meeting Minutes

Proposed by: Dr. Helen Binkley

Vote: Passed

Seconded by: Dr. Sally Paulson

**Adopted Motion:** That the Board of Directors approve the January 5, 2022 Board of Directors Meeting Minutes as presented.

## REPORTS OF OFFICERS

### President’s Report

- Ms. Kacie Wallace and Dr. Helen Binkley volunteered to serve on the Board Policy and Procedures Manual sub-committee, to perform the annual review.

### Treasurer’s Report

- The Board of Directors review the 2022-2023 budget.

- **2022-04-01-12** – Approval of the 2022-2023 Budget

Proposed by: Dr. Helen Binkley

Vote: Passed

Seconded by: Ms. Kacie Wallace

**Adopted Motion:** That the Board of Directors approve the 2022-2023 budget as presented.

## REPORTS OF COMMITTEES

- **Women’s Committee:** A brief report on a Women’s Mentorship Program was given. The Board has no concerns and the committee may move forward as outlined in the report.
- **Diversity, Equity, and Inclusion:** A follow-up report on the progression of the Leadership and Diversity Training Program was given.
- **Ethics Committee:** An update of a submitted grievance was presented.
- **Nomination Committee:** The process from submitting application to the election ballot was presented.



## **DISCUSSION ITEMS**

- **2022-04-01-13** – Minor correction to the bylaws

Proposed by: Dr. Helen Binkley

Vote: Passed

Seconded by: Ms. Kacie Wallace

**Adopted Motion:** That the Board of Directors strike ‘meets’ and inserts ‘meet’ to Article 2, Section d, second sentence of the bylaws.

Mr. Bob Alejo joined the meeting at 1:52pm.

- The Board discussed the benefits of in-person versus online conferences.
- Improving dissemination of research-based knowledge and international opportunities were discussed.

Announcements were made and the meeting adjourned at 3:12 pm MT.