



Seconded by: Dr. Sally Paulson

**Adopted Motion:** That the Board of Directors appoint Waugh & Goodwin, LLC as NSCA's auditors for fiscal year ending March 31, 2023.

- » **2022-07-06-03** – Amendment to the Budget

Proposed by: Dr. Brent Alvar

Vote: Passed

Seconded by: Mr. Darnell Clark

**Adopted Motion:** That the Board of Directors amend the 2022-2023 budget with the variances as presented.

## CONSENT AGENDA

The following motions were adopted by unanimous consent:

- » **2022-07-06-04** – Approval of the April 1, 2022 Meeting Minutes

**Adopted Motion:** That the Board of Directors approve the April 1, 2022 Board of Directors Meeting Minutes as presented.

- » **2022-07-06-05** – Revision to the High School Strength and Conditioning Coach of the Year Award

**Adopted Motion:** That the Board of Directors approves the revisions to the High School Strength and Conditioning Coach of the Year Award as recommend by the Coaching and Sport Science Program Manager and approved by the Awards and Honors Committee.

- » **2022-07-06-06** – Revision of the revisions to the Nutritional Research Achievement Award

**Adopted Motion:** That the Board of Directors approves the revisions to the Nutritional Research Achievement Award as recommend by the Research Committee and approved by the Awards and Honors Committee.

- » **2022-07-06-07** – Approval of the Amendment to CASCE Bylaws

**Adopted Motion:** That the Board of Directors approve amendment to the CASCE Bylaws in Section IV. Officers and Agents 4.2. Election and Term of Office. Deletion- "...for a period of one (1) year." Replaced with- "...for up to a (maximum) of three (3) years."

## REPORTS OF COMMITTEES

- » Board Liaisons provided informational verbal updates about committee activities.

The Board discussed standardizing and developing best practices for volunteers utilizing social media.

## MOTION

- » **2022-07-06-08** – Approval of the Revisions to the Board of Directors Policies and Procedures Manual

Proposed by: Ms. Kacie Wallace

Vote: Passed

Seconded by: Dr. Sally Paulson


**Adopted Motion:** That the Board of Directors approve the revisions to the Board of Directors Policies and Procedures Manual.

## REPORTS OF EDITORS

- » Dr. Nicholas Ratamess presented the annual *Journal of Strength and Conditioning Research's* Editor-in-Chief Report to the Board.
- » Dr. Jeff Chandler and Dr. Britt Chandler presented the annual *Strength and Conditioning Journal's* Editor-in-Chief Report to the Board.

## EXECUTIVE SESSION

The Board enter executive session to be given a brief legal update.

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- Executive Session was called at 3:27 pm CT by Dr. Brent Alvar, seconded by Dr. Paul Comfort - unanimously approved. Legal Counsel Tom James and NSCA Staff Michael Massik, Keith Cinea, Lee Madden, and Christina Templeton were approved to attend.

Tom James left the meeting.

- Returned to regular session at 3:37 pm CT by Dr. Brent Alvar, seconded by Dr. Paul Comfort – unanimously approved.

## **CASCE REPORT**

- » Dr. Todd Miller and Dr. Colin Wilborn provided the Council on Accreditation of Strength and Conditioning Education (CASCE) annual report to the Board.

The meeting was adjourned July 6, 2022 at 04:21 pm CT.