

# BOARD OF DIRECTORS MEETING MINUTES

## SATURDAY, OCTOBER 15, 2022

**Meeting location:** Hybl Room, U.S. Olympic & Paralympic Museum, Colorado Springs, CO

**Members participating in this meeting:** Dr. Brent Alvar, Dr. Paul Comfort, Dr. Sally Paulson, Mr. Robert Alejo, Mr. Robert Linkul, Dr. Brandon Roberts, Dr. Disa Hatfield, and Dr. Jay Dawes.

**Member absent:** Ms. Kacie Wallace.

**Also present at times:** *Board Guest:* Dr. Travis Triplett and Dr. Steve Swafford; *NSCA Staff:* Michael Massik, Lee Madden, Virginia Meier, Alonso Montiel, Scott Douglas, Jonathan Sagapolutele, and Christina Templeton.

The meeting of the NSCA Board of Directors was called to order at 8:28 am Mountain Time (MT) on Saturday, October 15, 2022 by Dr. Brent Alvar, NSCA President. A quorum was present.

### CONSENT AGENDA

The following motions were adopted by unanimous consent:

- » **2022-10-15-01** – Approval of the July 6, 2022 Meeting Minutes  
**Adopted Motion:** That the Board of Directors approve the July 6, 2022 Board of Directors Meeting Minutes as presented.
- » **2022-10-15-02** – Approval of the July 9, 2022 Meeting Minutes  
**Adopted Motion:** That the Board of Directors approve the July 9, 2022 Board of Directors Meeting Minutes as presented.
- » **2022-10-15-03** – Ratify the email vote and approve the minutes of August Email Votes  
**Adopted Motion:** That the Board of Directors ratify the August email vote and approve the minutes as presented.
- » **2022-10-15-04** – Ratify the email votes and approve the minutes of September Email Vote  
**Adopted Motion:** That the Board of Directors ratify the September email vote and approve the minutes as presented.
- » **2022-10-15-05** – Approval of the State/Provincial Director’s Handbook  
**Adopted Motion:** That the Board of Directors approve the updated 2022 State and Provincial Director (SPD) Program Handbook.

