



NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

COLLEGE — WHEELCHAIR TENNIS

THE UNIVERSITY OF ALABAMA

Avery Downing

Senior

Avery is one of the hardest working athletes I have every met and an overall remarkable person. She joined our program with limited experience and has worked diligently to become a great player, leader, and contributor to our program. Avery was a captain for our Women's Wheelchair Basketball in 2019 when they won a National title. She was also apart of 2018 and 2019 Wheelchair Tennis National Championships and has served as a captain for that team for both the 2020 and 2021 seasons. Not only is she a dual sport athlete, she is also a dual major currently seeking a bachelor's degree in both English and Spanish with a 3.9 GPA. ~Will Wright