

HIGH SCHOOL — POWERLIFTING

GREER HIGH SCHOOL GENESIS ANDERSON

Junior

Genesis is a multi-sport athlete that has recently begun entering powerlifting competitions. She competed in the All-Female South Carolina State meet in November, finishing 3rd in her weight class. Just recently she competed in the USAPL South Carolina High School Barbell Bash, placing 1st in her age/weight category and 4th for overall Best Female Lifter. Genesis also stars on the softball diamond as a catcher and infielder. She hit .348 last season as a sophomore, going 16-46 with 21 RBI and 2 HR. While she is soft spoken, her grittiness and toughness allows her to compete at a high level at all times. She is the ultimate teammate and I am thankful to have the opportunity to coach her. She is very deserving of this award and is a great representative of Greer High School. ~Matthew Landreth

GREER HIGH SCHOOL MICHAEL HUFF

105 kg

Senior

Michael has been a staple in our program during his entire high school career. He previously played baseball as well, but was an integral part of getting our Powerlifting Club up and running and has focused on that the past 2 years. He shows up ready to work each and every day. He is also crucial in the development of some of our younger lifters, acting as a "student-coach". During this time, he set several USAPL SC Teen II records in the 105 kg weight class. His dedication to our training program and internal drive has allowed him to achieve incredible success. He is constantly hitting PR's in the weight room and has a bright future ahead of him. Michael is also a key member of our state ranked band program. I can't think of another person more deserving of this honor. He is the definition of what it means to be a Yellow Jacket! Any coach would be honored to have a

person like Michael in their program. ~Matthew Landreth

NEW TRIER HIGH SCHOOL ELLIE SONG

President

Senior

Ellie Song is an amazing powerlifter and weightlifter. She started her high school career with a bang - as a freshman, she took 1st place in the freshman division at NASA High School Nationals while leading her team to a National Championship. Her ability has always been high and her leadership continued to improve. As a junior, she became the first female President of New Trier's Powerlifting team. She has competed 7 times since freshman year and come home with 5 golds, though you'd never know it. Ellie is humble and kind, hard-working, and really smart. She is the counterbalance to what someone off the street might think of when they hear the term 'powerlifter' - she's just a really great person who happens to be an elite athlete. She has led her team to 3 USAW HS Throwdown Championships, one NASA National Championship, and one IHSPLA State Championship. She has also taken the lead on numerous community service efforts including multiple fundraisers for the Infant Welfare Society of Chicago. In training for the spring of her senior year, she recently squatted 285lbs for reps and is nowhere close to her full potential. Ellie Song is a unique talent and wonderful person. ~James (Jim) Davis