



**NSCA BOARD OF DIRECTORS  
EMAIL MEETING MINUTES  
April 7, 2015**

Participating in the meeting were: Dr. Steve Fleck, NSCA President, Dr. Todd Miller, Vice-President, Dr. Colin Wilborn, Secretary-Treasurer, Dr. Brent Alvar, Dr. Greg Haff, President-Elect, Dr. David Joyner, Patrick McHenry, Dr. Michael G. Miller, Dr. Brad Schoenfeld, and Dr. David Szymanski.

In October, the Board approved moving the NSCA's 401(k) to Paychex to be more efficient from a staff time perspective and to save money. The change happened January 1, 2015 and new funds are now being invested at John Hancock via Paychex. In order to completely close the old 401(k) at Ascensus and move the funds to John Hancock, appointment of a new plan trustee must be accomplished. In order to expedite this process, approval via email rather than waiting for the April 29 Board of Directors quarterly meeting was preferred. Per the NSCA attorney, Tom James, Colorado law allows for email votes. The attached corporate resolution was reviewed by each of the above board members and their approval to appointment Wilmington Trust for the NSCA 401(k) plan as trustee was obtained via email.

The Vote to approve was unanimous.