



# NATIONAL '15

38TH ANNUAL NATIONAL CONFERENCE & EXHIBITION  
July 8 - 11, 2015 | Orlando, FL | Swan & Dolphin Hotel

## Board of Directors Meeting Agenda Wednesday, July 8, 2015 8:00am-5pm Europe 1 Conference Room

This meeting was called to order at 8:00 am Eastern Standard Time on Wednesday, July 8, 2015 by NSCA President, Dr. Steve Fleck.

Participating in the meeting were: Dr. Steve Fleck, NSCA President, Dr. Todd Miller, Vice-President, Dr. Colin Wilborn, Secretary-Treasurer, Dr. Brent Alvar, Dr. Greg Haff, President-Elect, Dr. David Joyner, Patrick McHenry, Dr. Michael G. Miller, Dr. Brad Schoenfeld, and Dr. David Szymanski.

Also participating in the meeting were Michael Embree, Executive Director, Levi Boren, Sr. Director of Certification & Education, Scott Douglas, Sr. Director of Business Development & Membership, Lee Madden, Sr. Director of Finance & Administrative Services, Virginia Meier, Director of Conferences, Beth Rampelberg, Director of Marketing, Wayde Rivinius, Sr. Director of IT, Carwyn Sharp, Chief Science Officer, and Brenda McQuay, Executive Assistant.

### RESOLUTIONS:

**2015-07-08-01**

**PASSED UNANIMOUSLY**

**TOPIC:** ..... Approval of April 29, 2015 Meeting Minutes

**Motion Proposed By:** ..... Dr. Todd Miller

**Motion Seconded By:** ..... Patrick McHenry

**Proposed Motion:** ..... That the Board of Directors approves the minutes from the April 29, 2015 board meeting as presented.

**Adopted Resolution:** ..... That the Board of Directors approves the minutes from the April 29, 2015 board meeting as presented.

**Staff Support:** ..... Brenda McQuay

**2015-07-08-02**

**PASSED UNANIMOUSLY**

**TOPIC:** ..... Approval of Appointments to the Certification Committee  
**Motion Proposed By:** ..... Dr. Brad Schoenfeld  
**Motion Seconded By:** ..... Dr. Todd Miller  
**Proposed Motion:**..... That the Board of Directors approves the appointments of the following individuals to the Certification Committee:  
 John McCarthy (reappointment) - CSPS Representative  
 Ian Jeffreys - International Certificant Representative  
**Adopted Resolution:** ..... That the Board of Directors approves the appointments of the following individuals to the Certification Committee:  
 John McCarthy (reappointment) - CSPS Representative  
 Ian Jeffreys - International Certificant Representative  
**Staff Support:**..... Levi Boren, Sr. Dir. Of Certification & Education

**2015-07-08-03**

**PASSED UNANIMOUSLY**

**TOPIC:** ..... Approval of Appointments to the Conference Committee  
**Motion Proposed By:** ..... Dr. Brad Schoenfeld  
**Motion Seconded By:** ..... Dr. Colin Wilborn  
**Proposed Motion:**..... That the Board of Directors confirms the following individuals as members of the Conference Committee:  
 Leslie Schilling (nutrition specialty)  
 Jeff McBride (research specialty)  
**Adopted Resolution:** ..... That the Board of Directors confirms the following individuals as members of the Conference Committee:  
 Leslie Schilling (nutrition specialty)  
 Jeff McBride (research specialty)  
**Staff Support:**..... Virginia Meier, Dir. Of Conferences

**2015-07-08-04**

**PASSED UNANIMOUSLY**

**TOPIC:** ..... Approval of Diversity Committee New Members  
**Motion Proposed By:** ..... Dr. Michael Miller  
**Motion Seconded By:** ..... Dr. Brent Alvar  
**Proposed Motion:**..... That the Board of Directors approves the following changes to the Diversity Committee membership:  

- Benjamin Wax, PhD
- Ludmila Cosio-Lima, PhD

**Adopted Resolution:** ..... That the Board of Directors approves the following changes to the Diversity Committee membership:  

- Benjamin Wax, PhD

- Ludmila Cosio-Lima, PhD

Staff Support:..... Scott Douglas, Sr. Dir. Of Bus. Dev. And Membership

**2015-07-08-05**

**PASSED UNANIMOUSLY**

TOPIC: ..... Approval to form Track and Field SIG

Motion Proposed By: ..... Patrick McHenry

Motion Seconded By: ..... Dr. Brad Schoenfeld

Proposed Motion:..... That the NSCA Board of Directors approve the application to form a NSCA Track and Field SIG based on the procedure for approving SIGs and the recommendations submitted by the Membership Committee.

Adopted Resolution: ..... That the NSCA Board of Directors approve the application to form a NSCA Track and Field SIG based on the procedure for approving SIGs and the recommendations submitted by the Membership Committee.

Staff Support:..... Scott Douglas, Sr. Dir. Of Bus. Dev. And Membership

**2015-07-08-06**

**PASSED UNANIMOUSLY**

TOPIC: ..... NSCA Women’s Committee New Members Approval

Motion Proposed By: ..... Dr. Brent Alvar

Motion Seconded By: ..... Dr. Colin Wilborn

Proposed Motion:..... That the Board of Directors approves the following new member for the NSCA Women’s Committee:  
Betsy Feutz, CSCS

Adopted Resolution: ..... That the Board of Directors approves the following new member for the NSCA Women’s Committee:  
Betsy Feutz, CSCS

Staff Support:..... Lee Madden, Sr. Dir. Of Finance and Administrative Services

**2015-07-08-07**

TOPIC: ..... NSCA Technological Strategic Updates

Motion Proposed By: ..... Dr. Brent Alvar

Motion Seconded By: ..... Dr. Todd Miller

Proposed Motion:..... That the Board of Directors approves the following adjustments to the approved 2016 NSCA Budget:

•	Previously Approved	\$4,774,500
•	Additional IT staff	\$76,500
•	New Total	\$4,851,000



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**Adopted Resolution:** ..... That the Board of Directors approves the following adjustments to the approved 2016 NSCA Budget:

•	Previously Approved	\$4,774,500
•	Additional IT staff	\$76,500
•	New Total	\$4,851,000

**Staff Support:**..... Lee Madden, Sr. Dir. Of Finance and Administrative Services  
Wayde Rivinius, Sr. Dir. Of Technology

**A Motion was made by Dr. Brent Alvar seconded by Patrick McHenry to move into Executive Session at 1:00 p.m. EST.**

**A motion was made by Dr. Brent Alvar seconded by Dr. Todd Miller to move back into Open Session at 1:50 p.m. EST**

The meeting was adjourned by Dr. Steve Fleck at 5:00 p.m. and continuation of discussion items and reports will reconvene on Thursday, July 9, 2015.