



**BOARD OF DIRECTORS  
 QUARTERLY MEETING MINUTES  
 Wednesday, October 7, 2015  
 6:00 a.m. MT; 7:00 a.m. CT; 8:00 a.m. ET;  
 8:00 p.m. Perth**

Participating in the meeting were: Dr. Greg Haff, NSCA President (joined the call at 7:00 a.m. MT), Dr. Joel Cramer, Secretary-Treasurer, Dr. David Joyner, Patrick McHenry, Dr. Todd Miller, Dr. Brad Schoenfeld, and Dr. David Szymanski.

Absent from the meeting were: Dr. Colin Wilborn, Vice-President, Dr. Michael J. Miller.

Also participating in the meeting were Bob Jursnick, Interim Executive Director, Levi Boren, Sr. Director of Certification & Education, Scott Douglas, Sr. Director of Business Development & Membership, Lee Madden, Sr. Director of Finance & Administrative Services, Virginia Meier, Director of Conferences, Beth Rampelberg, Director of Marketing, Wayde Rivinius, Sr. Director of IT, Carwyn Sharp, Chief Science Officer, and Brenda McQuay, Executive Assistant.

The meeting was called to order by Dr. Joel Cramer in Dr. Haff's absence. Dr. Cramer called for a motion to move into Executive Session. Motion to move into Executive Session was made by Patrick McHenry seconded by Dr. Brad Schoenfeld.

The meeting moved from Executive Session into Open Session at approximately 7:00 a.m. MT.

**Resolutions:**

**2015-10-07-01**

**PASSED UNANIMOUSLY**

- TOPIC:..... Approval of July 8, 2015 Meeting Minutes
- Motion Proposed By:..... Dr. Joel Cramer
- Motion Seconded By:..... Dr. David Szymanski
- Proposed Motion:..... That the Board of Directors approves the July 8, 2015 Meeting Minutes as presented.
- Adopted Resolution:..... That the Board of Directors approves the July 8, 2015 Meeting



Minutes as presented.

Staff Support:..... Brenda McQuay, Executive Assistant

**2015-10-07-02**

**PASSED UNANIMOUSLY**

TOPIC:..... Approval of July 9, 2015 Meeting Minutes.

Motion Proposed By:..... Dr. Joel Cramer

Motion Seconded By:..... Dr. David Szymanski

Proposed Motion: That the Board of Directors approves the July 9, 2015 Meeting Minutes as presented.

Adopted Resolution: That the Board of Directors approves the July 9, 2015 Meeting Minutes as presented.

Staff Support: Brenda McQuay, Executive Assistant

**2015-10-07-03**

**PASSED UNANIMOUSLY**

TOPIC:..... Approval of July 11, 2015 Meeting Minutes

Motion Proposed By:..... Dr. Joel Cramer

Motion Seconded By:..... Dr. David Szymanski

Proposed Motion:..... That the Board of Directors approves the July 11, 2015 Meeting Minutes as presented.

Adopted Resolution:..... That the Board of Directors approves the July 11, 2015 Meeting Minutes as presented.

Staff Support:..... Brenda McQuay, Executive Assistant

**2015-10-07-04**

**PASSED UNANIMOUSLY**

TOPIC:..... The addition of the TSAC Practitioner of the Year Award for the TSAC Program.

Motion Proposed By:..... Dr. Joel Cramer

Motion Seconded By:..... Patrick McHenry

Proposed Motion:..... That the Board of Directors approves the TSAC Practitioner of the Year Award for the TSAC Program as presented.

Adopted Resolution:..... That the Board of Directors approves the TSAC Practitioner of the Year Award for the TSAC Program as presented.



Staff Support: Tyler Christiansen, TSAC Program Manager

**2015-10-07-05 PASSED UNANIMOUSLY**

TOPIC:..... Addendum to the TSAC-F of the Year Award  
Motion Proposed By:..... Dr. Joel Cramer  
Motion Seconded By:..... Dr. David Szymanski  
Proposed Motion:..... That the Board of Directors approves the addendum to the TSAC-F of the Year Award as presented.  
Adopted Resolution:..... That the Board of Directors approves the addendum to the TSAC-F of the Year Award as presented.  
Staff Support:..... Tyler Christiansen, TSAC Program Manager

**2015-10-07-06 PASSED UNANIMOUSLY**

TOPIC:..... Rescind Motion 2008-08-19-05  
Motion Proposed By:..... Dr. Joel Cramer  
Motion Seconded By:..... Dr. Greg Haff  
Proposed Motion:..... That the Board of Directors approves to rescind motion 2008-08-19-05 which reads:  
**Adopted Motion:**  
That the Board of Directors charge the Executive Director with implementing an HPC student intern program, starting January 1, 2009 that will award interns \$1,000 per month up to three (3) months.  
Adopted Resolution:..... That the Board of Directors approves to rescind motion 2008-08-19-05 which reads:  
**Adopted Motion:**  
That the Board of Directors charge the Executive Director with implementing an HPC student intern program, starting January 1, 2009 that will award interns \$1,000 per month up to three (3) months.  
Staff Support:..... Lee Madden, Sr. Dir. Of Finance and Administrative Services

**2015-10-07-07 PASSED UNANIMOUSLY**

TOPIC:..... Formation of Personal Trainer Advanced Distinction



**Motion Proposed By:**..... Dr. David Szymanski  
**Motion Seconded By:**..... Dr. Todd Miller  
**Proposed Motion:** That the Board approves the formation of Personal Trainer Advanced Distinction credential as presented.  
**Adopted Resolution:** That the Board approves the formation of Personal Trainer Advanced Distinction credential as presented.  
**Staff Support:** Nick Clayton, Personal Training Program Manager

**2015-10-07-08** **PASSED UNANIMOUSLY**

**TOPIC:**..... Replacement of Jay Dawes' vacancy on the Nomination Committee  
**Motion Proposed By:**..... Dr. Joel Cramer  
**Motion Seconded By:**..... Dr. Brad Schoenfeld  
**Proposed Motion:** That the Board approves the candidate with the third highest votes in the July 2015 election to be asked to serve the remainder of Jay Dawes' term on the Nomination Committee.  
**Adopted Resolution:** That the Board approves the Nomination Committee candidate with the third highest votes in the July 2015 election to be asked to serve the remainder of Jay Dawes' term on the Nomination Committee.  
**Staff Support:** Lee Madden, Sr. Director of Finance and Administrative Services

**2015-10-07-09** **PASSED UNANIMOUSLY**

**TOPIC:**..... Develop procedure for Nomination Committee resignation  
**Motion Proposed By:**..... Dr. Joel Cramer  
**Motion Seconded By:**..... Dr. Todd Miller  
**Proposed Motion:**..... That the Board charges the Nomination Committee to develop policy and procedure for how to replace a resignation from the committee.  
**Adopted Resolution:**..... That the Board charges the Nomination Committee to develop policy and procedure for how to replace a resignation from the committee.  
**Staff Support:** Lee Madden, Sr. Director of Finance and Administrative Services

**2015-10-07-10** **PASSED UNANIMOUSLY**

**TOPIC:**..... Formation of a NSCA Board Policy & Procedure Manual Review



Committee of the Board

- Motion Proposed By:..... Dr. Greg Haff
- Motion Seconded By:..... Dr. Todd Miller
- Proposed Motion:..... That a NSCA Board Policy and Procedure Manual Review committee of the Board is formed.
- Adopted Resolution:..... That a NSCA Board Policy and Procedure Manual Review committee of the Board is formed.
- Staff Support:..... Lee Madden, Sr. Director of Finance and Administrative Services

**Adjournment:**

A motion to adjourn the meeting was made by Dr. Greg Haff at 8:00 a.m. MST. The motion was seconded by Dr. David Szymanski. The motion passed unanimously.