

Board Member Position Descriptions

The eight members of the Board of Directors elected by majority vote of the member of the membership are President, three Members, and four Representative members: Educational/Institutional Strength and Conditioning Professional, Personal Trainer, Academician/Researcher, and Sports Medicine Professional. Overarching qualifications of Board of Directors members include holding an active NSCA membership and Fellow/NSCA certification and are active in the NSCA for the past 5 years through membership, publication/presentation, education, committee/volunteer activity, and/or Regional/National conference activity. Representative members are based on membership demographics and are reviewed every five years by the Board of Directors.

Member Position Description

This position may be filled by any member of the Association who meet the minimum qualifications. If the member is retired, then they should be within five years of retirement and continue to maintain an active role in the field of strength and conditioning and fitness.

Educational/Institutional Strength and Conditioning Professional Position Description

This position may be filled by a qualifying member of the Association working at a high school, college, university, or institution for higher learning, tactical or military organization, or organized National or professional team with at least 50% of their job responsibility as a strength and conditioning coach. Desired candidates for this position should hold the CSCS credential.

Personal Trainer Position Description

This position may be filled by a qualifying member of the Association actively working on average at least 50%, or 25 hours per week, as a Personal Trainer with clients. Desired candidates for this position should hold NSCA-CPT and/or CSCS credentials.

Academician/Researcher Position Description

This position may be filled by a qualifying member of the Association actively working at an accredited college, university, or institution for higher learning and whose job description includes an emphasis on research. Desired candidates for this position should hold a doctoral degree.

Sports Medicine Professional Position Description

This position may be filled by a qualifying member of the Association working as a sports medicine professional or educator. Desired candidates for the positions should hold current AT, PT, MD, DO, or DC credentials.