

2020 — HIGH SCHOOL — VOLLEYBALL

ATHLETIC PERFORMANCE TRAINING CENTER

Jordan Chessar

Hitter

Junior

Jordan is a hard worker and strives to excel, on and off the court. ~Brian Lebo

ATHLETIC PERFORMANCE TRAINING CENTER

Maria Futey

Hitter

Junior

Maria works hard to be the best she can be, and looks forward to competing in college. ~Brian Lebo

ATHLETIC PERFORMANCE TRAINING CENTER

Amanda Leigh

Setter

Junior

Mandy is a hard-working, achievement-driven student-athlete and teammate. ~Brian Lebo

COACH ROZY PERFORMANCE

Molly Larson

Sophomore

Molly is making an impact on the volleyball court and in the weight room to help improve her performance levels. As a sophomore, Molly has set the record "Digs" records for most in a match - 49, most in a season 540 and most in a career 1425 with 2 years left to play in her high school career. She was part of the team that broke the record for "Most Wins" in a season with a 24-9 record, along with bringing home the schools first Conference Championship. She as a 99.2% serve percentage and 94 points this last season, with 32 aces and 15 kills. Molly also is a stand out on the basketball court, leading the team in scoring, rebounds, assists, steals and blocks. She also played 615 minutes out of a total of 640 minutes played this past season. She is also a distance runner for the track team. She is a leader in the weight room and in all performance training using strength and conditioning to excel at all her activities. ~Mark Roozen

SAINT FRANCIS HIGH SCHOOL

Taylor Tullo

Outside Hitter

Senior

Taylor's leadership and work ethic really showed this year during her Senior Volleyball season. Both in the weight room and on the court she led her team, challenged her teammates, and expected a high level of performance. She is a great example of using the strength & conditioning to better herself and teammates on the playing field. ~Jake Siebert

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SOUTHSIDE CHARTER HIGH SCHOOL

Haleigh Cummings

Junior

Haleigh has been a tremendous asset for us in developing our girls strength and Conditioning program. Her abilities in the weight room and positive attitude bring up all the other athletes around her. She works hard and goes above and beyond of what is asked of her.
~Deerick Smith

TOPSPEED STRENGTH & CONDITIONING

Elise McGhie

Setter

Senior

Elise was statistically one of the top high school volleyball players in America, handling over 2400 opportunities with the ball with an error rate of less than 1%. A Gatorade Player of the Year nominee who signed to play for the University of Kansas, she also handled business in the classroom as evidenced by her 34 ACT and 100.3 GPA. In addition to her success in the class and on the court she was also a leader in the gym, helping show other athletes the ropes whenever asked and always providing a great example of a highly successful player that also pushes themselves during training sessions to be even better. ~Joseph Potts

VICTORY SPORTS PERFORMANCE

Emma Santa Maria

Freshman

Emma Santa Maria is an athlete every coach dreams of. She comes in and focuses on every rep of every set. There is never a doubt in my mind that she is giving 100% effort. Her hard work has certainly paid off. She dominates on the court and has been recognized with many different awards and placements. Her only being a freshman is scary for her opponents. Can't wait to see her back in action this coming Fall! ~Anthony Vernice